

Division of Psychoanalysis (39) of the American Psychological Association
Selected Recommendations for Readings in Psychoanalysis

[This listing is based upon suggestions by members of Division 39 for use by members of the international mental health and psychological communities interested in classical and relevant readings in psychoanalysis and psychoanalytic psychotherapy.]

PUBLISHED BOOKS:

1. Altman, N. (2010). *The analyst in the inner city, 2nd. Ed.: Race, class, and culture through a psychoanalytic lens.* New York: Routledge.
2. Aron, L. (1997). *Meeting of the minds.* Hillsdale, NJ: The Analytic Press.
3. Aron, L. & Starr, K. (2012). *A psychotherapy for the people: Toward a progressive psychoanalysis.* New York: Routledge.
4. Benjamin, J. (1988). *The bonds of love: Psychoanalysis, feminism, and the problem of domination.* New York: Pantheon.
5. Benjamin, J. (1995). *Like subjects, love objects.* New Haven: Yale University Press.
6. Bollas, C. (1989). *The shadow of the object: Psychoanalysis of the unthought known.* New York: Columbia University Press.
7. Boulanger, G. (2007). *Wounded by reality: Understanding and treating adult onset trauma,* New York: Routledge.
8. Bowlby, J. (1983). *Attachment: Attachment and loss.* New York: Basic Books.
9. Bowlby, J. (1976). *Separation: Anxiety and anger.* New York: Basic Books.
10. Bowlby, J. (1982). *Loss: Sadness and depression.* New York: Basic Books.
11. Bromberg, P. (2001). *Standing in the spaces: Essays on clinical process, trauma, and dissociation.* The Analytic Press.
12. Buirski, P. & Kottler, A. (2007). *New Developments in self-psychology practice.* Lanham, MD: Rowman & Littlefield.
13. Buirski, P. & Haglund, P. (2001). *Making sense together: The intersubjective approach to psychotherapy.* Northvale, NJ: Jason Aronson.
14. Buirski, P. *Practicing Intersubjectively.* (2005). Lanham, MD: Rowman & Littlefield.
15. Carveth, D. (2013). *The still small voice: Psychoanalytic reflections on guilt and conscience.* London: Karnac.
16. Casement, P. (1992). *Learning from the patient.* New York: Guilford.
17. Cozolino, L. (2010). *The neuroscience of psychotherapy.* New York, Norton.
18. Eigen, M. (2011). *Contact with the depths.* London: Karnac Books.
19. Eigen, M. (2010). *Eigen in Seoul, volume 1.* London: Karnac Books.
20. Eigen, M. (2011). *Faith and transformation, Eigen in Seoul, volume 2.* London: Karnac.
21. Fonagy, P., Jurist, E., Gergely, G., Target, M. (2005). *Affect regulation, mentalization, and the development of self.* New York: The Other Press.
22. Greenberg, J. and Mitchell, S. (1983). *Object relations in psychoanalytic theory.* Cambridge, MA: Harvard.
23. Hoffman, I. (2001). *Ritual and spontaneity in the psychoanalytic process.* Hillsdale, NJ: The Analytic Press.
24. Hoffman, M. (2011). *Toward mutual recognition: Relational psychoanalysis and Christian narrative.* New York: Routledge.

25. Kohut, H. (1971). *The analysis of the self*. New York: International Universities Press.
26. Kohut, H. (1977). *The restoration of the self*. New York: International Universities Press.
27. Kohut, H. (1984). *How does analysis cure?* Chicago: The University of Chicago Press.
28. Krystal, H. (1988). *Integration & self-healing: Affect, trauma alexithymia*. New York: Routledge.
29. Kuriloff, E. A. (2013). *Contemporary psychoanalysis and the legacy of the Third Reich: history, memory, tradition*. New York: Routledge.
30. Lasky, R. (1993). *Dynamics of development and the therapeutic process*. N.J.: Aronson.
31. Layton, L. (2004). *Who's that girl? Who's that boy? Clinical practice meets postmodern gender theory*. New York: Routledge.
32. Luepnitz, D. A. (2002). *Schopenhauer's porcupines: Intimacy and its dilemmas: Five stories of psychotherapy*. New York: Basic Books.
33. McWilliams, N. (2011). *Psychoanalytic diagnosis, 2nd Ed.: Understanding personality structure in the clinical process*. New York: The Guilford Press.
34. McWilliams, N. (2004). *Psychoanalytic psychotherapy: A practitioner's guide*. New York: The Guilford Press.
35. Maroda, K. (2012). *Psychodynamic techniques: Working with emotion in the therapeutic relationship*. New York: Guilford.
36. Malan, D. H. (2001). *Individual psychotherapy and the science of psychodynamics*. New York: Oxford University Press.
37. Messer, S. B., & Abbass, A. A. (2010). Evidence-based psychodynamic therapy with personality disorders. In J. J. Magnavita (Ed.), *Evidence-based treatment of personality dysfunction: Principles, methods and processes* (pp. 79-111). Washington, DC: American Psychological Association Press.
38. Messer, S. B., & Wolitzky, D. L. (2007). The traditional psychoanalytic approach to case formulation. In T. D. Eells (Ed.), *Handbook of psychotherapy case formulation, 2nd, Ed.* (pp. 67-104). New York: Guilford Press.
39. Messer, S. B., & Wolitzky, D. L. (2010). A psychodynamic perspective on the therapeutic alliance: theory, research and practice. In J.C. Muran & J.P. Barber (Eds.), *The therapeutic alliance: An evidence-based guide to practice* (pp. 97-122). NY: Guilford Press.
40. Mitchell, S. (1988) *Relational concepts in psychoanalytic theory*. Cambridge, MA: Harvard
41. Mitchell, S. (1995). *Freud and Beyond: A history of modern psychoanalytic thought*. New York: Basic Books.
42. Ogden, T. *Matrix of the mind: Object relations and psychoanalytic dialogue*. Northvale, NJ: Aronson.
43. Ogden, T. H. (1994). *Subjects of analysis*. Lanham, MD: Rowman & Littlefield.
44. Orange, D.M. (1995). *Emotional understanding: Studies in psychoanalytic epistemology*. New York: The Guilford Press
45. O'Reilly-Landry, M. (Ed.) (2012) *A psychodynamic understanding of modern medicine: Placing the person at the center of care*. London: Radcliffe Publishing
46. Oelsner, R. (2013). *Transference and countertransference today*. New York: Routledge.
47. Potter, B. (2013). *Elements of self-destruction*. London: Karnac
48. Rowe, C. & MacIsaac, D. (1989). *Empathic attunement: The "technique" of psychoanalytic self-psychology*. Hillsdale, NJ: Jason Aronson Press.

49. Safran, J. (2012). *Psychoanalysis and psychoanalytic therapies*. Washington, D.C.: The American Psychological Association.
50. Shoshani, M. (2009). *Dare to be human: A contemporary psychoanalytic journey*. New York: Routledge.
51. Stolorow, B. (1987). *Psychoanalytic treatment: An intersubjective approach*. Hillsdale, NJ: The Analytic Press.
52. Stolorow, R. D. (2011). *World, affectivity, trauma: Heidegger and post-Cartesian psychoanalysis*. New York: Routledge.
53. Stolorow, R. D. (2007). *Trauma and human existence: Autobiographical, psychoanalytic, and philosophical reflections*. New York: Routledge.
54. Stolorow, R.D., Atwood, G.E., & Orange, D.M. (2002). *Worlds of experience: Interweaving philosophical and clinical dimensions in psychoanalysis*. New York: Basic Books.
55. Summers, F. (1994). *Object relations and psychopathology: A comprehensive text*. Hillsdale, NJ: The Analytic Press.
56. Summers, F. (2013). *The psychoanalytic vision: the experiencing subject, transcendence, and the therapeutic process*. London: Routledge
57. Wallen, D. (2007). *Attachment in psychotherapy*. New York: Guilford.
58. Willock, B. (2007). *Comparative-integrative psychoanalysis*. Hillsdale, NJ: The Analytic Press.
59. Willock, B., Bohm, L. & Curtis, R. (2007). *On deaths and endings: Psychoanalysts' reflections on finality, Transformations and new beginnings*. London: Routledge.
60. Willock, B., Bohm, L.C., & Curtis, R.C. (eds.). (2012). *Loneliness and longing: conscious and unconscious aspects*. London: Routledge. (Translated into Chinese by Francly Fang Wang. Beijing: China Logistics Publishing House).
61. Winnicott, D. W. (1975). *Through Pediatrics to Psychoanalysis*. New York: Basic Books.
62. Winnicott, D. W. (1996). *Maturational Processes and the Facilitating Environment: Studies in the Theory of Emotional Development*. New York: Karnac Books.
63. Yalom, I. (2009). *The gift of therapy: An open letter to a new generation of therapists and their patients*. New York: Harper Collins.

JOURNALS:

1. Altman, Neil (2000). "Black and White Thinking: A Psychoanalyst Reconsiders Race," *Psychoanalytic Dialogues*, 10: 589-605.
2. *Couple and Family Psychoanalysis* – a journal published by Karnac – information available at: <http://www.karnacbooks.com/JournalDetail.asp?ID=8>
3. Benjamin, J. (2004) Beyond Doer and Done To: an intersubjectiv view of thirdness. *Psychoanalytic Quarterly*. 73:5-46.
4. Brown, L.J. (2012) Bion's discovery of alpha function: Thinking under fire on the battlefield and in the consulting room. *The International Journal of Psychoanalysis*, Volume 93, Issue 5, pages 1191–1214
5. Chazan. S. (2012): The children's developmental play instrument (CDPI): A validity study, *International Journal of Play*. DOI:10.1080/21594937.2012.692204

6. Crown, N. (2008). Slips of the tongue, sleights of the hand: Observations on psychotherapy in sign language. *Psychoanalytic Psychology*, 25(2), 362.
7. Davies, J. M. (1994). Love in the afternoon: A relational reconsideration of desire and dread in the countertransference. *Psa. Dialogues*, 4: 153-170.
8. Davies, J. M. (1998). Between the disclosure and foreclosure of erotic transference-countertransference: Can psychoanalysis find a place for adult sexuality? *Psychoanalytic Dialogues*, 8:747-766.
9. Dimen, Muriel. (1994). Money, love and hate: Contradiction and paradox in psychoanalysis, *Psychoanalytic Dialogues* 4(1):69-100.
10. Dimen, Muriel. 2011 "Lapsus linguae, Or a slip of the tongue? A sexual violation in an analytic treatment and its personal and theoretical aftermath." *Contemporary Psychoanalysis* 47: 36-79.
11. Eichler, R.J. (2011). The university as a (potentially) facilitating environment. *Contemporary Psychoanalysis*, 47:289-316.
12. Eng, David & Shinhee Han, (2000). "A Dialogue on Racial Melancholia," *Psychoanalytic Dialogues*, 10: 667-700.
13. Fast, I. (1999). Aspects of core gender identity. *Psychoanal. Dial.*, 9:633-661.
14. Ferro, A. (1993). The impasse within a theory of the analytic field: Possible vertices of observation. *International Journal of Psycho-Analysis*, 74:917-929
15. Fishkin, R., Fishkin, L., Leli, U., Katz, B., & Snyder, E. (2011). Psychodynamic treatment, training, and supervision using internet-based technologies. *Journal of the American Academy of Psychoanalysis and Dynamic Psychiatry*, 39, 155-168.
16. Fosshage, J. (1994). Toward reconceptualizing transference: theoretical and clinical considerations. *International Journal of Psycho-Analysis*, 75, 2: 265-280.
17. Fosshage, J. (2003) Contextualizing self-psychology and relational psychoanalysis: Bi-directional influence and proposed syntheses. *Contemporary Psychoanalysis*, Vol.39, No. 3, 411-448.
18. Fosshage, J. (2011). The use and impact of the analyst's subjectivity with empathic and other listening/experiencing perspectives. *Psychoanalytic Quarterly*, Vol. LXXX, 1, 139-160
19. Fosshage, J. (2011). How do we "know" what we "know?" And change what we "know?" *Psychoanalytic Dialogues*, 21, 1: 1-20.
20. Gammelgard, J. (2011). Love, drive and desire in the works of Freud, Lacan and Proust. *International Journal of Psychoanalysis*, 92,4, 963-83.
21. Gentile, J. (2001). Close but no cigar: The perversion of agency and the absence of thirdness. *Contemporary Psychoanalysis*, 37: 623-654.
22. Gentile, J. (2010). Weeds on the ruins: Agency, compromise formation, and the quest for intersubjective truth. *Psychoanalytic Dialogues*, 20:88-109.
23. Hoffman, I. (1983). The Patient as Interpreter of the Analyst's Experience. *Contemp. Psychoanal.*, 19:389-422.
24. Hoffman, I. (1991). Discussion: Toward a social-constructivist view of the psychoanalytic situation. *Psychoanal. Dial*, 1:74-105.
25. Khouri, L. Z. (2012). *The immigrant's neverland: Commuting from Amman to Brooklyn*. *Contemporary Psychoanalysis*, 48: 213-237.
26. Knight, Z. G. (20130). "Black Client, White Therapist: Working with race in psychoanalytic psychotherapy in South Africa," *International J. Psa*, 94:17-31.

27. Kohut, H. (1959) Introspection, Empathy and Psychoanalysis. *Journal of the American Psychoanalytic Association*, 7:459-483.
28. Kovel, J. (2000). Reflections on White Racism, *Psychoanalytic Dialogues*, 10: 579-587.
29. Kraemer, S.B. (1996). "Betwixt the dark and the daylight" of maternal subjectivity: Meditations on the threshold. *Psychoanal. Dial.*, 6:765-791.
30. Leary, K. (1997). "Race in Psychoanalytic Space," *Gender & Psa*, 2:157-172.
31. Leary, K. (1997). "Race, Self-Disclosure and 'Forbidden Talk': Race and Ethnicity in Contemporary Clinical Practice," *Psychoanalytic Quarterly*, 66:163-189.
32. Leary, K. (2000). "Racial Enactments in Dynamic Treatment," *Psa Dial*, 10: 639-653.
33. Levine, H.B. (2012) The colourless canvas: Representation, therapeutic action and the creation of mind. *The International Journal of Psychoanalysis*, V93, (3), 607-629.
34. McLaughlin, J. (1991). Clinical and theoretical aspects of enactment. *J. Amer. Psychoanal. Assn.*, 3:595-614.
35. Medina, M. (2011). Physical and psychic imprisonment and the curative function of self-cutting. *Psychoanalytic Psychology*, 28:2-12.
36. Nguyen, L. (2012). Psychoanalytic activism: Finding the human, staying human. *Psychoanalytic Psychology*, 29(3), 308-317.
37. Shawver, L. (1998). Lacan's theory of self and the story of the last cookie. *The American Journal of Psychoanalysis*, 58(3).
38. Shedler, J. (2010). The efficacy of psychodynamic psychotherapy. *American Psychologist* 65, (2): 98-109.
39. Slavin, M.O. and Kriegman, D. (1998). Why the Analyst Needs to Change: Towards a theory of conflict, negotiation and mutual influence in the therapeutic process. *Psychoanal. Dialogues*, 8:247-284.
40. Slavin, J. (1994). On making rules: Towards a reformulation of the dynamics of transference in psychoanalytic treatment. *Psychoanalytic Dialogues*, 4, 253-274.
41. Slavin, J. and Pollock, L. (1997). The poisoning of desire: The destruction of agency and the recovery of psychic integrity in sexual abuse. *Contemporary Psychoanalysis*, 33, 573-593.
42. Slavin, J. (1998). Influence and vulnerability in psychoanalytic supervision and treatment. *Psychoanalytic Psychology*, 15:230-244.
43. Slavin, M. and Kriegman, D. (1998). Why the analyst needs to change: Toward a theory of conflict, negotiation, and mutual influence in the therapeutic process. *Psychoanalytic Dialogues*, 8:247-284.
44. Slavin, J. (2002). The innocence of sexuality. *Psychoanalytic Quarterly*, 72:51-80.
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46. Slavin, J. (2010). Becoming an individual: Technically subversive thoughts on the role of the analyst's influence. *Psychoanalytic Dialogues*, 20:308-324..
47. Slavin, J. (2013). Moments of truth and perverse scenarios in psychoanalysis: Revisiting Davies' 'Love in the Afternoon.' *Psychoanalytic Dialogues*, 23:139-149.
48. Straker, G. (2004). "Race for Cover: Castrated Whiteness, Perverse Consequences" *Psychoanalytic Dialogues*, 14: 405-422.

49. Suchet, M. (2004). "A Relational Encounter with Race," *Psa Dialogues*, 14: 423-438.
50. Suchet, M.(2007). "Unraveling Whiteness," *Psa Dialogues*, 17: 867-886.
51. Varvin, S., & Gerlach, A. (2011). The development of psychodynamic psychotherapy and psychoanalysis in China. *Int'l. J. Applied Psychoanalytic Studies*, 8, 261-267.
52. Xu, Y., Qui, J., Chen, J., & Xiao, Z. (2011). The development of psychoanalytic psychotherapy in Shanghai mental health center. *Int'l J. Applied Psychoanalytic Studies*, 8, 196-206.
53. Zicht, S. R. (2013). On the experiential and psychotherapeutic dimensions of psychoanalytic supervision: An interpersonal perspective. *The American Journal of Psychoanalysis* (2013) 73, 8–29.