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Provincial & Territorial
Psychological Association Affairs*

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Focus on 31

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Mentoring Leadership



**By Paul
Korte, PhD
Division 31
President**

Who are your mentors? What characteristics inspired you? You may identify a psychologist who was particularly influential on your career, but maybe you can also identify mentors from other areas and times of your life. Perhaps it is a teacher, scout leader, or family member. What are you doing to emulate those same characteristics and mentor leaders from amongst your colleagues, students, or other members of your community?

My parents have always been community leaders. From my earliest memories, they attended community events, volunteered for service in our Church, school, and county fair board. To a kid, they were just regular, embarrassing, boring parents, however as I got older, others started telling me the reasons they saw my parents as leaders and mentors. It is a strange experience of viewing one's parents through the lens of others, but I distinctly remember

the realization that my own parents were leaders and mentors in our community. My parents were not professional leaders, they did not have any formal training, but what others' saw was their genuineness and willingness to serve. I've had lots of mentors throughout my life. When I ask myself the above question, "what characteristics inspire me?" It isn't their capacity and knowledge in leadership skills, it's their genuineness and willingness to serve.

Being on the receiving end of mentorship where genuineness and servant leadership was a core value, I think of this often as I work with students and early career psychologists. As much as I may enjoy professional engagement with APA, Divisions, and my SPTA, I need to encourage others to step forward and contribute to our organizations.

As we are nearing the end of the calendar year, it is a good time to think about what we can do to give back to our professional community in the coming year and mentor others to do the same. Although I plan to encourage others to take on leadership roles within

Mentoring Leadership

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"In the Jungle, the Mighty Jungle"



**By Pat
De Leon,
PhD,
former APA
President**

The Importance Of Honoring The Past: Long time Senate colleague Marie Blanco has worked tirelessly to highlight the contributions of the Filipino Veterans of World War II to our nation. Under the leadership of MG (Ret) Antonio Taguba, U.S. Army, the Filipino Veterans Recognition and Education Project (FilVetRep) recently released its 2023 Duty to Country Education Project. This effort is the fulfillment of a promise to the Filipino Veterans of WWII to tell their story of loyalty, patriotic duty, and solemn oath to serve under One Flag – that of the United States. The comprehensive online exhibition includes 25 hours of oral history interviews and a 20-minute film capturing the full history of FilVetRep. A graphic novel, *In the Shadows of Giants*, is scheduled to be completed in the Fall. All components of the educational program are fully accessible online [www.dutytocountry.org]. What, in my judgment, is an incredible accomplishment was funded in part by the U.S. Department of Education and brings to life the story of the U.S.-Philippine relations that dates to 1892 – of the untold and hidden history of colonial imperialism, path to Philippine independence, World

War II in the Philippines, and the devastating impact on the lives of the Veterans and families caused by the Recession Act of 1946 -- a law that still exists for over 75 years. These are important stories that, unfortunately, undoubtedly remain unknown to many, if not most, Americans.

Clinical Supervision, An Evolving Policy Agenda: With the increasing impact of technology upon our daily lives and clinical practices, the importance of establishing licensure mobility and ready access to telehealth capabilities nationwide, and even internationally, is critical. Alex Siegel, Director of Professional Affairs for the Association of State and Provincial Psychology Boards, reports that as of the opening day of our 2023 APA annual convention there are 40 jurisdictions, out of a total of 55 states and territories, which have enacted the Psychological Interjurisdictional Compact (PSYPACT) legislation. Vermont passed PSYPACT on June 1, 2023 and will become effective July 1, 2024. There are currently active legislation in Massachusetts and New York.

The PSYPACT Commission recently issued a Proposed Rule change which is out for public comment until October 3, 2023 [<https://psypact.org/page/PublicComment>]. Under Authorization Validity: "Authorization to Practice Interjurisdictional Telepsychology (APIT) that is issued by the PSYPACT Commission only applies to that specific authorization holder. Authorization does not extend to supervisors, supervisees

or any other individual."

Under this proposal, those being supervised by a psychologist who possesses the PSYPACT credential would not be able to use that credential to provide service based on their supervisor's license and PSYPACT credential. It would limit the use of PSYPACT to the credential holder and not allow the supervisee to practice interjurisdictionally, a practice which had been demonstrated to be highly cost-effective and convenient during COVID-19. One must ask if this proposal is really in the best interest of patients and our profession?

Those Waves Just Keep

Rolling In: Long time colleague from her APA Education Directorate days, Jo Linder-Crow recently retired as CEO of the California Psychological Association. "Reflections: I remember when I thought that five years in one job seemed long, and then I thought that ten years seemed like forever. That's why it seems surreal that I have just finished my tenure at the California Psychological Association after 18½ years! What a remarkable experience! I worked with 19 CPA Presidents, numerous Board members, many committee chairs and volunteers, psychologists throughout the country, and an amazing staff. As I have received so many wonderful and heart-warming messages from so many colleagues I am reminded once again that in the work we do it really all comes down to people in the end. The people I have met and learned from, done good work with, and had great fun with too! I

In the Jungle, the Mighty Jungle

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APA's Council of Representatives August Meeting Update



Chuck Hollister, PhD
APA Council Representative

Update on APA's Council of Representatives. Council addressed a wide variety of issues during its recent August meeting. Issues addressed included:

- Support for the need for safe work environments for adolescents
- Reaffirmed the importance of EDI in college admissions. The resolution called for measures including "adversity scales" where colleges consider the adversity a student has overcome when selecting among qualified applicants, similar to the "socioeconomic disadvantage index" developed by the University of California, Davis, medical school. The resolution also called for elimination of preferences for the wealthy.
- The adoption of a policy opposing the use of mental health screening questions on character and fitness exams for licensure to practice law.
- The acceptance of a report of the Board of Educational Affairs Racial Disparities Task Force, with a plan for a future addition of a foreword outlining the context and limitations of the report.
- The acceptance of a report of the Board of Scientific

Affairs Report on Tenure and Promotion for Faculty of Color. This report details systemic barriers and inequities that affect the evaluation of faculty of color under review for promotion and tenure in psychology programs.

- Adopted guidelines and recommendations for psychologists engaged in operational support activities within the areas of national security, national defense and public safety.
- Several association rules were adjusted or changed. The most significant was the forwarding a proposed bylaw change that would require the Policy and Planning Board to formally consult and discuss with Council before proposing any amendments to full membership for a vote.

Council received the report of the Council Effectiveness Implementation Oversight Task Force (CEIO-TF). This report reflects a culmination of years of effort completed by the Council Effectiveness Work Groups, subsequent Virtual Caucuses, and the CEIO-TF. Council solidified the primary recommendations of the report through formal motions as follows:

- CLT Role & Function - Council formally requested that Association Rule changes be brought back to its February 2024 meeting so that Council can consider whether to remove the requirement that the Council Leadership Team provide a recommendation on

action items coming forward to Council for consideration. The proposed rule changes will need to address legal concerns raised in previous iterations of this item.

- NBI Diversity Impact Statements - Council authorized CLT to form a work group to group to develop guidance, including an educational tool and/or a rubric, to assist Council members with drafting the Diversity Impact Statement component of Council New Business Items (NBIs). This group will provide recommendations prior to our next meeting. Another group will be convened to review diversity impact statements both historically and moving forward using the rubric.
- Policy Forums - Council supported the creation of policy forums by CLT to cover topics suggested by Council members through a process facilitated by the APA President and Council Leadership Chair.
- Ongoing Improvement to Council Effectiveness - Council Leadership Team (CLT) is tasked with ongoing oversight of implementation of the work done by the Council Effectiveness Work Group. CLT will continue to provide updates to Council on implementation and is required to bring items still in need of formal action, modification, or discontinuation back to Council.

Div. 31 Hosting Multiple Exciting Programs at APA 2023!



At left, Div. 31 President Dr. Paul Korte presented the Outstanding EDI Leader Award to Dr. Amy Beck of the Missouri Psychological Association. Above, she is joined at the presentation reception by Dr. Mayra Zoe-Ortiz and others.



Above, Virginia's Dr. Edward Tiller received the Outstanding Psychologist Award from Dr. Paul Korte. At upper right, Oklahoma's Dr. Douglas Knutson (left) and Kentucky's Dr. Leigh Ann Ford (right) received the Excellence in Rural Psychology Award from APA's Javier Aquino. At the right, Dr. Derek Phillips of Illinois received the Outstanding State ECP Leader Award from Dr. Paul Korte.



ECPs in Full Force at APA 2023



**Ryan E. Flinn, Ph.D.,
Div. 31 ECP
and Student
Committee
Co-chair**

standing room only. I feel confident that I can speak for my colleagues on CECP when I state how grateful we all were for everyone's tremendous support in publicizing and attending our offerings.

Please stay tuned for other ECP-focused offerings in the months to come. As always, I am happy to connect around any ECP-focused concerns or initiatives. I can be reached at: ryanelliottflinn@gmail.com.

It has hard to believe it has been a month since APA 2023! The Committee on Early Career Psychologists had a blast supporting the presentation of a convention travel grant, co-sponsored by the National Register of Health Service Psychologists, to 15 ECPs – all of whom identify as belonging to one or more cultural or social groups which are underrepresented in psychology. We also hosted several successful events, including “What I Wish I Learned During Grad School,” a discussion-based event which was

CECP Chair Jacks Cheng, PhD, EdM of New York (left) and ECP and Student Committee Co-chair Ryan Flinn, PhD of North Dakota enjoyed a social evening at APA 2023!



Mentoring Leadership

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our Division, I also challenge myself to think about my work environment and local community and how I can encourage others to take

on leadership roles closer to home.

Be a mentor to someone else. Be genuine. Be of service to others. Consider how you can mentor others, not just within psychology,

but in your community. I hope you will think about how you may be a mentor in the next year and how you can emulate the characteristics you admire in your own mentors.

Interdivisional Healthcare Committee Reports on Expanded Opportunities for Psychologists



Elena Eisman, EdD, ABPP, Past President Div 31

The Interdivisional Healthcare Committee (IHC) held its summer meeting at the recent APA Convention. IHC is a coalition of APA divisions which have health as part of their mission. It has been meeting for over 20 years and has made significant impact on health such as being the group to originally vision the health and behavior codes. Division 31 joined this group two years ago with the rationale that much of healthcare policy is determined at the state level. IHC meets twice yearly in January and at the APA Convention. We have two representatives, myself and Dr Paul Korte. One of the founders of the IHC and its chair for almost two decades, Dr. Rob Glueckauf, PhD announced his desire to step down and Ravi Prasad, PhD was named the new Chair with the addition of a Co-Chair, Dan Bruns, PhD.

The meeting reported on several new future opportunities for expanding psychological practice and using psychological research. One issue which has been in process for many years relates to a collaboration between Dan Bruns, PhD, (recent Heiser Award recipient for his advocacy work in Colorado) and Katherine Mueller, MD representing the disability medicine association, to imple-

ment a structure for physicians to use functional not just biological measures to determine disability for benefits decisions. A model was developed to take into consideration a person's lived experience with their disability and changing the paradigm to consider function in this context. This is an inter-professional collaboration to impact the AMA Guides on Impairment.

Erin Swedish, PhD, Director of Health Integration reported that APA is developing a Integrated Specialty Care Advisory Group in The Office of Health & Healthcare Financing. This group will serve an advisory role like that of the Integrated Primary Care Advisory Group. APA has accepted nominations from relevant Divisions with Dr. Kathleen Ashton serving as Division 31's nominee.

Paul Korte, PhD reported on the Division 31 Rural Health Initiative, his Presidential initiative. He reported on planning for virtual Rural Health Summit.

The APA pain management curriculum and video training has received a small (only 8) responses from the SPTAs to present this video training. States can still reach out to use these free videos to supplement their CE programs and profit from all of the fees collected from participants. I would strongly encourage SPTAs to make use of this opportunity. Understanding issues of pain and pain management was not taught in most graduate psychology programs yet is one of the most ubiquitous issues in patient treatment. Since SPTAs

have under-used this opportunity, there are plans to share with divisions and training programs who has requested to share in this opportunity. I encourage our SPTA members not to lose out on this opportunity.

An Opioid Response Network presents opportunities for collaboration with psychology. Based on 100k deaths last year, a SAM-HSA grant created it. One goal is to train professionals to deal with opioids and to list resources and consultants in states. Originally overdose issues focused solely on substance abuse. Addictionologists were the primary focus but through psychological input, SAM-HSA recognized that it was a pain problem at core. With an addiction mindset, some hospital systems wanted to totally ban opioids despite important uses for pain management. Adding the focus on pain management allows patient pain to be addressed responsibly. On Sept 29 there will be a summit about opioid use. Dan Bruns will be the first speaker. They may use the APA curriculum. There would be a need to identify experts in every state on pain. Again, it is an opportunity for psychologists to train for both the addiction and the pain paradigm. There is also room for specialties to create training on their approach to pain, further broadening psychology's expertise in areas such as pediatric pain, issues of pain in aging populations, pain in rehabilitation, etc.

Opportunities for Psychologists

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2023 Karl F. Heiser APA Presidential Awards Given



Tom Demaio, PhD
Heiser Award
Committee
Chair



Daniel C. Rogers, PhD
Nominated by the
Georgia Psychological Association



Casey Ward, PhD
Nominated by the
Washington State Psychological
Association

The 2023 Heiser Awards were presented during APA 2023. Each photo shows, from left, Dr. Tom Demaio, Dr. Thema Bryant, the recipient and Dr. Elena Eisman.



Daniel Bruns, PhD
Nominated by the
Society for Health Psychology



Margaret C. Charmoli, PhD
Nominated by the
Minnesota Psychological
Association



Kimberly R. Skerven, PhD
Nominated by the
Wisconsin Psychological
Association

Not pictured
Mark Bradford, PhD
Nominated by the
Missouri Psychological Association

Are You the Next Fellow of Division 31?



**Donald
McAleer, PsyD,
ABPP
Fellowship
Committee
Chair**

- leadership in organized psychology;
- publication or dissemination of information;
- and national policy development or political action?

You can find the Division 31 specific criteria at:

<http://www.apadivisions.org/division-31/membership/fellows/index.aspx>

The Online Fellows Application Portal will be open SOON at:

<http://www.apa.org/members/your-membership/fellows/apply.aspx>

The application process for Fellow status is described at the link above and the entire process is completed online.

The APA Fellows page linked above has a number of resources for Fellow applicants and endorsers including a sample letter that can be used by endorsers and a model of the type of information the APA Fellows Committee looks for when evaluating Fellow applications.

There are also helpful instructions for applicants and an outline of the process.

WE are EXCITED to consider your application!

The Division deadline for completing the application for this cycle is November 15th 2023.

Please contact the Division Fellows Chair, Donald McAleer Psy.D., ABPP (DONPSYD@AOL.COM) with any questions.

So what does it take to be a Fellow of 31?

- 1) **Are you** a member of **APA** and your State, Provincial or Territorial Psychological Association (SPTPA)?
- 2) **Are you** a member of **Division 31**?
- 3) **Do you** believe that you have made unusual and outstanding contributions in one or more of the following areas:
 - development of exemplary programs;

Call for Division 31 Award Nominations!

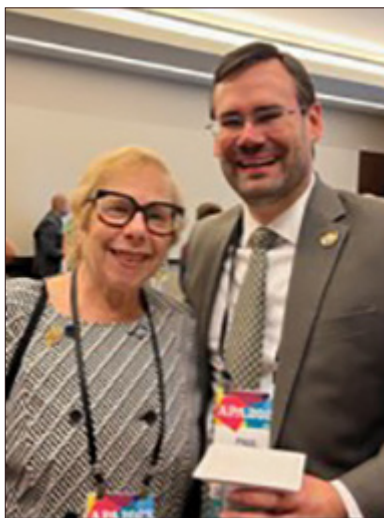
Nominations are invited for Division 31 Annual Awards to be given at the 2024 Practice and State Leadership Conference, February 8-10.

Please visit website for award descriptions at
<http://www.apadivisions.org/division-31/awards/index.aspx>

- Committee on Early Career Psychologists (CEPC) Initiative Award
- State, Provincial and Territorial Psychological Association Diversity Award
- Outstanding Achievement by a Psychological Association Staff Member
- Outstanding State, Provincial, or Territorial Psychological Association Award

Nominations and supporting materials should be sent to the Division 31 Awards Chair: Elena Eisman, EdD ABPP elena.eisman@gmail.com by October 13, 2023.

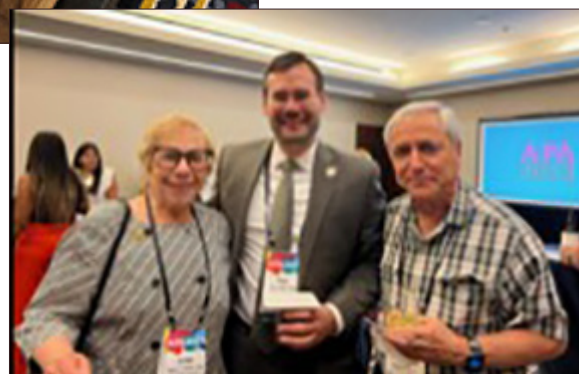
Division 31 Takes APA 2023 by Storm



Old friends and new gathered through APA 2023 for Division 31 sessions, award presentations, food and fun, all under the guidance of Division 31 President Paul Korte, PhD.



Division 31 Takes APA 2023 by Storm



Opportunities for Psychologists

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Dr Gillaspy reported on the success for psychology in impacting the Physician fee schedule proposed rule. Last year psychologists represented 50% of the responses CMS received which focused more of their attention on our issues. APA got our action center up and running quickly which made the difference as did the strong response from SPTAs.

It is key for all of us to respond when these requests are made. This year proposed rule was focused on mental health. We see

proposed 19% increase for work values for psychotherapy codes over 4 years. We are asking for increases for the other codes. Reimbursement for telehealth at the same level was used in requests. A new code for crisis intervention when in the field was proposed at a higher rate. There is a new code for social determinants of health and health assessment and community health workers but the index visit has to be a E and M code (restricted currently to physicians.) Other issues APA is following; CMS is looking at creating policy for digital CBT codes, and conundrum that

CMS increases are based on work values and practice expense, but low practice expense hurts psychologists compared to specialty medical providers.

Native American child health collaboration with APA was discussed. Pediatric psychologists will do site visits for pediatrics to include a focus on behavioral health with this population.

Finally, a potential issue of bias at internship sites favoring Clinical over Counselling applicants. APPIC will be researching this question.

All of the above represent increased opportunities for psychological practice and research.

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The APA Apportionment Ballot
is coming soon!

We ask that you allocate
ALL 10
of your votes to Division 31.

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