

**ARTS/HUMANISTIC PSYCHOLOGY NEWSLETTER
DECEMBER 2009**

Hello everyone,

Greetings as the days turn golden and crisp...

As I wind down my year as President of the San Francisco Psychological Association, I look forward to dancing more, and getting involved with resurrecting dance therapy in Northern California. I'm working on a book on whole person approaches to trauma, and still looking to bring the expressive therapies into trauma work.

I hope to meet more of you at APA this summer, and that you will introduce yourselves to us.

With best wishes for a warm holiday season,

Ilene

Greetings from me too! Here in Victoria, Australia, we are preparing ourselves for another hot summer.

To Dance is to Live!



I hope you have found our newsletters of interest. Remember we always welcome input from you! I'd like to join Ilene in wishing you all the best for the holidays.

Heather

INTRODUCING JOHN FOX AND POETIC MEDICINE

In our last mailing, we mentioned John Fox of The Institute of Poetic Medicine. John has kindly given permission for us to attach a copy of an article he has written, entitled "Beyond the campfire".

Here is a short bio:

John Fox is a poet and certified poetry therapist. He is adjunct associate professor at the California Institute of Integral Studies in San Francisco, California.

John is author of Poetic Medicine: The Healing Art of Poem-making and numerous essays. His work is featured in the PBS documentary, Healing Words: Poetry and Medicine. He contributed "Healing the Within" to the book, The Healing Environment published by the Royal College of Physicians.

John presents in medical schools and hospitals including Stanford, Harvard, Shands Hospital in Gainesville, Florida, University Hospital in Cleveland, Ohio, Hartford Hospital in Hartford, Connecticut, The Fred Hutchinson Cancer Center in Seattle, Washington and many others places.

He is President of The Institute for Poetic Medicine, a nonprofit founded in 2005. John lives in Mountain View, California. You can find out more about his work at www.poeticmedicine.org

(We really encourage members of this listserve to share something of their work: tell us about what you do or share an article you've written. We would like this newsletter to offer diverse and interesting material.)

EVERY DAY ANGELS PROJECT (contd)

In the last mailing, I mentioned this Australian research project which uses postcards to document the positives happening in aged care. Many of these postcards have now been put on a website and I urge you to look at them. Not only is it a pleasure to read of some of the good things that are happening in aged care, it is also inspiring to see the creative modalities through which these have been expressed. Website: <http://www.everydayangels.org.au/gallery.html>

INTERNATIONAL JOURNAL OF THE CREATIVE ARTS IN INTERDISCIPLINARY PRACTICE (Cheryl McLean, publisher and editor)

(From the website:) *The International Journal of the Creative Arts in Interdisciplinary Practice (IJCAIP) established in March, 2006, is an international and interdisciplinary peer reviewed open access journal. Our mission is to publish, disseminate and make accessible worldwide, quality information, research and knowledge about the creative arts in health and interdisciplinary practice.*

Issue #8 is now online and its theme is "Physicians speak out about Arts and Medicine". <http://ijcaip.com/index.html>

NEW PUBLICATION

Dance Therapy Collections 3

This collection of articles by keynote speakers, Australian and overseas practitioners, developed out of presentations at the third Australian Dance Movement Therapy conference, „Weaving The Threads“, held in Melbourne in 2007. The volume includes 22 articles from Australian and international dance movement therapists and colleagues on a wide range of topics, from dance therapy's origins and directions, research and evaluation in dance movement therapy to therapeutic applications and skill development for therapists. For more details see attached flyer. Purchase online at www.dtaa.org.au Cost \$48 (Australian) plus postage.

(Heather's keynote address – *Speaking in our own voices: Negotiating the space between* – is published in this collection).

JOURNAL ARTICLES

We've attached two chapters written by Ilene:

- Serlin, Ilene (2009) **Brokeback Mountain: A Gay and a Universal Love Story** [Chapter in the book *Existential Psychology East-West*, Louis Hoffman, Mark Yang, Francis J. Kaklauskas, Albert Chan (Eds), University of the Rockies (Pub)]

Serlin, Ilene Ava (2007) **Action Stories** [Chapter in the book *Healing Stories: The Use of Narrative in Counseling and Psychotherapy*, Stanley Krippner, Michael Bova, Leslie Gray (Eds), Puente Publications (Pub)].

If an artist sings deep enough, He takes you to the frontiers of your soul

(Wynton Marsalis – 2009 Nancy Hanks lecture)