

**Freud – The Development of Psychoanalytical Theories I**  
**David L Downing, PsyD**  
[dldowning@uindy.edu](mailto:dldowning@uindy.edu)  
**317.788.6162: University Office Telephone**  
**312.266.1665: Private Practice Telephone, Chicago [Thursday-Sunday]**  
**317.634.6063: Private Practice Telephone, Indianapolis [Monday-Thursday]**  
**Alternate Fridays, 9:30-12:15 PM**  
**Fall Semester, 2006**

**COURSE OUTLINE AND READINGS**

**Course Objectives:**

1. This first in a sequence of four non-sequential psychoanalytical courses focussed specifically on the major writings of the founder of psychoanalysis, Sigmund Freud. This course will examine selected elements of psychoanalytical concepts delineated and described by Freud.
2. The course will articulate and put into the practice the necessity for careful and thoughtful review of textual material in order to appreciate the complexity of psychoanalytical theories that underpin psychotherapeutic processes and seek to elucidate vicissitudes of disturbed mental states. This will of course necessitate attention to intrapsychic as well as cultural, societal, political, economical, and other environmental factors.
3. It should also go without stating that students enrolled in this course will be encouraged to observe and to reflect upon their own intrapsychic state for the purpose of establishing and maintaining empathic contact with others. This necessitates being attuned to metaphorical, symbolical, and derivative aspects of communications, along with the application of course perspectives to students' own experiences. Subjectively, students are encouraged to develop an appreciation for such modes of analysing narrative structures within their own professional practice, as well as the material to be discussed within the course itself.
4. Additional attention will be placed on the application of course content to the clinical work of candidates, such as the development of the capacity to formulate clinical hypotheses about psychopathology in a psychotherapeutic interaction utilising a variety of perspectives discussed across the course. This implies a dialectical process, and more specifically, a form of praxis.

**Course Expectations:**

1. It is anticipated that all reading be completed prior to class to permit a seminar-style dialogue.
2. Students will be evaluated by their performance on the above as follows: (a) In-class participation and attendance; (b) if a letter grade is desired, then a term paper based on the subject mater of the course will be required.

The format for these assignments will be discussed in class.

3. It is the responsibility of students with special needs to bring these to the attention of the Instructor at the beginning of the Term.
4. The Instructor is available between class meetings per the schedule, above. Questions and consultations about the Course are invited.

**Class 1**      *Course introduction. Have you driven a Freud lately? Psychoanalytical beginnings.*

Breuer, J & Freud, S(1893). “I: On the psychical mechanism of hysterical phenomena: A preliminary communication”; “II: Case Histories: (1) Fräulein Anna O; (2) Frau Emmy von N”. In, *Studies on Hysteria*. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 2. London: The Hogarth Press.

**Class 2**      *Class one, continued.*

Breuer, J & Freud, S(1893). “II: Case Histories: (3) Miss Lucy R; (4) Katharina; (5) Fräulein Elisabeth von R”. In, *Studies on Hysteria*. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 2. London: The Hogarth Press.

**Class 3**      *Theoretical elements associated with hysteria; psychotherapy, considered.*

Breuer, J & Freud, S(1893). “III: Theoretical (Breuer)”; “IV: The psychotherapy of hysteria (Freud)”. In, *Studies on Hysteria*. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 2. London: The Hogarth Press.

**Class 4**      *Freud's early psychoanalytical writings, continued.*

Freud, S (1894): “The neuro-psychoses of defence”; “Obsessions and phobias”. In, The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 3. London: The Hogarth Press.

**Class 5**      *Freud's early psychoanalytical writings, continued.*

Freud, S (1895): “On the grounds for detaching a particular syndrome from neurasthenia under the description ‘anxiety neurosis’”; “Further remarks on the neuro-psychoses of defence”. In, The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 3. London: The Hogarth Press.

**Class 6**      *An introduction to the unique emphasis and role of the dream in Freudian thought.*

Freud, S (1900): Ch 7: “The psychology of the dream processes”. In, *The Interpretation of Dreams*. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 4&5. London: The Hogarth Press.

**Class 7**      *An introduction to Freud's researches on sexuality.*

Freud, S (1905): “Three essays on the theory of sexuality”. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 7. London: The Hogarth Press.

**Class 8**      *Freud's researches into sexuality, continued. Review of course; evaluation.*

Freud, S (1909): “Analysis of a phobia in a five-year-old boy”. The Standard Edition of the Complete Psychological Works of Sigmund Freud, Volume 10. London: The Hogarth Press.

**Required Texts:**

Breuer, Josef & Freud, Sigmund (1893). *Studies on Hysteria*.  
Freud, Sigmund (1900). *The Interpretation of Dreams*.  
Freud, Sigmund (1905). *Three essays on the theory of sexuality*.

Other selected books and required readings are available in *The Standard Edition*. These may also be available in various paperback compilations of Freud's writings.

**Recommended Texts:**

Gay, P (1988). *Freud: A Life for Our Time*. New York: WW Norton.  
J La Planche & Pontalis, J-B (1973) *The Language of Psycho-analysis*. New York: WW Norton.  
Moore, BE & Fine, BD (1990). *Psychoanalytic Terms and Concepts*. New Haven: Yale University Press.