Chicago Association for Psychoanalytic Psychology  
Local Chapter of Division 39 of the American Psychological Association

Council Structure as of April 2017  
Cycle: July 1st thru June 30th

President 2016-2018:
Theresa Gregoire, PsyD  
tgregoire@gmail.com 773-771-8759

President-Elect (2017-2018 - Transitioning to President in September, 2018):
Open Position

Immediate Past President
Jay Einhorn, PhD, LCPC  
jay@psychatlarge.com 847.212.3259

Treasurer
Kathleen O’Connor, LCSW  
kmaryoconner@gmail.com (Thru June 30th, 2017)
Julia Somerville, LCSW  
 julia@hydeparktherapy.org

Secretary
Donna Mahoney, PhD  
donnamahoney2013@gmail.com 708.203.0146

Councilors
Linda Michaels, PsyD  
linda.michaels88@gmail.com (Thru June 30th, 2017)
Patricia McMahon, PsyD  
tisherself.pat@gmail.com 847.922.6672
Benjamin Schwartz, PsyD – ECP  
drbenjaminschwartz@gmail.com 312.772.6141

Open Position

Committee Chairs
Continuing Education Credits – Coordination with DIV39 Section IV  
Linda Michaels PsyD  
(linda.michaels88@gmail.com) (Thru June 30th, 2017)

Does your chapter participate in Division 39 CE Program? Yes
Division 39 Representative
Patricia McMahon, PsyD  tisherself.pat@gmail.com  847.570.0817
Past President

Peer Study Group Chairperson
Jay Einhorn, PhD, LCPC  jay@psychchat.com  847.212.3259
Past President

Membership Committee Chairperson
Website Administration Committee  (Thru June 30th, 2017)
Website Referral Service  (Thru June 30th, 2017)
Bernadette Berardi-Coletta, PhD  bberardic@aol.com  630.841.8900
Past President

Website Editor + CAPP Administrator
Marilyn Hallett  info@masochicago.com

Newsletter – CAPPSTONE - Editor:
Agila Rangarajan, Psy.D.  akrpsyd@gmail.com
I. Structure:

A. CAPP’s Executive Council

President 2016-2018: Theresa Gregoire, PsyD

President-Elect (2017-2018): Open Position

Immediate-Past President: Jay Einhorn, PhD, LCPC

Treasurer: Kathleen O’Connor (Thru June 30th, 2017)
           Julia Somerville

Secretary: Donna Mahoney, PhD

B. Membership:

- Total: 107
- DIV39: 44
- Full (Psychologist, Social Worker, etc): 77
- Honorary: 9
- Associate: 5
- Graduate Student: 16

C. Diversity in Membership

CAPP does not maintain membership numbers related to diversity. However, CAPP welcomes clinicians and students in clinical programs of all races, cultures, religions, and sexual orientations, offering a professional home for clinicians and students sharing interest in psychoanalytic theory as applied to clinical practice.

II. Governance:

Council meets every 4 to 6 weeks from mid-August through June.

Elections will be held this cycle for President-elect, Treasurer, and 2 Councilors. Because some seasoned Council members are retiring from their positions, several Committee Chairpersons will require appointment following CAPP elections for 2017-2018.
III. Programming 2016-2017

A. Programs

CAPP focused on smaller, more intimate CEPs – called “CAPP Conversations” – through 2016-2017.

However, an upcoming event is expected to draw a larger number of attendees:

**The Call for Inclusion: A Postmodern View of Intersecting Cultural Identifications: Transgender and Gender Queer Identity**

Presenters:
Donna Mahoney, PhD
Deb Wilke, PsyD
Beto Chavez
Cuyana Davis-Carter

This will be a panel discussion exploring issues related to intersectionality, particularly in relation to transgender and gender queer individuals. The panel members will address how psychoanalysis can integrate contextual issues, feminist theory, responses to living within oppressive systems and elements of the minority stress model with particular emphasis in the ways this integration can lead to more effective treatment for members of these populations.

“CAPP Conversations” (smaller CEPs fostering active attendee participation)

**Formation of Self as a Clinical Instrument in Clinical Pastoral Education & Psychodynamic Psychotherapy Education**

Presenters:
Jay Einhorn, PhD, LCPC
Barbara Sheehan, S.P.
Rev. Jose La Luz, MDiv
Susan R. Terrell, PhD, LCSW, RN

Attendees: 13 March 12, 2016

Psychodynamic psychotherapy and Clinical Pastoral Education (CPE) both emphasize reflection and self-discovery in the formation of a professional self; this self becomes capable of engaging the other in a new and transformative kind of healing relationship. In dynamic therapy training we learn that what matters most is who we are and how we interact with our patients. However, in CPE, pastors learn to enter, stay in and build relationships to support justice and spiritual healing. This Conversation considered similarities and differences in the formation of self as clinical instrument.
Gossip: Telling Lies, Telling Truth, Telling the Difference

Presenters:
Jay Einhorn, PhD, LCPC
Christine Kieffer, PhD
Timothy Hallet, PhD

Attendees: 25 May 14, 2016

Gossip can tear people down through shaming, scorning, abusing, bullying, and ostracizing. It can drive victims into isolation, despair and suicide. But gossip can also be positive. In organizations, gossip can transmit culture and inform workers about whom to trust and what to expect. Through gossip we can access personal meaning, and the conversation in psychotherapy often consists of evaluative talk about others who are not there. In our family, social and professional lives, gossip provides self-justification as well as a way of acknowledging our experience of others that, for various reasons, we cannot acknowledge in their presence. This CAPP Conversation considered the destructive and destructive functions of gossip.

Metaphor and Reconfiguration of Self in Psychodynamic and Art Therapies

Presenters:
Jay Einhorn, PhD, LCPC
Gretchen Witte Glacier, PhD, LCSW
Marni Rosen, PsyD
Keith Whipple, MA

Attendees: 13 September 20, 2016

Understanding Hindu Women through Sita

Presenters:
Vara P. Saripalli, PsyD
James W. Anderson, PhD

Attendees: 8 November 18, 2016

Sita is one of the most important Hindu goddesses. To most Hindus, the gods and goddesses are intimate, living presences. Millions of Hindu women evaluate themselves relative to who Sita is considered to be. Sita’s life, as told in the Ramayana, was full of drama involving marriage, being kidnapped and held in
captivity, and after being forced to prove her faithfulness to her husband – being banished for the crime of allowing herself to be kidnapped. This presentation sought to better understand Sita and her impact in the lives of Hindu women as an ego ideal.

B. Education/Training

CAPP’s four peer study groups, which have been an important part of the “therapeutic home” for members, have been meeting monthly for several years. Each group meets in a different Chicagoland location and has a specific clinical/didactic focus: two groups are solely Clinical Case Seminars, a third group includes Psychoanalytic Theoretical reading/discussion with a Case Seminar that rotates presentations among members, and a fourth group includes a neuroscience reading and discussion component focusing on the interaction of neuroscience with psychodynamic psychotherapy as well as a Case Seminar that rotates presentations among members. Although CEs have not been offered, these groups have enjoyed longevity and a committed membership.

Jay Einhorn, PhD, LCPC facilitated a 4-session Peer Study Group comparing and seeking points of integration between psychodynamic and cognitive behavioral therapies.

Although CAPP has offered clinical courses in prior years, no courses were offered in 2016-2017.

C. Other Professional Events

CAPP Council has an annual summer “Retreat”, ie a longer meeting in which the new and returning Council members come together to looks at various governance issues in depth and consider activities for the coming year.

D. Social Events

Each June, CAPP holds a dinner for Council and Members. It provides a time and space to introduce new Executive Council Members, Councilors at large, and Committee Chairpersons to the membership, as well as provides the opportunity for collegiality and networking.

Additionally, CAPP sponsored a performance of the Therapy Players – an improvisational comedy troupe featuring psychotherapists.

Attendees: 40 January 23, 2016
E. Public Programs

CAPP has offered no programs to the community at large during 2016-2017.

IV. Key Initiatives throughout 2016-2017

The most critical initiative was filling open governance positions in the Council. Open positions occurred due to family illness for some Council members, and are anticipated this election cycle due to fatigue following many years of dedicated service, or the inability to secure nominations for open positions during the previous election cycle.

CAPP has applied to the State of Illinois to grant Continuing Education credits to attendees of CEPs. The state procedures and requirements are simpler than those of the APA.

V. Current challenges and future plans

Discussions with local academic programs and professional organizations to develop co-sponsored events continue to be explored.

VI. What CAPP wants to learn from other chapters

How do other chapters invigorate the nomination and election process, engage members in identifying leaders, running for governance positions, valuing service to the collegial membership? CAPP has often “drafted” members to run for positions; in “draft” situations, it feels more that positions are filled by volunteers rather than competing in a vibrant election process. How have other chapters cultivated responsibility and enthusiasm in the membership to run for office?

How have successful partnerships with other organizations/associations been developed? Are there restrictions or expectations in the DIV39 local chapter rules regarding partnerships?

What procedures must be followed if a chapter decides to close due to lack of membership involvement in leadership?