Focus on 31

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Div. 31 Board Votes to Endorse Kelly

By Bruce Nystrom, PhD

I am pleased to announce that the Division 31 Board voted yesterday to endorse ONE candidate for the 2020 APA President-Elect -- Dr. Jennifer Kelly. The Division 31 Board believes that Dr. Kelly understands and will work as a strong advocate on issues vital to State, Provincial and Territorial Psychological Associations. Please give Dr. Kelly your #1 vote in the upcoming election!

Dr. Kelly’s Candidate Statement for APA Presidency

Dear Colleague,

It is an honor to run for President of the American Psychological Association (APA). If elected, I will bring a long track record of advocacy, a deep and demonstrated commitment to collaboration and inclusion, and substantial leadership experience within and outside APA. The election opens on September 16th, and I ask for your support and your #1 vote.

The four pillars of my presidential campaign are: Advocacy, Inclusion, Leadership, and Experience. I genuinely believe these four pillars are necessary to continue strengthening our association and creating a positive impact within APA, the discipline, and the world.

For psychology to thrive, we must vigorously advocate for adequate funding to support psycho-

Kelly Statement
Continued on page 9
“Ba Ba Ba Ba Barbara Ann”

By Pat De Leon, PhD, former APA President

The White House recently announced that psychology’s Barbara Van Dahlen will serve as the Executive Director of the PREVENTS Presidential Task Force to End Veteran Suicide. Barbara is the Founder of Give an Hour where Randy Phelps, who had worked for APA for a quarter of a century, will succeed her as the organization’s CEO. This extraordinary effort has already provided more than 300,000 hours of free mental and behavioral health care, valued at over $30 million, through volunteer mental health professionals, for active duty military personnel, Veterans, and their families. These critical efforts have now been expanded to address the needs of those impacted by our nation’s unprecedented series of natural and man-made disasters, and most recently they have also opened their network of volunteer mental health professionals to support the more than 12,000 immigrant and refugee children – and their families – who are being affected by the humanitarian crisis at the U.S. Southern border.

Executive Order 13861, the President’s Roadmap to Empower Veterans and End a National Tragedy of Suicide, will be led by an inter-agency Cabinet-level Task Force. The express goal is to create a Roadmap that will reduce suicide by empowering Veterans to pursue an improved quality of life. Research and collaboration across the public and private sectors are high priorities. Barbara: “The Roadmap will utilize a public health approach that will change the way we talk about, think about and address suicide broadly in our society in order to end Veteran and Military suicide specifically. It’s clear that we can no longer focus exclusively on trying to identify those at risk or those in need – we need a broad-based effort that changes the culture around mental health so that those in need are better able to seek and receive care – long before they reach the point of hopelessness that leads to suicide.” Her Office has released a Request for Information to help guide the National Research Strategy.

Psychology’s State Associations should be well placed to provide significant input on effective ways to increase knowledge about factors influencing suicidal behaviors and how to prevent suicide, inform the development of a robust and forward-looking research agenda; coordinate relevant research efforts across the Nation; and especially important, measure progress on these efforts. Without question, to effectively address this national tragedy psychology must collectively develop a holistic understanding of the underlying factors that determine the overall health and well-being of our Nation’s Veterans. We would further suggest that Barbara’s appointment provides our state associations with an exciting opportunity to develop collaborative interprofessional relationships with our other mental health colleagues, such as psychiatric mental health nursing, social work, and clinical pharmacy.

Arlo Guthrie, at Ron Levant’s Opening Ceremony, proclaimed: “They may think it’s a Movement, and that’s what it is.” The 2020 Presidential election is just around the corner and those colleagues passionately interested in the prescriptive authority (RxP) agenda will appreciate the national political pundits’ focus upon the importance of their candidates doing well throughout the Midwest. Long time RxP proponent, even since his graduate student days, and former Pennsylvania Psychological Association President Steve Ragusea: “Well, heck, Illinois (2014), Iowa (2016); Nebraska and Ohio (legislation pending) ... that almost defines the Midwest. The critical East coast electoral states of Pennsylvania and Florida are also actively engaged in pursuing RxP legislation.” Not to be forgotten, the first RxP legislative success, thanks to Mike Murphy, was in the State of Indiana (1993). “You’ve got me rockin’ and a-rollin’” (The Beach Boys). Aloha!

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Leadership Development in SPTAs

By Eric Russ, Ph.D.
Div. 31 Liaison Committee Early Career Psychologists

Across the many settings in which we work, Psychologists face a challenging job landscape. Emerging into the workforce following our training, we are equipped with many of the skills needed to be effective healthcare and industry leaders. Among many other skills, We have strong analytic ability, the skill to navigate emotionally challenging situations, the ability to integrate feedback and understand systems. What most of us lack is a formal leadership training and a framework or philosophy. Often we’re put in leadership roles early in our career without much experience managing a team or working across teams. To address this gap, several leadership academies have emerged across APA including in several SPTAs.

Offering leadership academies offer a wonderful opportunity for SPTAs to grow their associations. First, it is an excellent member benefit to engage newly licensed psychologist in the association. Second, it offers a way to grow your leadership pipeline in the association. Having SPTA leaders mentor emerging leaders and help them understand the value of your SPTA can encourage them to take on leadership roles in your Association. Third, making diversity and inclusion an explicit part of your leadership academy can help ensure diverse and inclusive leadership in your association. Fourth, you develop a cohort of psychology advocates to enhance the effectiveness of your legislative and public interest work.

Several SPTAs have already developed leadership academies and can serve as resources to develop your own:
- California Psychological Association’s Leadership and Advocacy Conference: https://www.cpapsych.org/
- New York State Psychological Association Leadership Institute https://www.nyspa.org/page/LeadershipInstitute
- Ohio Leadership Development Academy https://ohpsych.site-ym.com/page/lda
- Pennsylvania Emerging Leaders Program https://www.papsy.org/page/emergingleaders

In Kentucky, we are working to develop our own leadership academy and I’ve put a few key questions below for those of you who are interested in your own SPTA program:

- Who Is Eligible? Is the Academy for all psychologists? Just ECPs? Do you want to include students? If you have a mentor model, who do you want your mentors to be and how will you recruit them? How are you going to ensure goals of diversity and inclusion are met?
- What is your Leadership Orientation? Are you training leaders just for your SPTA or psychology leaders more broadly? If you look at training psychologists more broadly, you should consider adopting a leadership approach to anchor your trainees and mentors.
- How will you Assess your Program? How are you going to measure outcome for your trainees? It is important to have clear metrics to know what your trainees are learning during the experience. This may be tied to the leadership model you adopt in addition to other metrics you may want to track.

If you are interested in building an academy for your SPTA, feel free to get in touch with me to get additional resources (eruss00@gmail.com).

Advertise with Us

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Classified Ads: $10 per line, minimum three lines.
Display Ads: Ads must be in digital format, 300 dpi,.eps,.tif or .pdf. 8x10: $400; 3x5 Vertical: $150; 3x2: $50.
Call for Division 31 Award Nominations!

Nominations are invited for Division 31 Annual Awards to be presented at the 2020 Practice Leadership Conference.

Please visit website for award descriptions at http://www.apadivisions.org/division-31/awards/index.aspx

- State, Provincial and Territorial Psychological Association Diversity Award
- Outstanding Achievement by a Psychological Association Staff Member
- Committee on Early Career Psychologists (ECP) Initiative Award
- Outstanding State, Provincial, or Territorial Psychological Association Award

Nominations and supporting materials should be sent to the 2019 Division 31 Awards Chair: Bruce Nystrom, PhD nystrom@riverparkpsych.com by January 1, 2020.

Divison 31 Is Seeking Applicants for Fellow Status

Are you the next Fellow of Division 31?
1) Are you a member of APA and your State, Provincial or Territorial Psychological Association (SPTPA)?
2) Are you a member of Division 31?
3) Do you believe that you have made unusual and outstanding contributions in one or more of the following areas?
   - Development of exemplary programs;
   - Leadership in organized psychology;
   - Publication or dissemination of information;
   - National policy development or political action?

The Online Fellows Application Portal is now open at:
www.apa.org/members/your-membership/fellows/apply.aspx

The entire process is online at the link above. The APA Fellows page has a number of resources for Fellow applicants and endorsers including a sample endorsement letter that can be used by endorsers and a model of the type of information the APA Fellows Committee looks for when evaluating Fellow applications. There are also helpful instructions for applicants.

You can find the Division 31 specific criteria at: http://www.apadivisions.org/division-31/membership/fellows/index.aspx

The Division deadline for completing the application for this cycle is November 15th 2019. Please contact the Division Fellows Chair, Donald McAleer Psy.D., ABPP (donpsyd@aol.com) with any questions.
SPTA Updates

By Jennifer Kelly, PhD, ABPP

Delaware

The Delaware Psychological Association (DPA) had a busy last few weeks of legislative session in Delaware this year! June was spent working on HB172, PSYPACT legislation. This bill makes Delaware part of a national commission that allows licensed psychologists to see patients across state lines via telehealth or to temporarily practice across state lines for up to 30 days per year (if the receiving state is also part of the commission).

With the support of Representative David Bentz, Senator Stephanie Hansen, the Office of the Lt. Governor, Delaware Psychological Association, Board of Examiners of Psychologists, Nemours, the Medical Society of Delaware, Mid-Atlantic Behavioral Health, NAMI, and many other community partners and stakeholders, this bill passed the house and senate, and was signed by Governor John Carney June 27, 2019.

Thank you to all of our members who supported this bill, called your representatives, and who are helping to break down barriers to treatment!

Director of the Division of Professional Regulation for Delaware, David Mangler, and Dr. Meghan Lines, psychologist and member of the Board of Examiners for Delaware, attended the first commission meeting for PSYPACT, July 22-23, and were part of creating bylaws for the process.

We are looking forward to continuing to work with the membership of DPA and the general assembly to continue to move beneficial mental health legislation forward in the state of Delaware.

Florida

The Florida Psychological Association (FPA) has been active in moving diversity initiatives forward. In recent months, our Diversity Committee has updated its name to be The Diversity and Cultural Competence Committee, comprised of 10 members all representative of our State Chapters. The Committee is devoted to attend to recruitment and retention of members representative of diverse backgrounds and to encourage cultural competence training at local and state levels. In addition to this, two new policies have been set in place in Florida that highlight the FPA’s commitment to cultural competence and attention to diversity issues: 1) The Chair of the Diversity and Cultural Competence Committee has been appointed as member of the FPA Continuing Education Committee in order to ensure that CEs are inclusive of research and clinical implications for working with diverse populations and 2) The FPA now has a Diversity Mission Statement which was voted on and is now considered to be FPA Policy, and is posted on our website.

Georgia

On May 19, 2019, the annual Diversity Brunch was held at the home of Jennifer F. Kelly. Rosie Davis, APA President, was the guest of honor and spoke to the group about her Deep Poverty Initiative. Approximately 50 people attended – including many students and ECPs.

GPA has named three representatives to the Deep Poverty Initiative – Amy Luna, of Statesboro; Phyllis Cazaras, of Tifton; and Jennifer Dean, of Atlanta. These three colleagues have agreed to prepare updates for the GPA enewsletter to promote knowledge and commitment among GPA members.

Iowa

The Diversity and Social Justice Committee (DSJ) of the Iowa Psychological Association (IPA) promotes the integration of awareness and advocacy for diversity and social justice through all aspects of IPA. We view ourselves as agents of social change, and our aim is to increase cultural competency on multiple ecological levels within the field of psychology, with an emphasis on Iowa. This year we started a new initiative in which we asked members to submit Diversity Profiles. These profiles are meant to be informal ways to get to know each other by sharing experiences related to our identities. Each month a member of IPA submits their Diversity Profile to the listserv. We also offer two trainings each year where participants can earn CEUs. We are in the process of planning a Cultural Competency Retreat for IPA members. We hope to get Melba Vasquez, PhD as our

SPTA Updates

Continued on page 8
The 2019 APA Convention was the occasion of many Division 31 activities and educational sessions, as well as awards, meetings and social opportunities. Pictured in photos are: (top left) Division 31 members enjoyed a casual evening together; (top right) Jennifer Kelly makes a “campaign appearance”; (above center) the Division 31 board of directors conducted one of its meetings throughout the year; (at right) Kristi Phillips (right) celebrates as Katherine M. Slaina, Ph.D., M.S.S, receives the 2019 Excellence in Rural Psychology Award; (below left) Lindsey Buckman, Psy.D. (below left) and Bruce Bobbitt, Ph.D. (below center) received Outstanding Psychologist Awards from Bruce Nystrom, Ph.D.; and (bottom right) Division 31 members renewed old friendships and made new ones during the social hour.
SPTA Updates
Continued from page 6
main speaker. We also do a lot of community engagement by supporting community events. This year we had a presence at the Iowa City Pride Parade and Juneteenth Day Celebrations. The committee also attended a community forum at the African American Museum entitled: “Not Without Me! - Interfacing with the Education Process”. We hosted a viewing and discussion of When They See Us, a true crime-based mini-series about the Central Park 5. IPA puts out a quarterly newsletter called The Iowa Psychologist. Members of the DSJ committee take turns contributing pieces for the newsletter. Lastly, the DSJ committee is actively working with our Executive Counsel to create a Diversity Liaison position. This person will have a seat on the board of the Executive Counsel, and will potentially have voting rights.

Missouri
MOPA’s Diversity Committee is a standing committee in MOPA and one of its most active. It has been a prototype for other committees within our organization. Leadership by immediate past chairperson, Dr. Christi Moore was transitioned to former MOPA President Dr. Keisha Ross per the Diversity Committee’s succession plan in June 2019. Mingle with MOPA social events were initiated by the Diversity Committee and are now held in three major cities in Missouri. As a result of enthusiasm generated through this diversity-informed event and our successful Mingle with MOPA social hours, new members have been added to the committee. The committee is diversifying. It now has a member with a specialty in LGBTQ issues as well as members promoting diversity initiatives in various mental health settings. Originally based in St. Louis, the Diversity Committee membership is expanding throughout Missouri. A diversity officer position with voting rights has been added to our Board of Directors. The current officer is Dr. Jameca Falconer. Recently the committee hosted a documentary Movie Night with a moderated discussion afterwards. For an upcoming fall event there will be another movie event co-sponsored with a local university on the immigration issue. This will be MOPA’s first time in co-sponsoring an event with a university. Our future/long-term goals will include focusing on continued expansion of the diversity committee throughout the state, continuing to offer educational events, and the encouraging of mandated cultural competency training as part of state licensure.

Nevada
NPA’s Diversity and Inclusion Committee has focused on three areas of progress this year: community involvement, education for members, and integration of diversity topics in the NPA strategic plan. The growing committee has offered monthly educational resources highlighting a number of effective strategies when working with diverse populations. The committee plans to participate in an area Pride celebration in order to increase community visibility. Lastly, the committee is working closely with the NPA executive board to foster more consistent utilization of diversity and inclusion practices, not as a response to incidents, but rather in an active manner that acknowledges the need for multicultural competencies to be woven into the way we practice.

New Hampshire
New Hampshire is officially the 13th state to allow for a non-binary identification option on state ID. The Governor will soon be faced with HB446, HB608, and SB263, which respectively deal with birth record amendments, non-discrimination extensions and student non-discrimination. We also held our 3rd Annual Trans Equality Rally on July 27th and it was a huge success!

New Jersey
NJPA is part of the Inter-Mental Health and Psychological Associations Coalition (IMPAC). The goal for IMPAC is for the New Jersey Chapter Association of Black Psychologists (NJABPsi), the Latino Mental Health Association of New Jersey (formerly the Latino Psychological Association of New Jersey), LMHANJ, and NJPA to join together as equal partners to contribute their unique educational acumen, expertise, experience, and perspectives to obtain synergy as a resource to promote equality in mental health care and to zealously advocate for the mental health needs for the diverse population of the state of New Jersey. This will be accomplished by our respective organizations working together to develop initiatives to educate the public, as well as healthcare providers through training, professional presentations and mobilizing resources as needed to provide counseling and psychological services under emergent

SPTA Updates
Continued on page 9
SPTA Updates
Continued from page 8
circumstances. On April 12, 2019 IMPAC held, and NJPA sponsored, a continuing education programs Shine a Light on Multicultural Men-
tal Health Awareness in New Jersey and Using a Critical Cultural Lens to Understand Barriers to Access and Utilization of Psychological Services among African American and Latinx Groups: Racial Trauma, Resilience and the Decolonization of Psychological Practice. We are currently planning our next pro-
gram for March 2020.

Kelly Statement
Continued from page 1
logical science and education. We must also continue to advocate for access to quality, evidence-based health, and behavioral care for ALL, and ensure that psychologists are adequately compensated for the services we provide, that we are so well trained to do. If we successfully grow and nurture our advocacy network, we can make a real difference in the world by understanding and intervening in the social issues that affect our society, such as homelessness, the opioid epidemic, and the stigma surrounding mental illness.

For psychology to thrive and grow as One APA, we must stay grounded in the spirit and ethos of inclusivity. It is essential if we are to play critical roles in solving the concerns facing society. We must incorporate the diverse perspectives of all psychologists, from students to our experienced colleagues; partner with our colleagues to promote and honor the international perspectives within psychology, which is key to our more global society; and integrate applied and applied practice psychologists for what they bring to our profession.

It is important to have an understanding of the challenges, strengths, and opportunities for the SPTAs, and understand their role in legislative advocacy. I have been involved in leadership in my home SPTA, Georgia Psychological Association, since 1991. I continue to be an advocate for the SPTA issues.

I have chosen two presidential initiatives:
(1) Expand and advocate for the inclusion of psychological research, education/training and services in Integrated Care. APA has contributed significantly to the establishment of integrated care models, but I believe we can do a better job in coordinating the work that we do, and I would like to facilitate this.

(2) Enhance and ensure services, education/training, and understanding/researching best practices for individuals living with serious and persistent mental illness. This population is among the most marginalized and underserved. I am confident we have much to offer in working with this population, and that all of psychology can make a difference in the recovery process. A new model of care is past due, and I would partner with the Task Force on Serious Mental Illness and Severe Emotional Disturbance to advance this agenda. Health disparities affect these two important arenas. With both initiatives there is much work to be done to have desired impact, and I would welcome collaboration with APA members.

For psychology to have a significant impact and achieve the goals of our strategic plan, we must have a united organization. This year has been a transformative year through APA’s adoption of the integrated advocacy model. This is significant as it means that we are breaking down silos and working in a united manner, which is critical to understanding and effectively addressing issues facing our profession and society.

We need leadership to help meet the needs of our changing profession and world. We need leadership that embraces integrated advocacy and empowers grassroots advocacy, is ready to implement APA’s new strategic plan, and is deeply committed to advancing our position as leaders in health care. I can provide that leadership. I have the knowledge, extensive experience, and ability to unite diverse perspectives inside and outside of psychology. I understand the nuances and have the drive and passion to help move the association forward. I am asking for your vote and your partnership in these efforts.

Responses to questions presented by the leadership of Division 31:
• What do you perceive as being the issues of greatest concern to SPTAs, as organizations?

Kelly Statement
Continued on page 10
Kelly Statement
Continued from page 9

One of the primary issues relates to keeping the organization financially viable, meaning keeping the doors open. The amount of revenue needed to maintain an office and staff can be challenging. Most of the revenue generated to maintain the organization is from membership dues. There can be some income generated from the annual meeting or the continuing education courses, but most of it is from membership dues. Many SPTAs have opted to have management companies manage the association, but that places much burden on the volunteer officers to meet the needs that one expects from psychological associations. At the same time that there are financial challenges, there is the need to keep the organization relevant, meeting the needs of the members. There is a need to attract the early career psychologists, our future. This is especially important as we are an aging association.

It is important to remain focused on legislative issues. This is critically important because legislation that impacts on members nationally are often initiated on the local level. The small/very small SPTAs are especially vulnerable to this so it will be important to make sure they have a robust legislative agenda.

• What do you perceive as being issues of greatest concern to members of SPTAs?

The primary issue to many members of the SPTAs is reimbursement, how to bill for services and be adequately and appropriately compensated for the services they provide. Most of the members are in independent practice and they turn to their psychological association to address the areas.

Members want to see more social justice involvement from their SPTA. In the past there has been more focus on SPTAs being guild organizations, focusing on reimbursement issues and making sure that psychologists are financially viable, for example. Now there is the need to balance that with making sure that we have social justice involvement.

Members also have concern that they may not be getting enough for what they are paying for. They want to make sure that the organization is meeting their individual needs.

• If elected to the APA Presidency, what would you do to address these issues?

One of the most effective ways that APA can address SPTA issues is connecting with the Practice Directorate, in which there is a state advocacy office and an effective government relations team (part of the C6—APA Services Inc). The Leadership Conference is important in addressing SPTA concerns as well. There has been much evolution of this, from the State Leadership Conference, to the Practice Leadership Conference, and to the Leadership Conference. Although it is not yet clear how all of this will play out with the new structure, it will be critically important to make sure that practice does not lose its focus. During the past leadership conferences, there was much support for the SPTAs, the officers, Executive Directors, Early Career Psychologists, and Diversity Delegates. The leadership conference has done a good job in the past in infusing social justice into the congressional messaging, and hopefully the SPTAs will take that back to their own organization. We want to make sure that this is something that will continue.

It is known that 50% of the members of APA do not belong to their SPTA or to divisions. There needs to be a way in which the SPTAs can attract these other members, through a nationwide membership campaign targeting this other 50 percent members.

I am providing a summary of my leadership service. For more information please visit my website at: www.JFKforAPA.com.

Thank you for your kind support.

Jennifer F. Kelly:
Science, Practice, Education, and Public Interest all United to Benefit Society and Improve People’s Lives.

Endorsements
• Div. 31: State, Provincial & Territorial Affairs
• Div. 2: The Society for the Teaching of Psychology
• Div. 17: Society of Counseling Psychology
• Div. 19: Society for Military Psychology
• Div. 29: Society for the Advancement of Psychotherapy
• Div. 38: Society for Health Psychology
• Div. 40: Society for Clinical Neuropsychology
• Div. 42: Psychologists in

Kelly Statement
Continued on page 11
Kelly Statement
Continued from page 10

Independent Practice

- Div. 44: Society for the Psychology of Sexual Orientation and Gender Diversity
- Div. 45: The Society for the Psychological Study of Culture, Ethnicity, and Race
- Div. 51: Society for the Psychological Study of Men and Masculinities
- Div. 55: American Society for the Advancement of Pharmacotherapy
- APA Women’s Caucus
- APA Public Interest Caucus
- Georgia Psychological Association
- Massachusetts Psychological Association

APA Governance

- Recording Secretary and Member-at-Large of APA Board of Directors (2010-2018)
- Liaison to the Board for the Advancement of Psychology in the Public Interest and its committees (2013-2018)
- Representative to the Alliance of National Psychological Associations for Racial and Ethnic Equity (2013-2018)
- Liaison to the Ethics Committee (2013-2018)
- Council of Representatives (2004-2009)

APA Leadership

- Co-Chair of APA Advocacy Coordinating Committee (Current)
- Committee for the Advancement of Professional Practice (2008-2009)
- Board of Professional Affairs / Past Chair (2005-2007)
- Founder / Organizer: Diversity Leadership Development Workshop (2009-Current)
- Executive Advisory Committee: Leadership Institute for Women in Psychology (2011-Current)
- Association for the Advancement of Psychology (APA PAC) - Chair of Board of Trustees (2008-2010)
- Division 31 Board of Directors (2008-2010); President (2009)
- Division 29 Board of Directors (2007-2009)

APA Task Forces

- Co-Chair of APA Expanded Advocacy Model (2018)
- Task Force to revamp Convention (2010)
- Future of Psychology Practice (2008-2009)
- Education and Training leading to licensure in Psychology (2005)

SPTA Experience

(Georgia Psychological Association)
- President (1999-2000)
- Secretary (1997-1999)
- Federal Advocacy Coordinator (2000-Current)
- Treasurer of the Political Action Committee (2000-Current)
- Past Chair-Ethnic Minority Affairs Committee (1992-1997)
- Past Chair-Membership Committee (1991-1992)

Awards and Recognitions

- APF Timothy B. Jeffrey Memorial Award for Outstanding Contributions to Clinical Health Psychology (2012)
- APA Practice Organization State Leadership Award (2011)
- State Leadership Diversity Delegates Diversity Award (2011)
- Association for Women in Psychology Publication Award (2011)
- Georgia Psychological Association Community Service Award (2007)
- Division 31 Outstanding Psychologist Award (2006)
- APA Karl F. Heiser Advocacy Award (2000)
- Georgia Psychological Association Legislative Advocacy Award (2000)

Community/Professional Involvement

- American Board of Professional Psychology (ABPP) Foundation Board of Directors
- Board of Directors Leadership Atlanta (2003 Graduate)
- Past Chair, Health Day
- CHRIS Kids - Board Member (2005-2013)
- Project Interconnections - Board Member (Secretary) (1996-2012)
- Atlanta Metro Lions Club (1993-Present)
- Diversity Leadership Academy of Atlanta (2003 Graduate)
- Zeta Phi Beta Sorority JFK4APA.com

low vision accessible website
We seek to motivate early career psychologists through Division mentorship.

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