

## Membership Application Society for Humanistic Psychology\*

\* Membership in APA is not required to join the Society for Humanistic Psychology

*Please print clearly or type:*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_

Work Phone \_\_\_\_\_

Cell Phone \_\_\_\_\_

Email \_\_\_\_\_

Highest Degree      PhD/PsyD \_\_\_\_\_ MS/MA  
                                    \_\_\_\_\_ BS/BA      \_\_\_\_\_ Other

Date awarded \_\_\_\_\_

Field \_\_\_\_\_

Institution \_\_\_\_\_

**Status** \_\_\_\_\_ Member/Associate/Fellow      Affiliate  
                                    \_\_\_\_\_ Student Affiliate      \_\_\_\_\_ None

APA Member Number \_\_\_\_\_

Year joined APA \_\_\_\_\_

*If currently a student, please indicate:*

Institution \_\_\_\_\_

Program \_\_\_\_\_

### *Dues Rates*

Member, Fellow, Associate, and Affiliate—**\$48**  
(Members of APA, AHP, ADPCA, and WAPCEPC are eligible for a 20% First-Year Introductory Membership Discount—**\$40**)

I certify that I am a member of \_\_\_\_\_APA\_\_\_\_\_AHP  
                                    \_\_\_\_\_ADPCA\_\_\_\_\_WAPCEPC

International Affiliate (Online Journal Only) -- **\$15**

Student Affiliate (Online Journal Only) -- .....**\$15**  
(Online and Hard Copy) -- ...**\$25**

\*\*Please contact us for special deals for new members! \*\*

### Find Us Online:

On Facebook:

Society for Humanistic Psychology:  
<http://www.facebook.com/groups/108667668615/>

Students of Humanistic Psychology:  
<http://www.facebook.com/groups/171704769557353/>

Website:  
<http://www.apadivisions.org/division-32/index.aspx>

### **If paying by credit card:**

Please sign in online to: <https://join.apa.org/divisions/> and put in your information for joining a division. You will have to create an APA account but do not have to join APA to be a member.

You may also call division membership services to utilize a credit card. They are open from 9am – 5pm Eastern time: (202) 336-6013.

### **If paying by check:**

Please enclose a check payable to "Division 32" and mail with completed application to:

**Division 32 Administrative Office**  
**American Psychological Association**  
**750 First Street, NE**  
**Washington, DC 20002-4242**

AMERICAN  
PSYCHOLOGICAL  
ASSOCIATION  
750 First Street, NE  
Washington, DC 20002

# Society for Humanistic Psychology

*Founded in 1971*



*Society for*  
**HUMANISTIC  
PSYCHOLOGY**

*Humanistic psychologists are oriented toward promoting the psychological development and growth of individuals, families, and communities through the support of their own creative and self-initiated efforts. Psychological development includes the development of greater capacities for self-understanding, understanding of others, and understanding of relationships; clarification and development of values and life goals; development of a greater capacity for deep experiencing; the strengthening of relational bonds; the promotion of an environment of mutual care and empathy; development of a greater sense of personal freedom and choice while respecting rights and needs of others as well as the limits imposed by reality; and the strengthening of individual, relational and group agency – From the Practice Task Force.*

## There Are Many Reasons To Join—

1. You will receive the division's quarterly journal, the *Humanistic Psychologist* (either online or in print), which is an excellent means of staying on top of new developments in the theory, research, and practice of humanistic psychology and psychotherapy.

2. You may participate in on our LISTSERV, as well as on Facebook, which will afford you the opportunity to converse with Division 32 members about a wide variety of issues.

I have come to think of this humanist trend in psychology as a revolution in the truest, oldest sense of the word; the sense in which Galileo, Darwin, Einstein, Freud and Marx made revolutions, i.e. new ways of perceiving and thinking...  
- Abraham Maslow

3. You will receive the *Division 32 Newsletter*, which will keep you informed about what is going on in the division.

4. You will become acquainted with accomplished psychologists, therapists, and authors who have made major contributions to the field of humanistic psychology and psychotherapy.

5. You will have the opportunity to develop life-long friendships with people who share your interests and values.



6. You will meet people who are teaching in graduate programs to which you might apply, either as a faculty member or as a student.

Can we be sure...that we are seeing the patient as he really is, knowing him in his own reality; or are we seeing merely a projection of our own theories about him?  
—Rollo May

7. You will have the opportunity to bring your talents and interests to contribute to membership and organizational needs. Members are encouraged to become actively involved in a variety of capacities. Senior members of the executive board are willing to take an encouraging and mentoring role in helping you assume positions of meaningful leadership.

8. You will have an opportunity to contribute to the advancement of humanistic psychology and effect change in APA by engaging with division members, members of other divisions, and APA governance.

9. Opportunities for mentorship relations with experienced members are available for graduate students and early career professionals. Some accomplished authors will mentor you through the process of writing for publication.

10. You may join Division 32 without being a member of APA, although APA members receive a 20% discount for the first year.

“[T]he aim of the therapy goes beyond simple symptom removal, or “adjustment,” and into the somewhat transcendental realm of creativity and self-fulfillment.” - Charlotte Buhler

It is the client who knows what hurts, what direction to go, what problems are crucial...It began to occur to me that unless I had a need to demonstrate my own cleverness and learning, I would do better to rely upon the client for the direction of movement in the process. —Carl R. Rogers

## Seminal Contributions of Humanistic Psychology Include—

- \* Development of a holistic and optimistic view of persons as resourceful and capable of choice and self-determination
- \* Recognizing humanistic psychology as a STEM discipline
- \* Development of the concepts of the self and empathy and their therapeutic importance
- \* Emphasis on the importance of meaning and purpose in life
- \* Development of theories of human growth and emancipation, including self-actualization and spirituality
- \* Championing of the rights of underrepresented, disadvantaged and disenfranchised persons



- \* Elucidation of the growth-enhancing aspects of the therapeutic relationship
- \* Advancement of our understanding of the processing of experience and emotion in psychotherapy
- \* Promoting theory, research, applications of humanistic psychology to education
- \* Empirical demonstration of the importance of the therapeutic relationship to constructive client change
- \* Development and promotion of qualitative and mixed research methodologies

For more information, you may contact the membership chair, Trisha Nash, PhD, at [d32membership@gmail.com](mailto:d32membership@gmail.com)

 American Psychological Association