\textit{InSight} is a publication of Division 39 of the American Psychological Association

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\textbf{From the Editor:}

Welcome to the February issue of \textit{InSight}. As many of you know, discussion regarding the proposed bylaws changes is well underway. In \textit{Division News}, information about the proposed bylaws changes, as well as how to participate in the discussion are highlighted.

I am also pleased to mention that the first winner of the \textbf{Johanna Tabin/Division 39 Book Proposal Prize} has been published. See \textit{Division News} for more information.
Our members have a number of new publications, featured in *Author Connection*. As always, the rich diversity and interests of our membership are demonstrated through writing and publishing.

The new Division 39 print publication, *DIVISION/Review* is scheduled for mailing early this month. Watch your mailboxes for this exciting and intellectually stimulating publication!

Have a great month. Remember, you can always access us on [Facebook](https://www.facebook.com), and [Twitter](https://twitter.com) if you have comments or thoughts!

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**Psychodynamic Psychology in the News**

*The Benefits and Limitations of Self-Knowledge in the NY Times*

In the article, *When Self-Knowledge is Only the Beginning*, Richard A. Friedman discusses how intellectual insight in psychotherapy may not lead to behavioral change.
He also provides a reminder of the Dodo effect and the relevance of this concept in evaluating research comparing analytic vs. CBT treatments. Check it out and let us know what you think!

Author Connection
Recent publications by Division 39 Members


Ruth Lijtmaer, Ph.D. published a chapter in the book Bridging East-West Psychology and Counseling (Eds. R. Moodley, A. Rai & W. Alladin): Sage Publications, India, (2010); Lijtmaer also co-


**What are you writing?** Future issues will highlight the varieties of publishing activities our members are engaged in. All links to books, articles, and blogs will be considered. To be included, please e-mail the editor by the 21st of the month with information about your publications.

**Division News**

**Bylaws Discussion Forum**
This report summarizes the Bylaws Discussion Forum that will allow members to discuss and debate the proposed bylaws changes that were passed by the Board of Directors on January 14, 2011. Please review this report. The complete text of the Division Bylaws may be found on the Division web site. If you would like to take part in the discussion and have not been receiving Bylaws Discussion e-mails, you can subscribe by contacting Ruth Helein at div39@namgmt.com. The discussion will end on February 20th, 2011.

The ballot with proposed bylaws changes originally sent for member approval in September, 2010 was withdrawn in order to obtain more member discussion of these important proposed changes to our membership categories and membership rights and privileges. A number of changes in content and procedure have been introduced as a way to involve our membership in more active debate and thoughtful consideration of these changes. This report will address in detail the changes in both the ballot and voting procedure. The most important points are the following:

I. The bylaws ballot has been reformatted to allow members to approve some of the proposed changes but not approve others, allowing more choice.

II. The bylaw amendment to change our organization name has been withdrawn for further study by a new Task Force and will not be
on the ballot.

III. An interactive listserv, Bylaws Discussion Forum, has been created to allow members to actively discuss and debate the bylaws changes for one month before the ballot is sent out.

IV. The ballot will be sent to the membership with pro and con statements via first class USPS mail. The voting period will be 30 days.

Please click here to read the rest of this report. To link to the entire document describing all proposed by-laws changes, please click here.

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First Winner of Book Proposal Prize Published!


Frank Summers, Ph.D., ABPP
Chair, Book Proposal Prize Committee

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Division 39 and APA Press are pleased to announce that submissions are now being accepted for the fourth annual prize for a first book by a psychoanalytic author. The winner receives a $1000 cash prize, certificate of recognition, and guarantee of publication by the APA Press. The aim of this prize is to encourage psychoanalytic writing by Division 39 members who have yet to publish a psychoanalytic book. We look for good writing, originality, as well as clinical and scholarly relevance. While some previously published material may be included, the proposed book should consist primarily of new work and promise to be an original and coherent monograph. Edited collections of previously published papers are not acceptable, nor are edited volumes of contributions by more than one author. Simultaneous submissions to other publishers will disqualify the entry.

The proposal should consist of:
1) a cover letter with the only mention of the author's identifying and contact information
2) a full CV (with name deleted)
3) a statement of the mission, scope, and potential contribution of the project to psychoanalysis
4) a table of contents
5) one sample chapter

Submissions are accepted in hard copy only and must be in quintuplicate. Blind review evaluations are conducted by the Book
Proposal Prize Committee and an Honorary Judge.

All submissions for the 2011 award must be submitted by March 15, 2011 to:
Book Prize Division of Psychoanalysis
2615 Amesbury Road
Winston Salem, NC 27103

Questions should be addressed to: Franck Summers, Ph.D., ABPP

Local Chapter News

Northern California Society for Psychoanalytic Psychology, Impulse Newsletter, January, 2011.

Advertising

Southeast Florida Institute for
**Psychoanalysis and Psychotherapy** (SEFIPP) offers a variety of programs to accommodate individual interests, desires and time frames. The curriculum emphasizes the value of diversity and the broad scope of contemporary psychoanalytic theory and practice.

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Jon Mills

**ORIGINS: ON THE GENESIS OF PSYCHIC REALITY**

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10 a.m. to 1 p.m.
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accordance with guidelines established by the American Psychological Association and Division 39 of the APA. The Division reserves the right to refuse requests for publication for any material the Division deems to be a violation of these guidelines, generally unsuitable or offensive. All submissions must be received by the 21st of the month.

Division 39 is the Division of Psychoanalysis of the American Psychological Association. *InSight* is a function of the Publications Committee of Division 39 and Chair, Henry M. Seiden, Ph.D., ABPP. We welcome your participation and feedback.

Tamara McClintock Greenberg, PsyD, MS, Editor