**InSight: Division 39 E-News**

*InSight* is a publication of Division 39 of the American Psychological Association.

### From the Editor:

Wishing a quick recovery and good health to any of our east coast Division 39 family and friends who were hit by Hurricane Sandy. My thoughts are with you!

Warm Regards,
Kristi Pikiewicz

Check us out on [Facebook](#) and be sure to see our newly expanded [Twitter page](#).

### Author Connection

**Recent Publications by Division 39 Members**


What are you writing? Future issues will highlight the varieties of publishing activities our members are engaged in. All links to books and articles will be considered. To be included, please e-mail the editor by the 21st of the month. All publications submitted for Author Connection need to comply with the InSight submission guidelines.

**Division News**

**From the President:**

APA Members of the Division: Tomorrow APA will mail out the Apportionment Ballot as well as a bylaws amendment for your consideration. I am writing in the name of the Board of Directors to request your support in this important election. Here is what is at stake:

1. Representation on APA Council of Representatives: Seats on APA Council for 2014 are determined by this apportionment ballot. The more votes we are able to solicit, the more representatives we are able to send to APA Council. At present we have seven seats on Council and we hope to keep this number if not expand our representation. To accomplish this we need your votes. You are able to assign up to ten votes to any Division, State, Territory, or Province of your choice. We hope we can rely upon you to give all ten of your votes to Division 39 (or at least as many as you can).

What can we accomplish by having so many representatives on Council? Much of the work of APA Council happens in the "back rooms," no longer smoke-filed perhaps, but important venues for our representatives to interact with psychologists of many different orientations and agendas. By having more representatives we can have more opportunities to attend caucus meetings, arrange informal meetings around specific issues, develop positive relationships with APA Presidents, CEO, and members of the Board of Directors. Much of the work of our organization is performed by boards and committees. While some members of committees are appointed, most members of boards are elected by APA Council. Having increased representation gives us greater access and influence over these important decisions as well, developing support for "our" candidates to boards, lobbying those who appoint committee members, etc. Our representatives have been particularly active in supporting efforts with other practice Divisions to develop specific initiatives based upon our common concern to support privacy, quality, and access to private practice. Finally, our Council Representatives will be taking part in the restructuring of APA governance in the next few years; and this will have a major impact on how our organization does its work.

2. Representation of the Minority Psychological Associations (EMPA) on APA Council: There are four ethnic minority psychological associations (Asian American Psychological Association, Association of Black Psychologists, National Latina/o Psychological Association, and Society of Indian Psychologists) that have been in existence for at least 20 years. These organizations have also been meeting formally with APA for fifteen years and have had observer status on APA Council for 13 years. This bylaws amendment would give these organizations permanent representation on APA Council by adding four more seats to council. Adding these organizations would not diminish the representation of other groups within APA.

What is accomplished by voting for this bylaws amendment? As you may know, APA Council has consistently voted to support ethnic minority psychological associations participation on APA Council. The Board of Directors of the Division has voted to support this bylaws amendment. Our organization can only gain by supporting participation of ethnic minority psychologists in our organization. For more information about the bylaws amendment please go to [http://www.empavote.com/](http://www.empavote.com/).
You will soon be contacted by a board member of the division to make a pitch for your support for our Vote Ten campaign by telephone. In addition to serving as a reminder to vote, this is also an effort to contact our members to listen to their thoughts and concerns as well. I hope we can count on your participation in this important vote.

Also note that APA sends out the ballot media mail and your ballot may not arrive until early to mid-November. If you have not received your ballot by November 16, write to Garnett Coad (gcoad@apa.org) to request a replacement ballot.

**Vote Ten for Division 39**

**Vote Yes to allow EMPA representation on APA Council**

Bill MacGillivray, Division 39 President

The Division 39 BoD voted to support the candidacy of two of our members for APA President-elect: Doug Haldeman and Nadine Kaslow. We feel that both are extremely qualified to become APA President based upon their proven record of leadership. Both are Division 39 Members who have shown an awareness of the need for quality, access and choice for psychotherapy. We encourage you to vote in this election and to give either one your number one vote and the other your number two vote. Also remember to fill out the rest of the ballot. As hard as it is to believe, under the Hare system it works best if all candidates are ranked.

To learn more about Nadine Kaslow, go to http://www.nadinekaslow.com/campaign/

To learn more about Doug Haldeman, go to http://president.drdoughaldeman.com/

Division Members and Colleagues: Earlier this year I polled this listserv requesting members of this one-way list if they would also want to participate in a two-way interactive listserv. Since many of you responded positively, we have now set up a new listserv, Division 39 Forum div39forum@lists.apa.org. This note is to let you know that you may join the Division 39 Forum by following the instructions below. Please note that you will not be automatically subscribed to the forum. If you do not wish to participate, you need do nothing and you will still receive our one-way announcements only. If you wish to participate, please join.

As noted earlier in proposing this forum, this will be an experiment to see if there is any interest in developing real dialogues concerning psychoanalytic theory, practice, and research, discussing Division 39 governance and initiatives, and so on. I look forward to seeing if this is a helpful addition to Division services to our members.

To subscribe to the Division 39 Forum:

1. Send an e-mail to listserv@lists.apa.org
2. Do not write anything in the subject line
3. In the body of the e-mail write: Subscribe Div9Forum
If you have problems subscribing, contact me (drmacq@comcast.net) or Ruth Helein (div39@namgmt.com)

Bill MacGillivray, Division 39 President

http://therapistspostdisaster.com/
Is a website intended to support mental health professionals working in communities struck by disasters. It describes a project that was undertaken in the aftermath of Hurricane Katrina by the New Orleans Birmingham Psychoanalytic Center underwritten by the FAR Fund. The website was prepared by Ghislaine Boulanger.

Announcing the publication of our third 2012 issue of PRAGMATIC CASE STUDIES IN PSYCHOTHERAPY (PCSP) (Vol. 8, Module 3) http://pcsp.libraries.rutgers.edu a peer-reviewed, multi-theoretical, freely available e-journal of systematic case studies & case study method articles***
EDITOR'S NOTE: Nancy McWilliams, in her commentary on Riordan's article, notes that "narcissistic drivenness is a clinical phenomenon so pervasive, so painful to its sufferers, and ultimately so consequential to everyone involved with narcissistic others that it needs to be taken seriously and addressed from many angles of vision. ... [In fact,] until clinicians protested en masse (see, e.g., Widiger, 2011), Narcissistic Personality Disorder was threatened with exclusion from the proposed DSM-5 on grounds that included the assumption that its features were common enough to be considered normal" (p. 204).
There is a considerable literature, especially in the field of psychoanalysis, on theories of treatment for individuals with narcissistic personality disturbance. However, more examples of systematic case studies detailing the clinical process of treating such patients are needed to help concretize and provide a "bottom up" understanding to narcissistic dynamics and behaviors. Robert Riordan makes such a contribution by presenting the longterm-therapy case studies of "Alex," "Brian," and "Candace," each of whom showed during treatment important personality growth in the context of their narcissistic vulnerabilities. Each was treated using Stephen Mitchell's model, which integrates two of the other major approaches in the field: Otto Kernberg's view of narcissism as a defensive phenomenon and Heinz Kohut's view of narcissism as a growth-enhancing opportunity.
Nancy McWilliams and Kenneth Levy, two prominent experts in the field of narcissistic personality disturbance, comment on the process and implications of Riordan's case studies-McWilliams from a perspective on the "less specifiable, more artistic elements," and Levy, from a contrasting conceptual, methodological, and empirical perspective. Riordan closes with a more personal view on his treatment of Alex, Brian, and Candace.
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- The Management of Narcissistic Vulnerability: Three Case Studies Guided by Stephen Mitchell's Integrated Treatment Model by Robert W. Riordan, pp. 150-203
- On Tone, Play, and Healing: Commentary on Riordan's Case Studies, by Nancy McWilliams, pp. 204-215
- The Many Complexities in Treating and Studying Narcissism by Kenneth N. Levy, pp. 216-235
- A Personal Perspective on the Treatment of Three Cases of Narcissistic
The Wounds of History: Repair and Resilience in the Trans-Generational Transmission of Trauma
March 1, 2, and 3, 2013
Location: NYU Kimmel Center
60 Washington Square South

Sponsored by: NYU Postdoctoral Program in Psychotherapy and Psychoanalysis, The Psychoanalytic Society of the Postdoctoral Program, and the NYU-GSAS Trauma and Violence Transdisciplinary Studies Program. This weekend conference will address how the traumatic legacies of our forbears haunt our psyches, our relationships, our cultural collectives and shape our lives. Bedrock to this inquiry is the understanding that traumatic legacies are transmitted across multiple generations and therefore will inevitably return and disrupt human bonds. Invited speakers and faculty of the NYU Postdoctoral Program will present films, papers and engage in conversations that focus on healing and resilience in the face of trans-generational transmission of trauma. Through first person testimony, open discussions, film clips, shared meals, and optional process group experience, attendees will participate in this repair.

Co-Chairs: Sue Grand, Ph.D. and Jill Salberg, Ph.D
Conference Committee: Judie Alpert, Ph.D., Melinda Gellman, Ph.D., Elizabeth Goren, Ph.D., Debbie Liner, Ph.D., Jan Lobel, Ph.D., Lu Steinberg, Psy.D., Isaac Tylim, Ph.D., Barbara Waxenberg, Ph.D., Debbie Waxenberg, Ph.D.

FOR REGISTRATION FORM AND CONFERENCE DETAILS GO TO FOLLOWING LINK OR CONTACT CO-CHAIRS dr_sue_grand@yahoo.com OR JilSalberg@aol.com :http://postdocpsychoanalytic.as.nyu.edu/page/events-calendar

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Janet Hyde Graduate Student Research Grant
Proposals are being sought for Hyde Graduate Student Research Grants. These grants, each up to $500, are awarded to doctoral psychology students to support feminist research. The grants are made possible through the generosity of Janet Shibley Hyde, Ph.D., who donates the royalties from her book, Half the Human Experience, to this fund. Past recipients of Hyde Graduate Student Research Grants are not eligible to apply. Because the purpose of this award is to facilitate research that otherwise might not be possible, projects that are beyond the data analysis stage are not eligible.

Please send all application materials attached to a single e-mail message to both of the Hyde Award Co-chairs at the following addresses by September 15th (for the fall deadline) or March 15th (for the spring deadline):
Dr. Olivia Moorehead-Slaughter, oms@parkschool.org and Dr. Mindy J. Erchull, merchull@umw.edu

Requirements:
1. Cover page with project title, investigator’s name, address, phone, fax, and e-mail address
2. A 100-word abstract
3. A proposal (5-pages maximum, double-spaced) addressing the project’s purpose, theoretical rationale, and procedures, including how the method and data analysis stem from the proposed theory and purpose. [References are not included in this 5-page limit.]
4. A one-page statement articulating the study’s relevance to feminist goals and importance to feminist research.
5. The expected timeline for progress and completion of the project (including the date of the research proposal committee meeting). The project timeline should not exceed two years.

6. A faculty sponsor’s recommendation, which includes why the research cannot be funded by other sources. This letter should be **attached to the e-mail with the application materials.** Please do not send it separately.

7. Status of IRB review process, including expected date of IRB submission and approval. Preference will be given to proposals that have received approval.

8. An itemized budget (if additional funds are needed to ensure completion of the project, please specify sources). Funds cannot be used for tuition, living expenses, or travel to present research at a conference.

9. The applicant’s curriculum vitae

   *All sections of the proposal should be typed and prepared according to APA style (e.g., please use 12-point font).*

   *Applicants should submit no more than 2 files (i.e., one with the letter of recommendation and one with all the other required materials).*

   **Proposals that fail to meet the guidelines described above will not be reviewed.**

**Review Process**

A panel of psychologists will evaluate the proposals for theoretical and methodological soundness, relevance to feminist goals, applicant’s training and qualifications to conduct the research, and feasibility of completing the project.

**Other Requirements**

Only one application will be accepted per student, for each application deadline. Applicants who are involved in multiple projects that meet the submission requirements should choose the project that best fits the evaluation criteria (see "Review Process").

Within 24 months of receipt of the grant, recipients are expected to submit to the Hyde committee co-chairs a complete and final copy of the research document (e.g., a copy of the thesis, dissertation or journal manuscript based on the sponsored research), along with a 500-word abstract for publication in Division 35 newsletter. In addition, grant recipients shall acknowledge the funding source in the author's notes in all publications. Hyde award winners will be announced at the APA convention during Division 35 Social Hour. The names of the Hyde award winners may also be posted in Division 35 newsletter as well as on Division 35 web page and listserv.

**Request for Abstracts from previous Hyde Award Winners**

Brief abstracts of the work conducted by previous award recipients are printed in the newsletters. Previous award winners are highly encouraged to contact Dr. Olivia Moorehead-Slaughter, Hyde Award Co-chair, at oms@parkschool.org to submit a 500 word summary of their Hyde grant-funded research for consideration of publication in the Feminist Psychologist.

**Questions and other communications may be sent to the committee co-chair:**

Olivia Moorehead-Slaughter, Ph.D. Co-Chair, E-mail: oms@parkschool.org

**The Johanna K. Tabin APA Press/Division 39 Book Proposal Prize**

For a First Book by a Psychoanalytic Author

Division 39 and APA Press are delighted to announce the fifth annual prize for a first book by a psychoanalytic author. The winner receives a $1000 cash prize, certificate
of recognition, and guarantee of publication by the APA Press. The aim of this prize is to encourage psychoanalytic writing by Division 39 members who have yet to publish a psychoanalytic book. We look for good writing, originality, as well as clinical and scholarly relevance. While some previously published material may be included, the proposed book should consist primarily of new work and promise to be an original and coherent monograph. Edited collections of previously published papers are not acceptable, nor are edited volumes of contributions by more than one author. Simultaneous submissions to other publishers will disqualify the entry.

The proposal should consist of:
1) a cover letter to include the author’s identifying and contact information;
2) a full CV;
3) a statement of sufficient length to describe the mission, scope, and potential contribution of the project to psychoanalysis;
4) a table of contents; and
5) one, and only one, sample chapter.

Submissions are accepted in hard copy only and must be in quintuplicate. Blind review evaluations are conducted by the Book Proposal Committee, the editor of APA Books, and an Honorary Judge.

All submissions for the 2013 award must be submitted by December 31, 2012 to:

Book Prize
Division of Psychoanalysis
2615 Amesbury Road
Winston Salem NC 27103

Questions should be addressed to:
Frank Summers, Ph.D.,ABPP by email:
Franksumphd@gmail.com

We now have a blog at Psychology Today called Meaningful You. You can find it at: http://www.psychologytoday.com/blog/meaningful-you

If you are interested in posting your work of similar style, please email your 800-1000 words to kpikiewicz@gmail.com.

FROM THE EARLY CAREER COMMITTEE

Dr. Regina Hund is our contributor for this edition. She graduated with a Psy.D. in Clinical Psychology from the Chicago School of Professional Psychology., completing the fellowship program at the Chicago Center for Psychoanalysis. Dr. Hund’s Post-Doctoral training was completed at the University of Illinois at Chicago (UIC) Counseling Center. She completed advanced pre-doctoral training at DePaul University’s Counseling Center.

My graduate training and early career path has had a myriad twists and turns - sequential choices that led me to a career that I did not predict. Graduate school was an idea born from my paraprofessional experience with low-income pregnant women and, earlier, with adolescent wards of the state. Rewind my life a bit to find me as a social activist and community
organizer. I set foot into training with these experiences in my pocket and a vision of becoming a psychologist in Community Mental Health.

Fast forward to present day and I am the Director of Training at Pace University Counseling Center (Pace CC) for our APA-Accredited Doctoral Internship, our Pre-doctoral Externship and Undergraduate Intern programs. This is not where I expected to be but, for the most part, I am pleasantly surprised. Our profession is known to convey the following message to internship applicants and job candidates: "it's all about goodness of fit." Unfortunately I'd like to reinforce this cliché because - honestly - this was my most sound decision point and helpful in understanding why other experiences did not stick.

Prior to my role as Director of Training, I interned at Pace CC and chose this site due to "goodness of fit", that is, the offering of unique training experiences, congruent with my values and interests. Specifically, Pace CC's primary commitments are to psychodynamic work and multicultural awareness, skills and knowledge. Beyond lip service, their programming reinforced stated missions. For example, in terms of psychodynamic work, there are no session limits and we offer twice-weekly insight-oriented therapy and an ongoing seminar facilitated by a psychoanalyst. In terms of multicultural competency, we offer an intensive weekly seminar, diversity in the workplace meetings, diverse student population and an emphasis on self-awareness and continued cultural identity work.

This "goodness of fit" worked so well for me as an intern that now I am back but on the other side as Director of Training. My career exists because I decided to take a chance on 'fit' rather than 'should' or convenience.

Talking with two recent intern graduates from Pace CC, I found myself quoting John Lennon and believing it: "Life is what happens to you when you are busy making other plans". This quote, to me, is not a victim's stance of passivity. I loosely interpret Lennon's words to mean that we do our best to plan our next step in life and frequently we reach the unexpected. If we are able to greet with openness what this new chapter has to offer, we can see that sometimes life is not ours to determine. Perhaps it is the unconscious at work.

- Dr. Regina Hund

The Early Career Committee is focused on innovative programming for our Spring meeting, which will be be conducted in Boston, MA. 2013. We hold monthly phone meetings to share the experiences and develop the voices of early career professionals involved in psychodynamic clinical work and practices. We are open to hearing from other early career professionals in order to learn more about how our group can best provide connections to Division 39 members. If you have any questions please contact our Co-Chairs: Drs. Marilyn Charles mcharles@msu.edu and Heather-Ayn Indelicato (Hayn88@gmail.com) for any additional information. We have created a newly formed mentorship program led by Dr. Jennifer Durham-Fowler, and we look forward to continuing to expand the professional pursuits of psychodynamic clinicians.
By Post

- Our journal, *Psychoanalytic Psychology*, published quarterly, edited by Elliot Jurist at ejurist5@gmail.com.

By Email

- Our newsletter, *InSight*, published monthly, edited by Kristi Pikiewicz at kpikiewicz@gmail.com.
- Our listserv, with periodic announcements of APA and Division activities, news, updates, and so on, maintained by our administrator, Ruth Helein at div39@namgmt.com.

By Internet

- Our website, division39.org, with records and reports of Division, Section, and Local Chapter activities, and much more, edited by Barry Cohen at bcohenphd@gmail.com.
- *PsycScan: Psychoanalysis*, a compendium of abstracts of major psychoanalytic journals published quarterly.
- From the President, a monthly blog from Bill MacGillivray at chimneysweeping2.blogspot.com.
- Our print and e-mail publications are also available on our website.

So You Are Not Receiving These Publications or Services

Please contact our administrator, Ruth Helein to update postal information, add you to our e-mail lists and so on. You may also contact one of the editors directly for further questions. You may also comment on our publication services by contacting Henry Seiden, Chair of the Publication Committee at hmseiden@verizon.net.

And there's more . . .

- Members may subscribe to PEP-Web, a service offering every major psychoanalytic publication and a wide array of psychoanalytic books, for a yearly fee of $60.00. Contact Ruth Helein to subscribe.
- Members may subscribe to *International Psycho-Analytic Association Journal* and *Psychoanalytic Dialogues* at reduced rates. See our website for subscription information.

William A. MacGillivray, PhD, ABPP
Division 39 President

Henry M. Seiden, PhD
Chair, Publications Committee

ADVERTISING

THE NEW DIRECTIONS PROGRAM OF THE WASHINGTON CENTER FOR PSYCHOANALYSIS

Are you interested in writing?
If you are interested in writing, either personal or professional, non-fiction, fiction or poetry, please take a look at New Directions, a three-year program that combines writing and psychoanalytic thinking. Sponsored by the Washington Center for Psychoanalysis, New Directions consists of three weekend conferences a year, each focused on a different psychoanalytic theme, with a variety of writing groups.
workshops and retreats. We are beginning our 16th year and have a wonderful community, made up of people from around the US, Canada and Europe, who are committed to writing and psychoanalytic thought.

For more information and a link to our 2012-2013 brochure, please visit our website at new-directions-in-writing.com. Or get in touch with us directly - Sharon Alperovitz (sharon.alperovitz@gmail.com), Catherine Anderson (claphd@aol.com), Don Chiapinelli (dchiap@verizon.net), Bob Winer (rjwinermd@yahoo.com), Kerry Malawista (kmalawista@gmail.com), and Mary Carpenter (carmedpub@aol.com), all program co-chairs.

And here's a bit more detail:

In seasonal weekend conferences and optional six-day summer and four-day winter retreats, our community of students, alumni, teachers, and guest faculty come together to explore selected aspects of the psychoanalytic domain. Upcoming conference topics are: queering the couch, the mind of the child in the adult, home, surface to depth, the writing alliance, love and hate in the kitchen, mid-life and beyond, the writer's voice, and betrayal. Recent guest faculty have included Patrick Casement, Ethel Person, Jay Greenberg, Daniel Schacter, Warren Poland, Christine Courtois, Jessica Benjamin, Philip Ringstrom, Darlene Ehrenberg, Theodore Jacobs, Salman Akhtar, and Regina Pally, among others.

A special focus of the program is writing. While some of our students are extensively published and others are inexperienced, they are all invested in developing their authorial skills. Although the majority of them are pursuing professional writing, several are interested in the crafting of essay, memoir, fiction, and poetry. A variety of program components support this effort. We use groups that review brief assignments written for each conference, craft-oriented writing workshops, forums for critical review of published writing, and collaborations that facilitate ongoing writing projects. We have recruited a cadre of English teachers from area universities who are paired with our psychoanalyst faculty as writing group leaders.

Many of our graduates continue to participate in the program because they find New Directions a supportive professional community in which they can continue to develop. Our students range in age from their thirties to their eighties, they come with a variety of perspectives, and, given the program's design, they are able to come from all over the continent and even from overseas.

Weekends run from 9 am Friday morning to 12:45 pm Sunday afternoon, including one evening session. The format includes both large group lectures and discussions and small group meetings, the latter primarily focusing on the participants' writing. Each weekend offers approximately eighteen hours of continuing education credit.
InSight is the official publication of the Division of Psychoanalysis (39) of the American Psychological Association.

Questions, comments and inquiries should be directed to the editor.

Kristi Pikiewicz, Editor