Focus on 31
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Integrating Goals and Forging Alliances

by Angela Herzog, PhD

Division 31 is alive and well, focusing on the needs of SPTAs within APA. Collaboration with other groups to advocate for psychology through state, provincial, or territorial psychological associations.

Nominations Wanted!!!

Nominations are wanted for Division 31 Annual Award of Outstanding Psychologist. Nominations and supporting materials should be sent to Division 31 Awards Chair Sallie Hildebrandt, PhD by June 15, 2014, at sehphd@cox.net.

The award for Outstanding Psychologist honors a psychologist whose distinguished contributions might include:
A. Demonstrating outstanding leadership in state, provincial, or territorial psychological associations.
B. Advocating for psychology through state, provincial, or territorial psychological associations.
C. Impacting psychology and our clients through distinguished service.
D. Serving as a role model for active participation in organized psychology.
E. Being a volunteer SPTA member. (Required)

For additional information go to http://www.apadivisions.org/division-31/awards/psychologist/index.aspx

Deadline is June 15, 2014.
Division 31 President-elect Candidate Statements

Linda K. Knauss, PhD, ABPP
I have been actively involved in state psychological association affairs, serving at almost every level of governance in the Pennsylvania Psychological Association. Positions include: President of the Association, President of the Foundation, Board Member of the Political Action Committee, Chair of the Ethics Committee, Member of the Executive Committee, Clinical Division President, Professional Affairs Board Chair, and Leadership Development Task Force member. I am currently the APA Council Representative from Pennsylvania and also served in this role from 2000 to 2006. Throughout that time, I was a member of the Executive Committee of the SPTA Caucus. I received the Distinguished Service Award from PPA in 2004. I have also served on the Division 31 Membership Committee, and have been a member of the APA Commission on Accreditation and the APA Ethics Committee. I would like to lead Division 31 in its efforts to provide healthcare reform information to members and SPTAs. This will require collaboration with other APA Divisions, as well as advocacy to ensure that the voices of psychologists are heard when state-level decisions are being made. Another important goal is to increase the membership and participation of students and early career psychologists in Division 31 and SPTAs through mentoring, financial support, and career resources. Additional goals include increasing diversity membership and leadership in Division 31; the continued representation of SPTAs on APA Council, and valuing their importance to the profession; making Division 31 the home for SPTAs within APA; and continued legislative advocacy for SPTA issues. It would be an honor to serve as the President of Division 31.

Dr. Knauss is a Professor and Director of Internship Training at Widener University’s Institute for Graduate Clinical Psychology. She received her Ph.D. in Clinical Psychology from Temple University. Areas of professional expertise include ethics, professional issues, training, education, and clinical practice.

Cathy McDaniels Wilson, Ph.D., ABPP
I am honored to be considered for President-elect of Division 31. My experience within my state psychological association, the Ohio Psychological Association (OPA) and APA, as well as my commitment to Psychology make me qualified to serve in this capacity. I am Past President of the Ohio Psychological Association (OPA); current member of OPA’s Executive Committee and Chair of the Planning and Development Committee, which recently completed our strategic planning process to focus our efforts on OPA’s priorities.

Within APA, I am currently serving my second term on APA Council of Representatives. In addition, I have been elected and continue to serve on the executive board of the Caucus of State/ Provincial/ Territorial Representatives (CSTPR). On the caucus I have served as Nominations and Elections chair, Member at Large and current Secretary. This relationship allows me to stay abreast of current issues facing STPAs, helping me to function as their best advocate. I have served on the Board of Professional Affairs. While on the Board, I served as the Liaison to the Advisory Committee on Colleague Assistance (ACCA). We worked on developing a process for states to provide not only intervention but wellness services for our colleagues. This will remain in the forefront of my campaign.

I am a recipient of the Karl F. Heiser Award for my contributions to changing the required sequence of training in Ohio, which eliminated the unnecessary hurdle for students who had their required supervision hours for licensure.

I am eager to represent the many voices of our membership and feel certain that I will effectively represent the concerns and issues impacting this growing profession. I would appreciate your number one vote.
Division 31 President-elect Candidate Statements

Kenneth P. Drude, Ph.D.
I welcome the opportunity to be a candidate for Division 31 President-Elect. I believe that my professional and clinical experiences will bring a valuable perspective to the division leadership. In over 35 years, I have worked in clinical and management positions in community mental health centers, a state mental hospital, a children’s hospital, a university doctorate psychology program, private practices, a social service agency and a nursing home. I served on the Ohio Psychological Association (OPA) governing board for 28 years in elected offices (President, Finance Officer), as editor of The Ohio Psychologist, and chaired several committees (e.g. Legislative, Membership, Communications and Technology). I chaired the OPA committee that developed the first telepsychology guidelines in the United States that were adopted by the Ohio Psychological Association in 2008 and actively participated in the development of the telemental health guidelines adopted by the American Telemedicine Association.

I serve as a member of the Ohio Board of Psychology and provide outpatient psychological services in a general private practice in Dayton, Ohio. My current professional interests include the ethics, standards and guidelines of telemental health practice, policy and regulation of telemental health practice, advocacy for the adoption of technology in the practice of psychology, telemental health education, and interprofessional relations.

My goals as President of Division 31 are to continue the successful initiatives already established by the division and to build on those accomplishments to further the mission of the division in advocating for the interests of state and provincial associations. This would include maintaining a active role in promoting the inclusion of psychologists in the rapidly evolving health care changes underway, facilitating interjurisdictional practice, having a strong voice in representing the divisions members in the APA, and advocating for the development and use of technology in psychology.

Dinelia Rosa, Ph.D.
I am honored to accept the nomination for President-Elect of Division 31. My qualifications and leadership experience include Director, Dean-Hope Center, Teachers College, Columbia University, training clinic for five psychology programs (since 1999) and professor at the Clinical Psychology Program. At New York State Psychological Association, current President, past Council Representative (six years), past member, Finance and Membership committees, and current member, By-Laws, Legislative, Awards and Listserv committees. At Committee State Leaders (APAPO), NYSPA Diversity Delegate, Chair, Diversity Subcommittee, and Representative of Division 31. Within Division 31 I am past Member-at-Large and current Chair, Membership Committee. Among other positions, member NYS Office of Mental Health Multicultural Advisory Committee, past Board Member, National Latino Behavioral Association, and President, NY Association of Hispanic Mental Health Professionals.

As President of the only division with tremendous potential, resources and energy to champion for psychologists and SPTA interests and bring them together to advocate for common goals, I would be committed to continue to strengthen its position across local and national platforms to build consensus and act in concert. We must take an active role in education and training advocacy issues by disseminating knowledge to SPTAs on legislation with direct impact to students and training, and by establishing linkages with internal entities such as the Education Directorate and BEA. We must continue to invigorate its membership and it’s task forces as they represent leadership and advocacy among diverse constituency (students, ECP and diversity), and bring expert psychologists in HCR and ACA to disseminate relevant information through SPTAs.
by Nanci C. Klein, PhD

On behalf of Division 31, I would like to thank Dr. Sally Singer Horwatt for facilitating a seamless transition to my assuming the position of Division 31 Treasurer on January 1, 2014.

Due to the prudent oversight of the Division’s finances by the Executive Director and Board of Directors, 2013 year-end reports from Division Accounting show a net income of over $7,000, contributing to Division 31’s continuing financial stability. Additional Division 31 accounts for Diversity and the Heiser Award continue to have adequate resources to fund their respective annual activities. These accounts will continue to be closely monitored.

2014 has started with renewals of SPTA membership in Division 31 from 32 State Psychological Associations, one Territorial Psychological Association, and four Provincial Psychological Associations. This represents over 60% of SPTAs having renewed within the first quarter of 2014. The Division appears well on its way to attaining 100% membership support from SPTAs for 2014.

The current healthy financial status of Division 31 will be a key to launching new initiatives for providing useful resources, services and benefits to all SPTAs, as well as advocacy for SPTA and state issues within the evolving governance structure of APA.

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Midwinter Meeting of Division 31 Board of Directors

The Division 31 leadership gathered for the Midwinter Board of Directors Meeting. Highlights include honoring Sallie Hildebrandt, PhD, for her leadership in 2013 (right), the transition to the presidency of Angela Herzog, PhD (below), and the working nature of the board throughout the year (bottom right).
APA Council of Representatives Report

by Lisa Grossman, JD, PhD, ABPP

And the good news is.....

APAPO recommended to the APA Board of Directors that it approve the sunsetting of the C3 responsibilities of CAPP effective December 31, 2014, in principle. This would allow CAPP to focus on the C6 issues significant to practice in a more effective manner and permit the Board of Professional Affairs to address the C3 practice issues. The reason that the motion was “in principle” was to allow CAPP to address various APAPO restructuring issues within the next 6 months. The hope is that various motions will be introduced to council in August that will allow the actual APAPO members to finally have a voice in APAPO. Impressively, the council approved the motion with 96% (152 votes) in favor!!

The train has left the station, and what a ride it is...

A large focus of Council was spent on the Implementation Work Group motions that resulted from the Good Governance Project motions approved at council last August.

- **Resolution Delegating Authority for Specific Duties to the Board of Directors on a Trial Basis.** Approved this motion by 80% (132 votes) with 3% (31 votes) opposed.
- **Changes to the Composition of the Board of Directors.** Approved this motion by 88% (141 votes) with 11% (17 votes) opposed.
- **Establishment of the Needs Assessment, Slating and Campaigns Committee (NASCC).** Approved this motion by 90% (147 votes) with 10% (16 votes) opposed.
- **Council Leadership Team (CLT).** Approved this motion 93% (149 votes) and 5% (8 votes) opposed.
- **Council Structure Options.** The IWG also brought forward two models for Council Structure change. Council decided to send back the motion for the IWG subcommittee to review and present further models to Council in August.

Oh Yes, There were Some Other Agenda Items that affects SPTAs....

- Council adopted as APA policy the document Health Service Psychology: Preparing Competent Practitioners.
- Council endorsed the Multidisciplinary Competencies in the Care of Older Adults at the Completion of the Entry-Level Health Professional Degree.
- Council created an official definition of early career psychologist as being within 10 years receipt of a doctoral degree.

And for the last time, Council utilized its financial responsibilities and approved a variety of financial items including the 2014 budget with total operational revenues of $110,542,911 and operational expenses of $109,092,267 with an operating margin of $1,449,945.

And Finally...

Council spent several hours experiencing what a major portion of our new responsibilities will be going forward, i.e., discussing mega issues and developing external policies based on these issues. We discussed the issue “Impact of ACA on Psychologists” and voted on two priorities for opportunities and two gaps.

Visit Division 31 Listserv 2/28/14 for unabridged Council Report posting.

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Focus on 31, the newsletter of APA Division 31, State, Provincial, and Territorial Psychological Association Affairs, would like to invite you to consider advertising in our newsletter. Published three times annually for Division members, we reach decision makers and budget handlers in Psychology throughout the country, provinces, and territories.

**Advertising Rates**

- **Classified Ads:** $10 per line, minimum three lines. Type the ad on your letterhead as it should appear in the newsletter and mail or email it to the Editor. Specify Job Market, For Sale, Office Space, and Miscellaneous.

- **Display Ads:** Ads must be in digital format, with a minimum of 300 dpi: .eps, .tif and .pdf (include font and graphics). 8x10: $400; 3x5 Vertical: $150; 3x2: $50; 16x10 Horizontal 2-page spread $800.
Addressing Society’s Needs

by Pat DeLeon, Former APA President
Former APA Practice Directorate
State Association Guru

Mike Sullivan truly appreciated the importance of our state associations providing creative leadership in bringing psychology’s expertise to focus upon society’s most pressing needs. As educated professionals, this is our societal responsibility. “Heads Up Kentucky” was an enjoyable, highly visual effort to promote healthy lifestyles on the local level. It effectively asked if residents knew that: “Stress is linked to the six leading causes of death: heart disease, cancer, lung ailments, accidents, cirrhosis of the liver, and suicide.” The Hawaii Psychological Association recently highlighted Gaby Toloza’s collaborative efforts with the Hawaii Autism Foundation and local YMCA to provide family centered support that focused upon the concept of Self-Care for the Caregivers of children on the autism spectrum. For eight Saturdays, these families participated in two hour workshops with their children, including siblings. A number of HPA members donated their time and expertise. The second hour was targeted towards engaging the participants in physical exercise. The goal being to behaviorally embed the need and benefits of physical exercise for parents with special needs children. It was a very successful event with the parents gaining a greater awareness of their own need for self-care.

As a nation, we are entering a new era of transformative health care reform. The unprecedented advances occurring within the communications and technology fields, as well as the priorities of the Obama Administration reflected in the Patient Protection and Affordable Care Act (ACA), indicate a future of patient-centered care with a priority on prevention, wellness, and data-driven clinical decisions. The advances occurring within telehealth (i.e., Telepsychology) will eliminate historical geographical and hopefully cultural barriers. The VA and DoD have been leading the way. In FY 2013 more than 600,000 Veterans received care utilizing telehealth – more than 1.7 million episodes of care. Former Division 31 and Georgia Psychological Association President Linda Campbell and ASPPB CEO Steve DeMers have been proactively guiding psychology through these unchartered waters. We suggest that this would be an excellent topic for our state associations to focus upon. What are the laws, regulations, ethical issues, and supervision possibilities? -- while providing “hands-on” demonstrations, perhaps utilizing federal or state technology. This could be in conjunction with other professions – another key element of the ACA. And, of course, developing legislative agendas to provide critical reimbursement support. There is a particular need for these services at Federally Qualified Community Health Centers, which are society’s “safety net.”

From our public policy perspective, nursing has historically been particularly responsive to addressing society’s needs, especially throughout rural America. Accordingly, we were pleased to participate in two conference calls during the past year in which the Administration requested their help in educating society about the benefits of ACA – Vice President Biden hosted the first; Secretary Sebelius the second. Will psychology earn similar respect?

Visit the Division 31 web site for the most current information for SPTAs and blogs for a variety of communities.
Association membership is no longer required to apply for Trust Sponsored Professional Liability Insurance

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State Leadership Conference in Pictures

Above, the California Psychological Association earned outstanding SPTA honors for 2014 for its tremendous efforts on behalf of the association and the profession.

Judy Devito, far right, was excited and surprised to be named outstanding SPTA executive. The well-deserved award was presented by Division 31 President Angela Herzog, PhD. Below, Devito is surrounded and congratulated by her state delegation.
Committee of State Leaders Chair Jason Deselms, Ph.D. (right) presented the Committee’s Leadership Award to Peter Sheras, Ph.D. (far right), recognizing his tremendous body of contributions to the profession.

Above, the New York Psychological Association receives recognition, as well as a check, for their exciting work on behalf of early career psychologists.

Right, members of the Arkansas Psychological Association delegation receive national honors for their work in the many areas of diversity.
President's Message
Continued from page 1

that exemplify integrated health care. At the Division 31 leadership retreat in February, we addressed organizational constructs for the Division and asked ourselves questions regarding the roles and functions for which we operate. It became evident that it is important for Division leaders to enhance access to and communication with our constituency. Given that Division members include individual leaders of SPTAs, as well as SPTAs as organizations, Division leaders will strive to serve as the BRIDGE that connects SPTAs with other SPTAs, and to advocate for SPTAs within APA governance.

A strength of Division 31 is our enhanced collaborative efforts with CESSPA. We seek to identify ways in which CESSPA might facilitate messages delivered by Executive Directors to the SPTA elected officials, so that timely information is exchanged between the Division and SPTAs, as well as across and among SPTAs. We are also researching new mechanisms for SPTA officers to exchange information in a more efficient and timely manner while avoiding redundancy or duplication from other mechanisms of communication. An interesting dynamic that becomes evident when participating in activities of APA governance is that many SPTA leaders share information about activities within their associations which peak the interests of leaders from other SPTAs. Often, recreating the wheel can be avoided when sharing and learning from one another. Developing more formal mechanisms for disseminating helpful information through Division 31 has been identified as a pressing goal. While it is the office of State Advocacy that is the source of greatest support for SPTAs at APA, it is the goal of Division 31 to look at improving our role as the Bridge for Communication across SPTAs.

We welcome the suggestions and requests of our members, both leaders and association members of SPTAs. We aim to address opportunities for optimized communications to exchange ideas so that we may benefit from the experiences of one another. While there may be substantial differences across many SPTAs, there are certainly significant similarities which may serve to unify our efforts for the improved functioning of SPTAs and the needs of psychologists who we represent.

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