Internships are an important component of sport psychology training that provides students with the opportunity to gain applied practical experience in the field of sport psychology. They allow a person to employ what is learned in class in a supervised environment, which is critical in order to further develop professional skills and assure quality practice. Internships are a part of the process of becoming an AASP certified consultant, and are required by most graduate programs. Unfortunately, quality internships are hard to find. This Appendix was created to help students access an internship that is in line with their graduate school requirements and future career goal.

While reviewing this Appendix, please keep in mind that there is extensive variability between masters and doctoral graduate program requirements, as well as research and applied (clinical and non-clinical) program requirements. Thus, some of the information included in this document may or may not apply to someone with your intended training path and future career goals. To gain additional information on internships, it may be helpful to contact the student representatives for the American Psychological Association, Division 47 (Exercise and Sport Psychology) or the student representatives for the Association for Applied Sport Psychology (AASP). They may be able to further assist you in your search for a fulfilling internship. The questions below are important to consider before looking through the list of internships:

1. Is an internship a requirement for degree completion in your prospective or current graduate program?
2. Does your graduate program offer the internship, or help the students access one? If so, are internships available for all students?
3. If you are interested in research or teaching courses in Sport Psychology, will you gain practical research and/or teaching experience on internship?
4. If you are interested in applied work, will the internship offer direct experience with the population that interest you (e.g., young children, athletes with clinical disorders)?
5. Is the internship APA-Accredited (applicable to someone in a clinical or counseling psychology graduate program)? If not, will completing a non-accredited internship prevent you from obtaining your career goals (see section below for more information)?
6. How many hours of supervision does the internship offer? Is this consistent with your graduate program's requirements for supervision?
7. What degree does the supervisor at the site have? Is this acceptable by your graduate program?
8. Is the supervisor certified as an AASP consultant?
9. Will you receive course credit for your internship work?
10. How many hours per week is the internship? Is the time requirement realistic, considering other obligations you may have as a graduate student?
11. Is the site in a geographical region that suits you?
12. Does the site offer a stipend, benefits, or housing?

**Sport Psychology and Exercise and Sport Sciences Internships**

The list provided below was originally developed by Dr. Sam Maniar for the American Psychological Association’s Division 47 (Exercise and Sport Psychology) newsletter. In 2008, the list was updated by Dr. Jessica Lutkenhouse through use of the APPIC website (which provides information about all pre-doctoral internships in clinical and counseling psychology – see [www.appic.org](http://www.appic.org)), the AASP listserv, and the AASP internship database (provided by Dr. Chris Bader). Internship training directors were contacted to obtain site-specific information. Dr. Lutkenhouse has remained in contact with the directors, and the current edition of this appendix includes the updated information from each site, as well as new internships that have emerged.

Information regarding exercise and sport psychology internships is provided first, followed by the clinical and counseling psychology pre-doctoral internships that have sport psychology rotations. The latter list notes whether the internship site is APA-Accredited or APPIC-Accredited. Depending on your career goals, this element is important to consider because some jobs require an APA-Accredited internship experience (e.g. certain Hospitals and Universities). Before applying, it may be a good idea to contact the training director to find out the specifics about the particular program that interests you, due to the fact that most APA-Accredited positions have minimal direct exposure to individual athletes and teams. Some sites offer access to athletes as part of their internship experience, but it is usually in addition to the required clinical training activities of the internship. Unless the site has a specific sport psychology rotation, it is unlikely to spend more than a few hours a week engaged in work with athletes due to time demands of other program requirements. The key below will help you determine if working with athletes is a defined rotation, or a component of the internship that is offered in addition to the required training activities.

Finally, two examples of different internships conclude this document to provide students with a general idea of what an internship opportunity in sport psychology may look like. The first is an exercise and sport psychology summer internship program (IMG Academies – Mental Conditioning Division), which can be applied towards AASP certification. The second is an APA-Accredited full year counseling center internship with a sport psychology rotation (Oklahoma Health Consortium), which is only offered to students enrolled in a clinical or counseling psychology doctoral program.

**KEY**

* = Rotation (as part of training requirement interns must complete some type of rotation)
# = No defined rotation (consulting opportunities exist in addition to other requirements)
+ = In-house staff interest/supervision
TD = Training Director
SP = Sport psychology contact

**Applied Internships/Fellowships**
(Revised 3/1/08 by Jessica Lutkenhouse, M.A.)

American Board of Sport Psychology * +
New York City
917.680.3994
Roland Carlstedt, Ph.D. (TD & SP)
Non-APA; Hrs of contact = 20 hrs/week
[www.americanboardofpsychology.org](http://www.americanboardofpsychology.org)

Evert Tennis Academy *
10334 Diego Drive South
Boca Raton, FL 33428
561.488.2001, [ddsilva@imgworld.com](mailto:ddsilva@imgworld.com)
David Da Silva, Mental Conditioning Consultant
Non-APA; Contact site for hr of contact information
[www.evertacademy.com](http://www.evertacademy.com)

Human Kinetics
Champaign, IL 61825-5076
800.747.4457, [JustinK@hkusa.com, AnnM@hkusa.com](mailto:JustinK@hkusa.com), [AnnM@hkusa.com](mailto:AnnM@hkusa.com)
Justin Klug
Ann Maloney
Non-APA; Contact site for hr of contact information
[www.humankinetics.com](http://www.humankinetics.com)

IMG Academies – Mental Conditioning Division * +
IMG Academies, 5500 34th St. W.
Bradenton, FL 34210
941.752.2437, [angus.mugford@imgworld.com](mailto:angus.mugford@imgworld.com)
Dr. Angus Mugford (SP)
Dr. Taryn Morgan (SP)
Non-APA; Hrs of contact = ~200 hrs total
[www.imgacademies.com/mental/jump.sps](http://www.imgacademies.com/mental/jump.sps)

United States Military Academy * +
Center for Enhanced Performance
6th Floor, Washington Hall
West Point, NY 10996
[Nate.Zinsser@usma.edu](mailto:Nate.Zinsser@usma.edu)
Nate Zinsser, PhD
Non-APA; Contact site for hr of contact information
Clinical and Counseling Psychology Pre-Doctoral Internships

Appalachian State University #
Counseling & Psychological Services Center
PO Box 32044
Boone, NC 28698-2044
828.262.3180, hogancj@appstate.edu
Christopher Hogan, PhD (TD)
APA-Accredited; Contact site for hr of contact information
www.counseling.appstate.edu/

Ball State University * +
Counseling and Psychological Services Center, 320 Lucina
Muncie, IN 47306-0895
765.285.1736, jzimmerm@bsu.edu
Jay Zimmerman, Ph.D. (TD)
Lee Van Donselaar, Ph.D. (SP)
APA-accredited; Hrs of contact = 5 client contact hrs, 1 hr supervision, & 1 hr outreach/consultation per week
www.bsu.edu/students/cpsc

Bowling Green State University, Counseling Center #
114 College Park Office Bldg.
Bowling Green, OH 43403
419.372.2081, eyarris@bgsu.edu
Elizabeth Yarris, Ph.D. (TD)
Non-APA; Hrs of contact based on ability to establish relationship w/ athletic dept.
www.bgsu.edu/offices/sa/counseling/page13257.html

Bringham Young University * +
Counseling & Career Center
1500 Wilkinson Student Center
Provo, UT 84602-7906
801.422.3035, kirk_dougher@byu.edu
Richard Moody, Psy.D. (TD)
Ronald Chamberlain, PhD (SP)  
APA-Accredited; Hrs of contact = 4 hrs/week  
www.ccc.byu.edu/ccc/apa/-internship-home  

Colorado State University Health Network * +  
Campus Delivery 8010  
Fort Collins, CO 80523-8010  
970.491.6053, susan.macquiddy@colostate.edu  
Susan L. MacQuiddy, PhD (TD)  
Steve Ross, PsyD (SP)  
APA-Accredited; Hrs of contact = 3-5 hrs/week  
www.counseling.colostate.edu  

Emory University Student Counseling Center # +  
1462 Clifton Road, Suite 235  
Atlanta, GA 30322  
404.727.1920, pepps@emory.edu  
Pamela Epps, PhD (TD)  
APA-Accredited; Contact site for hr of contact information  
http://studenthealth.emory.edu/cs/cs)_training_apa.php  

Erie Psychological Consortium +  
Northshore Psychological Associates  
120 East Second Street, Third Floor  
Erie, PA 16507  
814.877.4113, mschwabenbauer@northshorepractices.com  
Michael P. Schwabenbauer, PhD (TD)  
APA-Accredited; Contact site for hr of contact information  
www.safeharborbh.org/eriepsychecons.htm  

Harvard Medical School/McLean Hospital +  
115 Mill Street  
Belmont, MA 02478-9106  
617.855.2137, levendp@mcleanpo.Mclean.org  
Philip Levendusky, Ph.D. (TD)  
APA-Accredited; No direct contact hrs / 2 SP’s on staff provide didactic presentations  
www.mclean.harvard.edu  

Iowa State University # +  
Student Counseling Service  
2223 Student Services Bldg., 3rd Floor  
Ames, IA 50011-2223  
515.294.5056, jBrandon@iastate.edu  
Jon Brandon, PhD (TD)  
Marty Martinez, PhD (SP)  
APA-Accredited; Contact site for hr of contact information
James Madison University # +
Counseling & Student Development Center
Varner House, MSC 0801
Harrison, VA 22807
540.568.6552, mageeim@jmu.edu
Ilene M. Magee, Ph.D. (TD)
Wendy Borlabi, PsyD (SP)
APA-Acccredited; Hrs of contact based on ability to establish relationship w/ athletic dept
www.jmu.edu/counselingctr

Kansas State University * +
232 English/ Counseling Services
Manhattan, KS 66506-3301
785.532.6927, bpearson@ksu.edu
Barbara Pearson, Psy.D. (TD)
Sherry A. Benton, PhD (SP)
APA-Accredited; Hrs of contact vary (site also has sport psych post doc)
www.k-state.edu/counseling/training/internship.htm

Lake Forest College, Health and Wellness Center #
Counseling Services
555 N. Sheridan Rd
Lake Forest, IL 60045
847.735.5240, mckinzie@lakeforest.edu
Cynthia L. McKinzie, PsyD (TD)
Non-APA, Contact site for more information
www.lakeforest.edu/life/services/counseling/predoctoral.asp

Miami University # +
Student Counseling Service
Oxford, OH 45056
513.529.4634, carrubmd@muohio.edu
Maria Carrubba-Whetstine, Ph.D. (TD)
Jim Slager, Ph.D. (SP)
APA-accredited; Please contact site for more information
www.muohio.edu/studentcounseling/internship

Montana State University, Bozeman # +
Counseling and Psychological Services
211 Swingle Building
PO Box 173180
Bozeman, MT 59717-3180
406.994.4531, wwwcc@montana.edu
Cheryl Blank, Ph.D. (TD)
Patrick Donahoe, Ed.D. (SP)
APA-Accredited; Contact site for hr of contact information
www.montana.edu/wwwcc

Nebraska Internship Consortium in Professional Psychology # +
49 Teachers College Hall
Lincoln, NE 68588-0345
402.472.1152, eburgess2@unlnotes.unl.edu
Susan Swearer, PhD (TD)
Amanda Lin Turner, PsyD & Thomas G. Grandy, PhD (SP)
APA-Accredited; Hrs of contact vary
www.unl.edu/nicpp/

Northwestern University # +
Counseling and Psychology Services (CAPS)
633 Emerson Street
Evanston, IL 60208-4000
847.491.2151, taywaditep@northwestern.edu
Jod Taywaditep, Ph.D. (TD)
David Shor, Ph.D. & Sarah Levi, Psy.D. (SP)
APA Accredited; Contact Hrs = 1-5 hrs/week
www.northwestern.edu/counseling/training

Oklahoma Health Consortium * +
Goddard Health Center
620 Elm, Room 201
Norman, OK 73019
405.325.2799, smiller@ou.edu
Scott Miller, Ph.D. (TD)
Nikki Moore, Ph.D. (SP)
APA-Accredited; Hrs of contact = 2-3 days/week depending on primary matched site
(site also has sport psych post doc)
Goddard.ou.edu/counseling/internships/internships_main.html

Pennsylvania Counseling Services +
John Grisbacher, Psy.D. (TD)
6079 Main Street
E. Petersburg, PA 17520
717.560.1908 x 110, jegrisbacher@pacounseling.com
John Grisbacher, PsyD (TD)
Non-APA; Contact site for hr of contact information
www.pacounseling.com

Penn State University * +
Center for Counseling & Psychological Services
221 Ritenour Building
University Park, PA 16802-4601
814.863.0395, jxi1@psu.edu
Joyce Illfelder-Kaye, PhD (TD)
APA-Accredited; Contact site for hr of contact information
www.sa.psu.edu/caps/

Southeast Psych
6115 Park South Dr., Suite 130
Charlotte, NC 28210
704.552.0116, dverhaagen@southeastpsych.com
David Verhaagen, Ph.D. (TD)
Non-APA; Contact site for hr of contact information
www.southeastpsych.com

State University of New York at Albany +
Health & Counseling Building
Albany, NY 12222
518.442-5800, jbernier@uamail.albany.edu
Joseph Bernier, PhD (TD)
Non-APA; Contact site for hr of contact information
www.albany.edu/counseling_center/memain.html

State University of New York at Oneonta (SUNY Oneonta) +
101 Counseling Health and Wellness
Oneonta, NY 13825
607.436.3368, riceme@oneonta.edu
Mark Rice, PhD (TD)
Non-APA; Contact site for hr of contact information
www.oneonta.edu/development/counseling/pages/internship.asp

Suffolk University Counseling Center +
8 Ashburton Place
Boston, MA 02108
617.573.8226, lfield@suffolk.edu
Lynda Field, Ph.D. (TD)
APA-Accredited; Contact site for hr of contact information
www.suffolk.edu/cnsctr

Texas A&M University * +
Student Counseling Services
Cain Hall, Texas A&M University
College Station, TX 77843-1263
979.845.1263, mcovey@tamu.edu
Mary Ann Covey, Ph.D. (Training Director & SP supervisor)
APA-Accredited; Hrs of contact = 1-2 athletes/semester, outreach presentations, &
student athletes wellness committee
University of Akron # +
Counseling Center
Akron, OH 44325-4303
330.972.7082, julia7@uakron.edu
Julia Phillips, PhD (TD)
APA-Accredited; Hrs of contact vary
www.uakron.edu/counseling

University of California, Berkeley
2222 Bancroft Way
Berkeley, CA 94720
510.643.1233, claytie@uhs.berkeley.edu
Claytie Davis III, Ph.D. (TD)
Chris McLean, Ph.D. (SP)
APA-Accredited; Hrs of contact vary
http://www.uhs.berkeley.edu/home/joinourteam/apaindex.shtml

University of California, Los Angeles +
Semel Institute for Neuroscience and Human Behavior
760 Westwood Plaza, Room C8-746
Los Angeles, CA 90095
310.206.8100, dcrwford@mednet.ucla.edu
Rhonda Sena, PhD (TD)
APA-Accredited; Contact site for hr of contact information
www.psychiatry.ucla.edu/training

University of California, Los Angeles * +
UCLA Student Psychological Services
Los Angeles, CA 90095-1556
310.825.0768, internship@caps.ucla.edu
Peter Kassel, Psy.D. (TD)
Tracy Shaw, PhD (SP)
APA-Accredited; Hrs of contact = 1 hr seminar training/month, 1-2 hrs clinical hours/week, ½ - 1 hr weekly supervision
www.sps.ucla.edu

University of California, Davis * +
Counseling and Psychological Services
219 North Hall
One Shields Ave
Davis, CA 95616-8568
530.752.0871 x 26, errodolfa@ucdavis.edu
Emil R. Rodolfa, Ph.D. (TD)
APA-Accredited; Hrs of contact = 4-6 hrs/week
University of California, Irvine
Counseling Center
201 Student Services I
Irvine, CA 92697-2200
949.824.6457, mdemania@uci.edu
Michael DeMania, Ph.D. (TD)
APA-Accredited; Hrs of contact vary
www.counseling.uci.edu

University of California, San Diego
Psychological and Counseling Services – 0304
9500 Gilman Drive
La Jolla, CA 92093-0304
858.534.3755, castro@ucsd.edu
Christina Castro, PhD (TD)
Rhonda Hackshaw, PhD (SP)
APA-Accredited; Contact site for hr of contact (self-hypnosis for athlete group)
caps.ucsd.edu

University of Denver, Graduate School of Professional Psychology
2460 S. Vine Street
Denver, CO 80208
303.871.4737, jcornish@du.edu
Jennifer Erickson Cornish, PhD (TD)
APA-Accredited; Hrs of contact vary (program strictly affiliated with University of Denver’s doctoral program and does not take outside interns)
www.du.edu/gspp

University of Florida
Counseling and Wellness Center
Gainesville, FL 32611-4100
352.273.6151, maynpem@ufl.edu
Natasha Maynard-Pemba, Ph.D. (TD)
APA-accredited; Contact site for hr of contact information
www.counsel.ufl.edu/Internship/intern.html

University of Idaho
Counseling & Testing Center
Continuing Education Building, Room 306
PO Box 443140
Moscow, ID 83844-3140
208.885.6716, mkitzrow@uidaho.edu
Martha Kitzrow, PhD (TD)
APA-Accredited; Contact site for hr of contact information
www.ctc.uidaho.edu

University of Maine #
Counseling Center
5721 Cutler Health Center
Orono, ME 04469-5721
207.581.1392, april_boulier@umit.maine.edu
April Boulier, Ed.D.(TD)
APA-Accredited; Hrs of contact = 2-3 hrs/week consulting
www.umaine.edu/counseling

University of Massachusetts Health Services # +
Amherst Counseling and Assessment Services
127 Hill North, UMASS
111 Infirmary Way-Office 1
Amherst, MA 01003-9328
413.545.2337
Linda Scott, Ph.D. (TD & SP)
APA-Accredited; Contact site for hr of contact information
www.umass.edu/uhs/mentalhealth

University of Miami # +
Counseling Center
PO Box 248186
Coral Gables, FL 33124-5520
305.284.5511, erappaport@miami.edu
Edward Rappaport, PhD (TD)
Pamela Derian, PhD (SP)
APA-Accredited; Please contact site for more information
www.miami.edu/counseling-center

University of New Hampshire Counseling Center # +
Schofield House
8 Garrison Avenue
Durham, NH 03824-3556
603.862.2090, ephanley@cisunix.unh.edu
C. Patricia Hanley, PhD (TD)
David M. J. Cross, PhD (SP)
APA-Accredited; Hrs of contact vary (also provide workshops for coaches & trainers)
www.unhcc.unh.edu/

University of Pennsylvania +
Counseling and Psychological Services
133 S. 36th Street, 2nd Floor
Philadelphia, PA 19104-3246
215.898.7021, eboyd@upenn.edu
Cyndy Boyd, PhD (TD)
APA-Accredited; Contact site for hr of contact information
www.vpul.upenn.edu/caps/predoctoral.html

University of Rochester # +
University Counseling Center, Box 270356
Rochester, NY 14627-0356
716.275.2361, Brigid.cahill@rochester.edu
Brigid Cahill, Ph.D. (TD)
Allan Schwartz, Ph.D. (SP)
APA-accredited; Hrs of contact vary
www.rochester.edu/ucc/predoc.htm

University of South Carolina #
Counseling and Human Development Center
901 Sumter Street, 7th Floor Byrnes Bldg.
Columbia, SC 29208
803.777.5223, merckra@mailbox.sc.edu
Rhea A. Merck, Ph.D. (TD)
APA-Accredited; Hrs of contact vary
www.sa.sc.edu/chdc

University of Southern California # +
Student Counseling Services
857 Downey Way, YWCA-100
Los Angeles, CA 90089-0051
213.740.7711, pat.alfordkeating@usc.edu
Patricia Alford-Keating, Ph.D. (TD)
Robin Schofield, PhD. (SP)
APA-Accredited; Hrs of contact vary (site also has a sport psych post doc)
www.usc.edu/uphc

University of the Pacific #
Cowell Wellness Center Counseling Services
3601 Pacific Avenue
Stockton, CA 95211
209.946.2315 x 2, cpatterson1@pacific.edu
Chalene Patterson, PhD (TD)
Non-APA accredited; Hrs of contact vary
www.pacific.edu

Utah State University, Counseling Center #
0115 Old Main Hill
Logan, UT 84322-0115
435.797.1012, Thomas.Berry@usu.edu
Thomas R. Berry, Ph.D. (TD)
APA-accredited; Contact site for hr of contact information
www.usu.edu/counseling

VA Medical Center, Salem, VA # +
1970 Roanoke Boulevard
Salem, VA 24153
540.982.2463, x 2934 Dana.Holohan@va.gov
Dana Rabois Holohan, PhD (TD)
John Heil, DA (SP)
APA-accredited; Contact site for hr of contact information
www.psychologytraining.va.gov/salem

Vanderbilt-VA Internship Consortium # +
Psychology Service 116B
Nashville VA Medical Center
1310 24th Avenue South
Nashville, TN 37212-2637
615.873.6827, jonathan.may@va.gov
Jonathan E. May, Ph.D. (TD)
APA=Accredited; Hrs of contact vary

Virginia Beach City Public Schools +
Psychological Services
Laskin Road Annex
1413 Laskin Road
Virginia Beach, VA 23451
757.263.2700, Clifford.hatt@vbschools.com
Clifford Hatt, PhD (TD)
APA-Accredited; Contact site for hr of contact information
www.vbschools.com/psychinternship.html

Virginia Tech # +
Thomas E. Cook Counseling Center
240 McComas Hall
Blacksburg, VA 24061-0108
540.231.6557, cbetzl@vt.edu
Cathye Betzel, PhD (TD)
Gary T. Bennett, PhD (SP)
APA-accredited; Hrs of contact = 4-8 hrs/week

West Virginia University * +
Carruth Center for Counseling and Psychological Services
Morgantown, WV 26506-6422
304.293.4431, Paul.Castelino@mail.wvu.edu
Paul Castelino, Ph.D. (TD)
Internship Examples

1. **IMG Academies Mental Conditioning Division**

**Location:** Bradenton, Florida

The IMG Academies Mental Conditioning Division provides performance enhancement consulting for the world-renowned Bollettieri Tennis Academy, David Leadbetter Golf Academy, IMG Soccer, Baseball, Basketball, Lacrosse and Madden Football Academies, and to the IMG Performance Institute ([www.imgacademies.com/img-performance-institute](http://www.imgacademies.com/img-performance-institute)).

**Internship Description:**

Interns will be involved in the following:

- Conducting group seminars on Mental Conditioning topics (e.g., goal setting, relaxation, etc.)
- Developing group and individual Mental Conditioning programs
- Marketing the IMG Academies Mental Conditioning Division
- Working with individual athletes from a variety of ages and levels
- Video-Analysis
- Supervised consultation with individual athletes
- Educating coaches on a variety of mental conditioning topics

Interns will be working with 6 full time mental coaches, including three AASP Certified Consultant, thus can work closely with supervisors to apply hours towards supervised experience for AASP certification.

There are both housing and non-housing positions. Housing includes 3 meals/day. Non-housing includes lunch. Students will be responsible for all other expenses. Students must
receive college credit (at least one credit and up to as much as their university allows) to be eligible. Each student will work approximately 45-55 hours per week, and there will be some weekend work. There are positions offered during the summer, fall, and spring.

**Application Deadline:** Summer = March 15th, Fall = July 1st, Spring = November 1st

**Application Material:**
- Cover letter
- Resume / vitae
- Personal statement that includes:
  - Personal sport background
  - Specific interests in the field
  - Experience working with sports offered at the academy (tennis, golf, soccer, and basketball)
  - Past experiences that have prepared you for the internship
  - Expectations of the internship
  - Future goals in the field.
- Minimum of 3 reference letters
- A DVD showing interaction with athletes (e.g., conducting a group lecture, consulting an individual client, or coaching).

Application materials must be sent to the following address:

**IMG Academies Mental Conditioning Division**
**Attention: Angus Mugford**
**5500 34th Street West**
**Bradenton, FL 34210**

- Contact Angus Mugford, PhD for more information:
  - angus.mugford@imgworld.com
  - 941.752.2437

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2. **Oklahoma Health Consortium Pre-doctoral Internship**

**Location:** Norman, OK (University of Oklahoma Athletic Dept)

The Oklahoma Health Consortium is an APA-Accredited Pre-doctoral Internship in psychology where the student can complete a 12-month primary rotation or a 6 month secondary rotation in the University of Oklahoma’s Athletic Department. Additional primary rotations include a traditional University Counseling Center and a University Counseling Center associated with the OU Health Sciences Center. Secondary rotations include the aforementioned primary sites, as well as an Outpatient Neuropsychological Clinic and the Behavioral Health Unit of a Children’s Hospital. The consortium abides
by a Scientist/Practitioner training model and affords the intern “a well-rounded, yet personalized training experience” in a multi-disciplinary treatment team environment.

**Internship Description:**

All rotations offer each intern the following:

- Psychological assessment and diagnosis experience
- Therapeutic intervention experience
- Psychological consultation and community education opportunities
- Evaluation of the applications of psychological procedures and techniques
- Weekly training seminars on a variety of professional and treatment issues (e.g., empirically validated treatments, eating disorders, professional ethics, etc.)
- Supervision (3 hrs per week from a licensed psychologist)

**The Athletic Department primary rotation is as follows:**

*Information cited from the internship website with permission from Scott Miller, PhD (3/09/08)*

**Goals:**

- Develop practical skills to assess and counsel collegiate-level student-athletes.
- Develop a high level of sensitivity to and awareness of the nuances of Division I athletics (e.g., learn about the culture of working in an athletic department).
- Acquire knowledge about the field of sport psychology and enhance skills delivering performance enhancement services.

**Objectives:**

- **Assessment**
  - Conduct evaluations of student-athletes for learning disabilities and Attention Deficit-Hyperactivity Disorder.
  - Provide testing results, diagnoses, and recommendations.
- **Counseling**
  - Provide individual, couples, and group counseling to student-athletes.
  - Provide career testing to student-athletes.
- **Outreach Programming**
  - Identify needs, initiate, design, and present psycho-educational outreach programs (e.g. stress management) to student athletes and/or coaches
  - Present and participate in existing outreach programs.
- **Research**
  - Assist in the conceptualization, development, and execution of a variety of research projects on topics such as substance use & abuse among student-athletes and counseling outcome research.
- **Supervision**
  - Weekly individual supervision.
  - Biweekly collaborative group supervision meetings with senior psychological staff members.
  - The opportunity (based on availability and interest) to supervise a graduate assistant working in the psychological resources office.
- **Administration & Consultation**
Gain insight of the culture and operations of a college athletics department by engaging in department staff projects (e.g., planning and implementing the new student-athlete orientation).

Assist with sponsored events by the OU Athletic Dept (e.g., National Women and Girls in Sports Convention).

Implement basic sport psychology techniques with student-athletes.

Acquire knowledge of research, models, and strategies in the field, through readings and trainings.

Team Centered Workshops

Assist in developing and conducting workshops to provide memorable, active learning experiences to achieve objectives such as to: build team unity, reinforce team mission, and clarify team goals and responsibilities.

* Completing this rotation only will not adequately prepare an intern to practice sport psychology or to become certified as a sport psychology consultant. However, if an intern has previous training in the sport sciences, and in sport psychology, this rotation will provide supervised experience to count towards certification.

Positions offered for 2011: Primary 12-month Rotation = 1; Secondary 6-month Rotation = 2

Time-frame of internship: July 29 – July 27

Application Material:

- APPI application form
- Vitae (containing background information, academic and field experience)
- 3 letters of recommendation
- Official transcript of graduate work
- List of graduate courses yet to be completed
- Oklahoma Health Consortium site ranking form

Submit the aforementioned materials to the following address by November 8th

Scott Miller, Ph.D., Training Director
Oklahoma Health Consortium
University of Oklahoma
Counseling & Testing Services
620 Elm Avenue, Room 201
Norman, OK 73019-0340

Contact Scott Miller, PhD for more information about pre-doctoral internship:

- smiller@ou.edu
- 405.325.2700