



Chicago Association for Psychoanalytic Psychology  
Local Chapter of Division 39 of the American Psychological Association

**Council Structure as of April 2016**  
**Cycle: July 1<sup>st</sup> thru June 30<sup>th</sup>**

<b>President 2015-2016:</b> Jay Einhorn, PhD, LCPC	<a href="mailto:jay@psychchat.com">jay@psychchat.com</a>	847.212.3259
<b>President-Elect (2015-2016 - Transitioning to President in September, 2016):</b> Theresa Gregoire, PsyD	<a href="mailto:theresa@hydeparktherapy.org">theresa@hydeparktherapy.org</a>	773-771-8759
<b>Immediate Past President</b> Bernadette Berardi-Coletta, PhD	<a href="mailto:bberardic@aol.com">bberardic@aol.com</a>	630.841.8900
<b>Treasurer</b> Kathleen O'Connor, LCSW	<a href="mailto:kmaryoconnor@gmail.com">kmaryoconnor@gmail.com</a>	630.928.1173
<b>Secretary</b> Donna Mahoney, PsyD	<a href="mailto:donnamahoney2013@gmail.com">donnamahoney2013@gmail.com</a>	708.203.0146

**Councilors**

Linda Michaels, PsyD	<a href="mailto:linda.michaels88@gmail.com">linda.michaels88@gmail.com</a>	
Niquie Dworkin, PsyD.		
Jean Lee, PhD		
Gary Walls, PhD	<a href="mailto:gbwallphd@gmail.com">gbwallphd@gmail.com</a>	872.225.2986
Benjamin Schwartz, PsyD – ECP	<a href="mailto:drbenjaminschwartz@gmail.com">drbenjaminschwartz@gmail.com</a>	312.772.6141

**Committee Chairs / Course Instructors**

Continuing Education Credits – Coordination with DIV39 SectionIV Linda Michaels PsyD Does your chapter participate in Division 39 CE Program? Yes	<a href="mailto:linda.michaels88@gmail.com">linda.michaels88@gmail.com</a>	
Division 39 Representative Patricia McMahon, PsyD Past President	<a href="mailto:drpmcmahon@gmail.com">drpmcmahon@gmail.com</a>	847.570.0817
CE Programs and Courses Jay Einhorn, PhD, LCPC President Aarti Khullar, PsyD	<a href="mailto:jay@psychchat.com">jay@psychchat.com</a>	847.212.3259

Membership Committee Chairperson Bernadette Berardi-Coletta, PhD Past President	<a href="mailto:bberardic@aol.com">bberardic@aol.com</a>	630.841.8900
Website Administration Committee Bernadette Berardi-Coletta, PhD Past President	<a href="mailto:bberardic@aol.com">bberardic@aol.com</a>	630.841.8900
Website Referral Service Bernadette Berardi-Coletta, PhD Past President	<a href="mailto:bberardic@aol.com">bberardic@aol.com</a>	630.841.8900
Website Editor Marilyn Hallett		
Peer Study Groups Jay Einhorn, PhD, LCPC	<a href="mailto:jay@psychatlarge.com">jay@psychatlarge.com</a>	847.212.3259
ECP Groups Diane Fisher, PhD		
Insurance/Professional Affairs – Past President Allan Scholom, PhD	<a href="mailto:ascholom@ccpsa.org">ascholom@ccpsa.org</a>	
Newsletter Editor Gary Walls, PhD	<a href="mailto:gbwallphd@gmail.com">gbwallphd@gmail.com</a>	872.225.2986

**DIVISION 39 – Section IV  
Open Membership Meeting  
Saturday, April 9, 2016, Westin Buckhead Hotel - Ballroom D**

**I. Structure:**

**A. Officers (CAPP Executive Council)**

**President 2015-2016:** Jay Einhorn, PhD, LCPC

**President-Elect (2015-2016):** Theresa Gregoire, PsyD

**Immediate Past President:** Bernadette Berardi-Coletta, PhD

**Treasurer:** Kathleen O'Connor, LCSW

**Secretary:** Donna Mahoney, PsyD

**B. Membership:**

- Total: 85
- APA: 19
- DIV39: 39
- Full (Psychologist, Social Worker, etc): 71
- Associate: 3
- Graduate Student: 11

**C. Diversity in Membership**

CAPP does not maintain membership numbers related to diversity. However, CAPP welcomes clinicians and students in clinical programs of all races, cultures, religions, and sexual orientations, offering a professional home for clinicians and students sharing interest in psychoanalytic theory as applied to clinical practice.

**II. Governance:**

Council meets monthly on a regular basis at this time.

Elections were held for President-elect and Councilors, resulting in a younger mean chronological age of Council members. An ECP Committee with Chairperson was created.

### III. Programming 2015-2016

#### A. Programs (Conferences, panels seminars, etc.)

##### **Professional / Community Conference:**

“The Adopted Child: Psychotherapeutic Issues of Consciousness, Identity and Adaptation” (May, 2015)

Co-sponsored by the Adoption Center of Illinois at Family Resource Center.

Jay Einhorn, PhD - Presenter

Rebecca Nelson, PhD - Presenter

John Palmer, PhD - Presenter

Richard Pearlman, MSW - Presenter

Theresa Gregoire, PsyD - Presenter

This was a formal Conference with five presenters and attended by about 55 people. CEs were offered thru CAPP/DIV39 to credentialed clinical attendees. Registration was open to non-therapists, that is, to parents, educators and other individuals who might be interested; there were several parents, a speech therapist, and at least one or two pastors among the community-at-large attendees. Presentations included adoptee identity, attachment, and parenting issues.

##### **Presentation – Illinois Psychological Association Annual Convention:**

“The More Things Change: A Neuropsychological and Psychoanalytic Understanding of Adaptation” (November, 2015)

Linda Michaels, PsyD, MBA - Chair

Andy Suth, PhD – Didactic Presenter

Katherine J. Henja, PsyD - Case Presenter

Irma Porcic, PsyD - Case Presenter

This panel explored psychoanalytic concepts rooted in an understanding of implicit memories and developing the basis for relationships which lead to breaks from consciousness that keep human beings stuck in unrewarding patterns. Additionally, a focus was taken on contributions from neuro-psychoanalysis/brain research to elucidate analytic ideas and offer a bridge to disciplines outside of psychoanalysis. It included discussion of psychoanalytic techniques as change mediators as well as utilized findings from an attachment-based / neuropsychological assessment protocol to further treatment outcomes. CEs were offered through IPA. The presentation was very well attended in that the large room was completely filled by attendees at all career stages.

## **Presentation – Illinois Psychological Association Annual Convention:**

“Racism: A Psychoanalytic Understanding” (November, 2015)

Bernadette Berardi-Coletta, PhD - Chair

Ruchira Gulati Hantman, MA, LCSW - Presenter

“Fault lines leading to fractures: Following the trajectory of racism from the personal to the social world”

Zak Mucha, LCSW – Presenter

“Measuring Up: Masculinity, race, and violence”

These papers utilized a psychoanalytic lens focused on perceptions of 'race' and the dynamics of a 'racist act' for the actor, victim, and bystanders. The dynamics of social structures and the individuals involved were used to examine how these roles perpetuate racism and contribute to intergenerational trauma.

Panel presentation and discussion goals included fostering identification of the connections between perceptions of self-identity and justifications of violence against an unlike individual or culture; identification of the social structures created and segmented by race, and how race is impacted by (and influences) perceptions of class, gender, and violence; greater understanding of and capacity to explain one component of the intergenerational transmission of racist/racial trauma that affects subsequent generations' struggles with mental health issues which will increase the likelihood of better treatment outcomes. CEs were offered through IPA. The presentation was well attended.

## **ECP Panel Discussion**

“Private Practice: A Panel Discussion for Early Career Professionals” (November, 2015)

Diane Fisher, PhD – Discussant

Benjamin Schwartz, PsyD – Discussant

Theresa Gregoire, PsyD – Discussant

This panel was an informative and engaging discussion on the professional and personal considerations involved in establishing and maintaining a psychotherapy practice. Among other issues, professional identity, fee collection and accepting insurance were explored.

## **Professional Salons**

“CAPP Conversations” are small, professional discussions offered on weekday mornings in a CAPP member's home. Each was free to CAPP members, but cost \$15.00 for non-members and \$5.00 for nonmember students. CEs were not offered to attendees. The atmosphere was informal and deliberately cultivated an informed openness in discussion. Dr. Einhorn presented the first of five CAPP Conversations; subsequent meetings were facilitated by invited co-presenters. Each discussion had between 5 to 13 attendees; several nonmembers joined CAPP following discussions. The 5 topics included:

- Fundamentals of Psychodynamic Psychotherapy: What Are They? (October, 2014)

Jay Einhorn, PhD

- Psychodynamic and Cognitive Psychotherapy: Different Universes or

Overlapping Dimensions? (November, 2014)

Noriko Martinez, PhD

Jay Einhorn, PhD, LCPC

•Adoption: Developmental and Psychodynamic Issues (January, 2015)

Rebecca Nelson, PhD

Jay Einhorn, PhD, LCPC

•Psychotherapy, Religion and Spirituality (February, 2015)

Marla Vannucci, PhD

Jay Einhorn, PhD, LCPC

•Society, Self, and Psychotherapy (March, 2015)

Shunda McGriff, M.S., LPC, NCC

Jay Einhorn, PhD, LCPC

## **B. Education/Training (Courses, etc.)**

CAPP's four peer study groups, which have been an important part of the "therapeutic home" for members, have been meeting monthly for several years. Each group meets in a different Chicagoland location and has a specific clinical/didactic focus: two groups are solely Clinical Case Seminars, a third group includes Psychoanalytic Theoretical reading/discussion with a rotating Case Seminar, and a fourth group includes a neuroscience reading and discussion component focusing on the interaction of neuroscience with psychodynamic psychotherapy as well as a rotating Case Seminar. Although CEs are not offered, these groups have enjoyed longevity.

Although CAPP has offered clinical courses in prior years, no courses were offered in 2015-2016.

## **C. Other Professional Events**

CAPP Council has an annual summer "Retreat" meeting, a longer meeting that looks at issues in depth and considers activities for the coming year. Dr. Einhorn lead the August, 2015 Retreat with a discussion of the book "Poke the Box," by Seth Godin, which emphasizes the role of initiative in creating new programs and opportunities, and energizing organizations.

## **D. Public Programs**

CAPP has offered no programs to the community at large during 2015-2016.

## **IV. Key Initiatives or innovations throughout 2015-2016 CAPP cycle**

Specific initiatives included infusing the Program Committee with new energy and direction as well as completing the revision of the CAPP website begun in 2011 by providing a Psychotherapist Referral Section to the public.

## **V. Current challenges and future plans**

### **A. Challenges**

Over the previous cycle, discussions with two local academic programs to develop co-sponsored events failed after promising beginnings, and a preliminary discussion with a third program currently is stalled.

The attempt to start a peer study group failed in the Hyde Park community in Chicago.

In 2014, CAPP faced a period of general declining activity. The Presidential Election was uncontested. Council meetings had been cancelled due to insufficient turnout, and the President had identified the procedure for decommissioning the organization.

Dr. Einhorn accepted the CAPP Presidency with the goal of repositioning CAPP in the Chicagoland community. He presided over a programming approach maintaining small, easy to plan and implement discussion programs that had originally been successfully piloted during previous years. Other initiatives under his guidance included championing the ongoing need for psychodynamic psychotherapy; increasing clinicians' and students' access to psychodynamic ideas, approaches and colleagues at all developmental stages through "CAPP Conversations" and Peer Study Groups; and offering programs that would appeal to therapists within the cultures of psychoanalysis and psychoanalytically informed psychotherapy, as well as attract clinicians from other orientations.

It should be noted that the CAPP Council has not acted on decommissioning the organization to date, and has devoted much energy to keep the association viable and relevant.

### **B. Future Plans**

Responding to feedback from members, CAPP plans to move "CAPP Conversations" from their suburban locations to the Chicago Loop and other locations. Plans also include offering CEs to attendees. This move involves more planning and coordination than the original "salon" model entailed. CAPP hopes to maintain the atmosphere of "informed openness" in the academic program locations. One Conversation is presently planned:

"Gossip: Tearing Down, Building Up, Being Human," (May, 2015; to be held at the Chicago School of Professional Psychology, with three presenter-conversationalists).

## **VI. What CAPP wants to learn from other chapters**

CAPP is interested in learning how other local chapters have developed and implemented successful growth strategies in the important areas of membership recruitment and retention, programming, and collaboration with other organizations.