OVERVIEW

- Why Board Certification? And Why Clinical Psychology?
- Eligibility
- Application and Candidacy Process: From start to finish
- Evaluation Criteria for Clinical Psychology: Competency Domains
- Practice Sample: Professional Statement, Video Work Samples
- Senior Psychologist Option
- Using ABPP website to Access Information and Application
OBJECTIVES

- Describe the Foundational and Functional Core Competencies for Board Certification in Clinical Psychology

- Explain the application process to become a candidate and the steps leading to becoming board certified
WHY BOARD CERTIFICATION?

❖ Demonstration and Formal Recognition—to your peers and the public—that you have attained specialty level practice in Clinical Psychology

❖ Board Certification shows your dedication to lifelong learning and professional development

❖ Improve your position for promotion and in some cases a salary increase may be possible

❖ Facilitate licensure mobility and ease the credentialing process (see ABPP.org re: reciprocity/mobility)
Clinical Psychology is both a **general practice** and a health service provider **specialty** in professional psychology.

- **Clinical Psychologists** provide professional services for the diagnosis, assessment, evaluation, treatment and prevention of psychological, emotional, psychophysiological and behavioral disorders across the lifespan.

- These services include procedures for understanding, predicting, and alleviating intellectual, emotional, physical, and psychological distress, social and behavioral maladjustment, and mental illness, as well as other forms of discomfort.

- Clinical psychology includes services for the enhancement of functioning in all of these areas.

- Clinical psychologists may provide services directly or support and facilitate the provision of services through supervision, teaching, management, administration, advocacy and similar roles.
ELIGIBILITY REQUIREMENTS

❖ **Doctoral degree**: PhD or PsyD in (Clinical) professional psychology from accredited program or meets designation requirements – transcripts are required.

❖ **Internship**: APA or CPA accredited, APPIC approved

❖ **Postdoctoral** Experience and Supervision
  ► 2 years of experience working in a manner consistent with that associated with Clinical Psychology (≥1 year supervised), OR
  ► Successful completion of a formal postdoctoral training program in Clinical Psychology (1 year)

❖ **Licensure**: Licensed or certified in your jurisdiction and in compliance with State or Provincial Board regulations
**Application—Candidacy Process**

### Submitting Application
- ABPP Website/ Specialty page: Clinical Psychology
- Submit Practice Sample/ Fees paid
- Screening process to confirm candidate’s eligibility
- Exam Committee convened (3 members) to review Practice Sample

### Practice Sample Review
- CV
- Professional Statement
- Two Video Samples w/ Consent (Assessment, Intervention, Supervision, Consultation)
  - OR, Senior Option (no video)—Portfolio of work instead
- Core Competencies assessed by Committee: Rating Grid Form F
- Pass = 2 of 3 Examiners in all domains of core competencies
- Oral Exam scheduled/ Pay Fees

### Oral Examination & Board Certification
- Meet w/ Exam Committee
  - 3 ½ hours –Collegial
- Review CV, Practice Sample/Video Samples Ethical Dilemma
- Core Competencies assessed again: Form F
- Pass all domains by 2 of 3 examiners
- Approval for Board Certification
- 40 hrs. APA CE Credits
CLINICAL PSYCHOLOGY EVALUATION CRITERIA:
COMPETENCY DOMAINS
# CLINICAL PSYCHOLOGY COMPETENCIES*

<table>
<thead>
<tr>
<th>Foundational</th>
<th>Functional</th>
<th>Functional (Optional)</th>
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<tbody>
<tr>
<td>1. Relationships</td>
<td>9. Assessment/ Diagnosis/ Conceptualization</td>
<td>Research and/or Evaluation</td>
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<td>2. Individual and Cultural Diversity</td>
<td>10. Intervention</td>
<td>Supervision</td>
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<td>3. Ethical and Legal Standards/Policy</td>
<td>11. Consultation</td>
<td>Teaching</td>
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<td>4. Professionalism</td>
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<td>Management/ Administration</td>
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<td>5. Reflective Practice/ Self Assessment/ Self-Care</td>
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<td>Advocacy</td>
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<td>6. Interdisciplinary Systems</td>
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<td>7. Science, Knowledge, Methods</td>
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<td>8. Evidence-based Practice</td>
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*See Rating Grid (Form F) in ABCP Manual
### FOUNDATIONAL COMPETENCIES

<table>
<thead>
<tr>
<th>Domain</th>
<th>What successful candidates demonstrate in their Practice Sample</th>
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<tbody>
<tr>
<td>1. Relationships</td>
<td>Sensitivity to the welfare, rights, dignity of others; ability to relate to individuals/groups to enhance effectiveness. <strong>Behavioral Anchors:</strong> show understanding of managing diverse views, conflict negotiation, clear communication, and impact of self to others</td>
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<tr>
<td>2. Individual and Cultural Diversity</td>
<td>Knowledge, sensitivity, skill in working with individuals/groups of all aspects of individual/cultural diversity—race, gender, age, sexual orientation, disability, special populations. <strong>Behavioral Anchors:</strong> show awareness of own characteristics and their influence</td>
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<tr>
<td>3. Ethical &amp; Legal Standards/Policy</td>
<td>Aware of current ethical principles/practice standards, current regulatory provisions applicable to professional practice, implications for protecting patients, profession, and society. <strong>Behavioral Anchors:</strong> show utilization of an ethical decision-making model and impact on practice</td>
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<td>4. Professionalism</td>
<td>Professional values, attitudes, behaviors representing integrity and adherence to professional standards. <strong>Behavioral Anchors:</strong> show accountability as clinical psychologist and awareness of how to present oneself as a professional to the public at large</td>
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| 5. Reflective Practice/ Self-Assessment/ Self-Care | Engages in ongoing self-reflection, practices with personal/professional awareness and within boundaries of clinical competencies.  
**Behavioral Anchors:** Show ongoing self-assessment of strengths/ weaknesses, commitment to one's development and self-care.  |
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<tr>
<td><strong>9. Assessment/ Diagnosis/ Conceptualization</strong></td>
<td>Case conceptualization and diagnostic assessment are grounded in scientific theory, research and practice. <strong>Behavioral Anchors:</strong> Show in-depth understanding of assessment methods and rationale for choosing them consistent one’s theoretical and evidence—based approach</td>
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<td><strong>10. Intervention</strong></td>
<td>Knowledge of EBP with understanding of scientific and theoretical basis of intervention. <strong>Behavioral Anchors:</strong> Show effective delivery of selected intervention and how assessment informs intervention. Attention is paid to individual/ cultural diversity and appropriateness of intervention accordingly.</td>
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<td><strong>11. Consultation</strong></td>
<td>Knowledge of scientific basis of consultative methods and processes, with effective communication showing how those in need benefit from the consultation. <strong>Behavioral Anchors:</strong> Show ability to differentiate consultation from clinical and supervisory roles, and appropriate recommendations to the context of the consultation and consultation question.</td>
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<tr>
<td>Domain</td>
<td>What successful candidates demonstrate in their Practice Sample (Evaluated only if it applies to your specific professional practice)</td>
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| Research and/or Evaluation | Knowledge and skills in conducting research, research design, and how the research contributes to the relevant knowledge base.  
Behavioral Anchors: Use of appropriate scientific methods, statistical procedures, and analysis. |
| Supervision            | Ability to communicate and apply knowledge of purpose, role, and procedures in practice of supervision.  
Behavioral Anchors: Shows ability to articulate model of supervision and account for developmental level of supervisee and impact of self on supervision. |
| Teaching               | Capacity to effectively provide instruction to others based on most current research related subject matter.  
Behavioral Anchors: Show ability to consider complex dimensions of diversity, evaluation of teaching effectiveness and ability to modify material and strategy based on feedback. |
| Management/ Administration | Effective management and administrative activities of organizations, programs, and/or agencies.  
Behavioral Anchors: Show leadership, effective communication, and compliance with regs. |
| Advocacy               | Activities publicly promoting change of institutions, communities, or society.  
Behavioral Anchors: Show development of strategic alliances and implementation of action plans. |
PRACTICE SAMPLE
WRITTEN PROFESSIONAL STATEMENT

1. A description of the professional work in which candidate is engaged

2. A discussion of the evidence that informs candidate’s practice (See Form D of manual)
   - Scientific knowledge and Evidence-based Practice
   - Assessment and Intervention
   - Consultation

3. If applicable (address all that apply):
   - Theoretical and empirical basis for supervision and/or teaching activities
   - Your own activities re: research, management/admin, advocacy

4. Difficult or complex relationship/interaction in the professional setting

5. Awareness of individual and cultural diversity

6. Meaningful and challenging ethical dilemma personally encountered

7. One method used to engage in reflective practice, self-assessment/self-care

8. An example of interdisciplinary collaboration that included effective communication across professions and/or an organization.

9. Verification that no ethical/legal action has been taken against candidate since acceptance into candidacy
VIDEO WORK SAMPLES

- Two 30 to 60 minute videos (select two of four areas)
  - Assessment
  - Intervention
  - Consultation
  - Supervision
- Done within 6 months of submission
- Saved on USB drives

- Provide source documents and contextual statements (encounter note, summary, etc.)
- The two video work samples cannot involve the same client
- Make sure both candidate and client are visible
- Make sure candidate and client are audible (provide transcript otherwise)
- No identifiers (e.g., make sure VA badge not visible)
- 3 copies must be submitted
- NOTE: In the near future the ABPP will allow candidates to upload practice samples directly to the ABPP website
Meets all degree, internship, post-doctoral requirements PLUS 15 years post-licensure

- Curriculum Vitae
- Professional Statement
- Portfolio of publications/presentations INSTEAD of Video work samples
- IF NO PORTFOLIO: Senior Psychologist does may choose to submit work sample consistent with non-senior work sample (i.e., then must include video recordings, filmed within 6 months of submission)
  - Brief attestation that written informed consent was secured, if applicable
- Provide 3 USB drives with copies of all materials (until upload to website is available)
APPLICATION—CANDIDACY PROCESS

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HELPFUL HINTS

- Follow Exam Manual instructions—easy to overlook details
- Approximately 12 double spaced pages for Professional Statement
  - **Appendix: Form D is your roadmap for Professional Statement**
- Redact patient information, including signatures
- Provide timely video samples (within past 6 months)
- Describe a specific ethical dilemma you encountered
- Ensure you cover assessment, intervention, and **consultation**
- Ask for a mentor: See ABCP Mentor and Mentee Handbook
ACCESSING INFORMATION AT ABPP.ORG
IMPROVING THE PROFESSION OF PSYCHOLOGY

The American Board of Professional Psychology serves the public by promoting provision of quality psychological services through the examination and certification of professional psychologists engaged in specialty practice.
Getting Started with Application

Steps in Applying

Steps in Applying
1. Review the ABPP General Requirements.
2. Also review the Specialty Specific Requirements and Senior Option, if applicable, which you are applying.
3. Please use Firefox or Chrome browsers.

Before you Begin:
1. States/jurisdictions in which you are licensed as a psychologist. (If you are applying for a new state, you must provide a copy of your current license.)
2. A completed Specialty Specific Application for the board to which you are applying.
3. Upload, fax or mail documentation of completion of internship. You may scan or photocopy documentation (e.g., letter from director of internship site verifying opportunity to upload it during the application process or you may fax.
4. Application Fee (Mastercard, Visa or Amex).
Learn about Specialty Boards

Click on any link below to learn more about the specialty board.

- Behavioral & Cognitive
- Clinical Child & Adolescent
- Clinical Health
- Clinical Neuropsychology
- Counseling
- Couple & Family
- Forensic
- Geropsychology
- Clinical
ACCESSING DOCUMENTS

Clinical Psychology

The American Board of Clinical Psychology (ABCP) is a member Specialty Board of the American Board of Professional Psychology (ABPP). The examination in Clinical Psychology, for Board Certification by ABCP, is intended to certify that the successful candidate has completed the educational, training, and experience requirements of the specialty, including a performance examination designed to assess the competencies required to provide quality services in the specialty of Clinical Psychology.

The primary objective of the ABCP is to establish a Board Certification process that recognizes, certifies, and promotes specialty level standing in the field of Clinical Psychology. Specialty level standing is conceptualized as higher than the basic level of competency within the reach of most practitioners of professional psychology.

The ABCP expects that most clinical psychologists should qualify for board certification.
Click on any document, form, or manual below to download. You may also click on any related link below to be redirected to that page.

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<td>ABCP Mentor and Mentee Handbook</td>
<td>Visit the ABCP video on Youtube</td>
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QUESTIONS?