I hope this finds everyone well and settling into summer. If you’re like me, you’re likely juggling summer-related changes in school/work routines, increasing travel, preparations for the summer scientific conferences, and an attempt to keep manuscript- and grant-writing going in the process. However, while it’s easy to get caught up in our never-ending to do lists, we should also be sure to take a few moments each day to appreciate this fleeting season and the beauty it brings.

This was made especially clear to me when I learned, while at the CPDD meeting in Palm Springs, about the horrific mass shooting deaths in Orlando, most of whom were Latino and/or lesbian, gay, bisexual or transgender. This tragedy has touched our lives personally and professionally and prompts us to pause and reflect on how we can better care for each other and the most vulnerable among us. We can also make sure that our voices are heard in the efforts to reduce senseless gun-related deaths. While congress has yet to approve some version of a gun control measure, it’s not yet clear how this will play out. Please consider contacting your congressional representatives – it only takes a few minutes to add your voice to this important effort. You can also learn more about APA’s response to this tragic event.

On a much, much lighter note, I would also like to spread the word about the growing number of international learning opportunities that are available through APA. As our world gets smaller, we stand to learn a great deal professionally and personally from our international colleagues. I recently gained a new appreciation for this as a participant in a trip to Cuba organized by the APA Office of International Affairs. During May 7-15, we met with Cuban psychologists and health care providers in hospitals and community mental health clinics across Havana. We also met with Cuban researchers at a psychology research institute before participating in Hominis 2016, a conference organized by the Cuban Psychological Society and attended by over 800 psychologists from Cuba, neighboring Latin American countries and territories, the US and Europe.

Visiting Cuba just before the historic re-opening of the country to Americans was a once-in-a-lifetime opportunity personally. And professionally, despite the glaring absence of resources and infrastructure in the hospitals and mental health clinics we visited, the Cuban healthcare system was far more sophisticated and holistic than I ever anticipated. I encourage each of you to explore the
From the President’s Desk

CONTINUED FROM PAGE 1

offerings of APA’s Office of International Affairs. In fact, APA will host another trip to Cuba next year to attend the Psicosalud 2017 conference in Havana. Tentative dates are Oct. 27-Nov. 5, 2017 with an optional extension to visit the east of Cuba through Nov. 9, 2017. Participants will visit Havana, engage in seminars and site-visits on the Cuban health care and education systems. Don’t miss these amazing opportunities being offered through APA!

Last but not least, our 2016 American Psychological Association Convention is fast approaching! We will have symposia and presentations on the timely topics of tobacco regulatory science and cannabis legalization, as well as many other areas of psychopharmacology and substance abuse. You can find our division’s programming here.¹

We will also be celebrating the 50th anniversary of Division 28 with a fantastic symposium by our past presidents and a social hour to follow. To register, make hotel reservations, and learn more about the meeting, visit the APA convention registration web site.²

As another way to commemorate our division’s 50th anniversary, we will be publishing a Special Issue of Experimental and Clinical Psychopharmacology highlighting the scientific contributions of our members over the past five decades. Keep an eye out for this ECP special issue to arrive in your mailbox in August.

I look forward to seeing everyone August 4-7 in beautiful Denver, Colorado!

Student Representative Column
Justin Strickland

**Student-Oriented Programming at the APA Convention**

**EXCITING PROGRAMMING FOR GRADUATE STUDENTS AT THE 2016 APA CONVENTION**

Are you a student attending the convention in Denver and lost when sorting through the website, trying to map out the talks and programs you want to attend? The website can be complicated and you may be overwhelmed by the breadth and depth of programs offered.

APAGS (American Psychological Association of Graduate Students) and the Science Student Council sponsor a variety of programs that may be of interest to undergraduate and graduate students. APAGS scheduled events occur primarily in their hospitality suite and APAGS will also have a booth in APA Member Resources where you can obtain additional information on relevant programming. Highlights from the APAGS workshops and programming are listed below. Check out their [website](http://www.apa.org/convention/programming/apags/index.aspx) for additional details, guides (e.g., a Student Survival Guide), and up-to-date convention information:

**THURSDAY, AUG. 4**

- **Food for Thought Breakfast** 7:30-8:50 AM; APAGS SUITE
  Speaker: Anneliese Singh, PhD
  APAGS hosts Food for Thought Breakfasts each morning of convention in the APAGS Suite. The breakfast consists of a buffet and discussion hour with an eminent psychologist. Breakfast is from 7:30 – 8:00 am and the discussion hour is from 8:00 – 8:50 am.

- **Alternative Career Paths with a Doctorate in Psychology** 10-11:50 AM; CONVENTION CENTER

- **Exploring the Intersectionalities of Advisor Advisee Relationships in Psychology Doctoral Programs** 10-10:50 AM; APAGS SUITE

- **APAGS Poster Session: Showcasing Graduate Student Research** 2-2:50 PM; CONVENTION CENTER

- **Networking with a Purpose: Making a Plan, Building Relationships, & Maintaining Connections** 2-2:50 PM; APAGS SUITE

- **Flying Solo Social Hour** 5-5:50 PM; APAGS SUITE

- **APAGS Social** 6-8:00 PM; THE DENVER ATHLETIC CLUB, 1325 GLENARM PLACE, DENVER

**FRIDAY, AUG. 5**

- **Food for Thought Breakfast** 7:30-8:50 AM; APAGS SUITE
  Speaker: Michelle Fine, PhD

- **Conducting Research on Marginalized Identities: When Research is ”Me-Search”** 10-10:50 AM; APAGS SUITE

- **Reviewing for a Journal as a Graduate Students: The Whys and Hows** 11-11:50 AM; CONVENTION CENTER

- **Stats Phobia: Learn How to Learn Stats (and Work past Beginners Anxiety) ** 11-11:50 AM; APAGS SUITE

- **Plan Today to Succeed Tomorrow: Individual Development Plans for Graduate and Postdoctoral Training** 2-2:50 PM; APAGS SUITE

- **Unlocking Your Leadership Potential: Keys to Future Success as a Leader in Psychology** 3-4:50 PM; APAGS SUITE

- **Two P’s in a Pod: Balancing Parenthood with Psychology Training and Careers** 4-4:50 PM; APAGS SUITE

**SATURDAY, AUG. 6**

- **Food for Thought Breakfast** 7:30-8:50 AM; APAGS SUITE
  Speaker: Mona M. Amer, PhD

- **Smart Shopping: Factors to Weigh Before Applying to Doc Programs** 10-10:50 AM; APAGS SUITE

- **Connecting with Our Queerness: Four Contemporary Takes on Being an LGBTQ(A) Psychologist** 11-11:50 AM; CONVENTION CENTER

**SUNDAY, AUG. 7**

- **Food for Thought Breakfast** 7:30-8:50 AM; APAGS SUITE
  Speakers: APAGS Leaders
  Learn the value of and how to get involved in APAGS Leadership in this informal discussion hour with the APAGS Chair and members of the APAGS Committee.

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Justin Strickland
Early Career Psychologist Column
Andrea Robinson, Ph.D.

Planning a Productive Summer

Summer “break” is here! For most of us that means it’s time to buckle down and be productive while our schedules have more flexibility. However, I sometimes find the unstructured time, exhaustion from the intensity of the academic year, and the need to address neglected areas of life, can make being productive in the summer difficult. So here are a few ideas to help you have the most productive summer yet!

1. MAKE A PLAN AND PRIORITIZE.

First, generate a list of tasks you would like to complete by the end of the summer. Think about your goals for the upcoming year and what you would like to accomplish. Next, prioritize the tasks on the list given your goals. Are there any deadlines approaching for grant proposals or conference abstract submissions? Do you have data that needs to be analyzed or manuscripts that need to be submitted? Do you need to revamp or prep a course for the fall semester? Think about what tasks are most important to you what can reasonably be accomplished. Keep in mind some tasks may have to wait for the fall or next summer break.

2. BREAK IT DOWN.

Break your tasks down into manageable pieces. Big projects can be intimidating and you might be more likely to put them off if you feel overwhelmed. You will finish your projects faster if you work on them a little bit every day.

3. DEVELOP A DAILY ROUTINE.

Setting a daily routine is especially important during the summer months when our schedules have more freedom. Organize each day by creating a “to-do” list and put your most important tasks on the top of the list. Determine what hours of the day you are more focused and productive and set that time aside to tackle your most difficult projects. Make sure you turn off all distractions during this time. Multi-tasking is a myth; if you need to produce excellent work, you must remove the distractions, including email alerts, and devote quality time to important activities.

4. BE HELD ACCOUNTABLE.

Making a daily “to-do” list is a great way to hold yourself accountable. The more you can remind yourself of the goals you’ve set the more likely you are to stick to them. But don’t underestimate the power of the buddy system. Find a colleague who might appreciate some reciprocal accountability and set up weekly meetings to check in. It is much harder to blow off writing that manuscript if your friend or colleague expects you to have it done. There are also several writing groups online that can help you stay motivated and prevent procrastination.

5. ENJOY YOUR SUMMER!

Make sure you reward yourself for all your hard work. Rewarding yourself for completing tasks or writing assignments will go a long way to keeping you motivated all summer long. So go ahead and play outside, have a few beers after work, or take a weekend getaway. You’ve earned it!

Thank you to Jane Acri, Ph.D.

After 20 years of dedicated service as Division 28 Treasurer, Jane Acri has decided to step down from this role. All Division 28 members owe her a debt of gratitude for her steady hand in managing division finances. Thank you Dr. Acri!
Division 28 Undergraduate Scholarship Winners
Justin Strickland

Division 28 would like to congratulate the three outstanding recipients of the 2016 Division 28 Undergraduate Scholarship: Nihal Eltom, Helen Mamo, and Joseph Rosales, all of whom are undergraduate students at the University of Colorado, Denver. Each year we will sponsor several undergraduate students from universities or colleges in the convention host city who are involved in psychopharmacology research. Awardees will receive a one-year APA membership and convention registration, be invited to present their research at a poster session, and will join our members at poster sessions and symposia. Please extend a warm welcome in Denver to these inaugural recipients of the award and consider nominating an undergraduate in your lab for next year’s scholarship!

Division 28 Membership Information

Individual Memberships

Division 28 is committed to

- Basic and Applied Research
- Undergraduate, Graduate, and Postdoctoral training
- Evidenced-based Clinical Practice
- Public Service and Advocacy

We accept APA members and non-members, and have different membership levels available for students, early career psychologists (terminal degree within the past 7 years), and regular members.

Members receive a thrice yearly newsletter, and are eligible for 1 of 3 annual awards (Outstanding Dissertation, Young Psychopharmacologist, Med Associates Brady/Schuster Award).

Please contact our membership chair Dustin Stairs (dustinstairs@creighton.edu) or visit our membership page at http://www.apadivisions.org/division-28/membership/index.aspx for more information!

Corporate Affiliate Memberships

Corporate contributions support efforts in research, practice, and education. A membership contribution of $1000 is tax deductible *

Division 28 is pleased to offer the following benefits to our corporate affiliate members:

- Access to thrice yearly newsletter
- Acknowledgement of support with corporate logo in newsletter
- Newsletter acknowledgement hyperlinked to corporate website, and available to all through newsletter posting on the Division 28 website
- Recognition of corporate support at annual APA membership meeting
- Liaison(s) eligible to subscribe to Division members-only listserv
- Liaison(s) participation in active and growing Division 28 social media presence
- Receive overview of relevant programming at APA convention

For questions regarding Division 28 and Corporate Affiliate Membership visit our website for more information at http://www.apadivisions.org/division-28/membership/index.aspx or contact:

Dr. Stacey Sigmon (Division 28 President) at stacey.sigmon@uvm.edu
or
Dr. Jane Acri (Division 28 Treasurer) at jacri@nih.gov

* This is the recommended level of support. Any corporate contributions are tax exempt, and our tax number will be supplied upon request. Other levels of support are available.
### Experimental and Clinical Psychopharmacology

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**Psychopharmacology and Substance Abuse News Editorial Policy**

*Psychopharmacology and Substance Abuse News* is a thrice-yearly publication of Division 28. It is devoted to keeping its members informed about the activities of Division 28 and to news and comments concerning all aspects of psychopharmacology and substance abuse. Articles, comments, announcements, and advertisements should be sent to the editor, Mikhail Koffarnus.

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Training and Employment Announcements

OREGON HEALTH & SCIENCE UNIVERSITY (OHSU)
CHAIR OF THE DEPARTMENT OF BEHAVIORAL NEUROSCIENCE, SCHOOL OF MEDICINE
PORTLAND, OR

The Oregon Health & Science University (OHSU) School of Medicine invites applications and nominations for the position of Chair of the Department of Behavioral Neuroscience (BEHN). Behavioral Neuroscience is a pivotal, highly interconnected department in the School. It is the largest of seven basic science departments and has a long tradition of research excellence with particular strengths in studies of drug and alcohol abuse, behavioral genetics, drug reinforcement and reward, and cognitive neuroscience. The total research grant funds awarded to BEHN faculty members last year totaled approximately $11 million, including funding of two National Institute of Health (NIH) center awards. The department also administers three NIH funded training programs.

The next chair of BEHN will take over a well-run and successful department within a thriving university that is deeply invested in advancing neuroscience. There is great discovery power in neurosciences at OHSU and, in addition to BEHN, further neuroscience expertise exists across campus in a wide array of institutes and departments. The chair will be a leader in the neuroscience community at OHSU, and play a key role in defining and shaping a coherent identity and vision for the department, and contribute to developing a university-wide strategic plan for neuroscience research.

Reporting to the dean of the School of Medicine, the chair will plan, lead, organize, and direct the academic, research, and business affairs of the department and represent BEHN in internal and external interactions. OHSU will consider any outstanding PhD, MD, or MD/PhD scientist with a thriving research program in an area relevant to the broad field of behavioral neuroscience, and a strong commitment to the education of doctoral students. S/he will think innovatively about science, and support and/or perform translational research. The successful candidate will also have exceptional leadership qualities along with the vision to integrate and inspire the neuroscience community.

To apply: All inquiries, nominations, and applications should be sent via Isaacson, Miller’s website: www.imsearch.com/5430

OHSU is an equal opportunity, affirmative action institution. Women, minorities, individuals with disabilities, and veterans are encouraged to apply. AA/EOE

UNIVERSITY OF VERMONT’S CENTER ON BEHAVIOR AND HEALTH
POSTDOCTORAL RESEARCH FELLOWSHIPS

The University of Vermont’s Center on Behavior and Health announces an NIH postdoctoral research fellowship opportunity in our internationally recognized Center of excellence for the study of substance abuse. The fellow will participate in the conduct of an ongoing NIDA-funded trial to develop a novel buprenorphine treatment for opioid-dependent adults, as well as develop new research opportunities in related areas. The mentoring team has an exceptional track record of helping fellows further their careers as investigators.

Appointment: 2-3 yrs.

Eligibility: Applicants must have completed their training in psychology, behavior analysis, or a related discipline and be U.S. citizens or permanent residents. Trainees are selected on the basis of scholastic record and commitment to a career in substance abuse research. Individuals must be highly motivated, possess initiative and a desire to learn and expand their interests and expertise.

Benefits: Stipend, medical insurance coverage, and travel funds supported by NIH Institutional Training Awards.

For more information: Contact Ms. Diana Cain (Diana.Cain@uvm.edu).

To apply: Send cover letter (downloaded from VCBH website), curriculum vitae, statement of research interests, and 3 letters of reference to: Dr. Stacey Sigmon c/o Ms. Diana Cain (Diana.Cain@uvm.edu).

JOHNS HOPKINS UNIVERSITY
POSTDOCTORAL RESEARCH FELLOWSHIPS IN SUBSTANCE ABUSE AND PSYCHOPHARMACOLOGY
HUMAN RESEARCH TRAINING

Postdoctoral research fellowships available in a stimulating productive program with excellent resources. Prepare to be an independent investigator.

HUMAN LABORATORY -- behavioral & clinical pharmacology of abused drugs (abuse liability, self-administration, cognitive/ memory function, impulsivity, neuroimaging); anti-drug abuse medication development; behavioral research related to addiction: delay discounting, behavioral economics, and sexual risk behavior. Opioids, cocaine, anxiolytics, alcohol, caffeine, nicotine, hallucinogens, psilocybin, salvinorin A, MDMA, methamphetamine.

CLINICAL TRIALS -- testing medications, behavioral therapies (especially incentive/contingency-based), and combinations; psychiatric comorbidity research; addiction & pregnancy/women; therapeutic applications for psilocybin (cancer anxiety & smoking cessation). Opioid, cocaine, tobacco, mixed/other dependencies

Eligibility: U.S. citizen, permanent resident. Many backgrounds are appropriate, including experimental or clinical psychology, pharmacology, psychiatry, neuroscience, public health, and social work. Background in human or nonhuman research is appropriate

NIH stipend levels: $37,000 to $51,000

Start Date: Flexible.

Faculty: George Bigelow, Roland Griffiths, Maxine Stitzer, Eric Strain, Kenneth Silverman, Robert Brooner, Miriam Mintzer, Una McCann, Ryan Vandrey, Matthew Johnson, Kelly Dunn, David Thompkins, Denis Antoine, Fred Barrett
To apply: Contact George Bigelow; BPRU, Behavioral Biology Research Center; 5510 Nathan Shock Drive; Johns Hopkins Bayview Campus; Baltimore, Maryland 21224-6823. (410) 550-003, bigelow@jhmi.edu. For more information see www.bpru.org.

UNIVERSITY OF CALIFORNIA, SAN FRANCISCO (UCSF) POSTDOCTORAL TRAINEESHIP IN DRUG ABUSE TREATMENT AND SERVICES RESEARCH

POSTDOCTORAL SCHOLARS: Positions as Postdoctoral Scholars in drug abuse treatment and services research available immediately in the Department of Psychiatry at UCSF. Postdoctoral Scholars work with a preceptor to design and implement studies on the treatment of drug dependence. Scholars have the opportunity to select specific area of focus for independent research projects, while working with core faculty members with strong histories of mentorship, obtaining extramural funding, and ongoing research productivity. Current faculty research interests include: trials of efficacy and effectiveness of psychosocial and pharmacologic treatments of drug abuse; research on treatments tailored for persons living with HIV, persons who use drugs, and with psychiatric and medical disorders; research on provision of services to drug-abusing populations; innovative methodology, and treatment of complex patients in innovative settings. Traineeships are usually for two years, with a possible third year with stipends funded by NIH/NIDA. Prioritizes the training of psychiatrists, women, and minorities for academic research careers.

To be considered for a traineeship, please email your letter of interest, CV, research statement, and samples of representative work to rebecca.cook@ucsf.edu. Two letters of recommendation can be emailed as signed PDF documents, or sent by mail to:

Postdoctoral Training Program in Drug Abuse Treatment/Services Research
University of California, San Francisco
1001 Potrero Avenue, Bldg 20, Box 0852
San Francisco, CA 94110-3518;

For more information please visit http://addiction.ucsf.edu/education/postdoctoral-training or contact rebecca.cook@ucsf.edu or 415-206-3051.

UNIVERSITY OF VERMONT’S CENTER ON BEHAVIOR AND HEALTH

FACULTY POSITION

The University of Vermont College of Medicine’s Department of Psychiatry is seeking a full-time faculty member at the rank of Assistant Professor on the research scholar pathway to join an interdisciplinary team of investigators in the Vermont Center on Behavior and Health (VCBH). VCBH was established in 2013, investigating relationships between personal behavior and risk for chronic disease and premature death, with a specific focus on understanding mechanisms underpinning risk, and developing effective interventions and policies to promote healthy behavior and reduce health disparities. The selected candidate will assist with NIH-supported research on behavioral-economic approaches to smoking cessation and tobacco regulatory science in vulnerable populations.

Applications must have a doctorate in psychology or related discipline with postdoctoral research experience in the area of tobacco control or tobacco regulatory science. Experience in behavioral economics is desirable.

Burlington, Vermont is located in the beautiful Lake Champlain region, surrounded by the Green and Adirondack Mountains. It is a great place for families, with excellent public schools and year-round recreational opportunities. It is home to the University of Vermont and three independent colleges that provide an academically stimulating and culturally rich environment. Montreal, Canada and Boston are within easy driving distances.

Please apply online at www.uvmjobs.com or send a letter of interest, curriculum vitae, and three letters of recommendation to:

Stephen T. Higgins, Ph.D.
c/o Diana L. Cain
Vermont Center on Behavior and Health
UHC, MS482
1 So. Prospect
Burlington, VT 05401
e-mail: Stephen.Higgins@uvm.edu

The University is especially interested in candidates who can contribute to the diversity and excellence of the academic community through their research, teaching, and/or service. Applicants are requested to include in their cover letter information about how they will further this goal. The University of Vermont is an Equal Opportunity and Affirmative Action Employer.

Applications from women, veterans and individuals with disabilities, and people from diverse racial, ethnic, and cultural backgrounds are encouraged to apply. Salary will be competitive based on experience. Applications will be accepted until the position is filled, but we strongly encourage submission of required materials by May 1, 2016.
Thank You to our Corporate Affiliate Members

Division 28 Executive Committee

Elected Officers

- President: Stacey Sigmon
- Past President: William Stoops
- President-Elect: David Festinger
- Council Representative: Anthony Liguori
- Members-at-Large: Katie Saulsgiver, Mark Smith, Cecile Marczinski

Appointed Officers

- Secretary: Kelly Dunn
- Treasurer: Jane Acri
- Newsletter Editor: Mikhail Koffarnus
- Divisional Awards: Catherine Stanger
- Membership: Dustin Stairs
- Fellows: Matthew Johnson
- Program Chair: Mollie Miller
- Electronic Information: Ronald Wood

Committee Chairs

- Continuing Education: M. Marlyne Kilbey
- Social Media: Jin Yoon

Appointed Liaisons/Monitors

- Student Representative: Justin Strickland
- Board of Educational Affairs: M. Marlyne Kilbey
- Liaison to Division 50: Linda Sobell
- Liaison to Division 55: M. Marlyne Kilbey
- Liaison to Science Directorate: Rick Bevins
- Liaison to the Committee on Women in Psychology: Mary Cain
- Early Career Psychologist Representative: Andrea Robinson
- Liaison to International Affairs: Hendree Jones