

Division 39 Local Chapter Report: May 2016
Local Chapter: Minnesota Society for Psychoanalytic Studies

I. Structure

A. Current officers

1. President: Nancy Bottorff, PsyD, LP
2. President elect: Joel Grostephan, MSW, LICSW
3. Past president: Mary Androff, MD
4. Division 39 representative: Joel Grostephan, MSW, LICSW
5. Secretary: Eric Boone, MSW, LICSW
6. Treasurer: Lisa Chase, PhD, LICSW
7. Member-At- Large: Jenna Peterson-Vetvick, Psy.D., LP
8. Continuing Education Coordinator: Joel Grostephan, MSW, LICSW
9. Membership Coordinator: Lynn Richardson, MS, APRN, CNS
10. Member-At-Large: Mariah Rooney O'Brien, MSW, LGSW, RYT

Does your chapter participate in Division 39 CE Program? Yes

B. Membership: total 104

1. Division 39 Members: 29
2. Psychology: 55
3. Social Work: 34
4. Psychiatry: 2
5. Marriage & Family Therapists: 11
6. Other: 2

C. Diversity

1. Graduate Students: 4
2. Early Career Professionals: 16
3. Non-clinicians: 2

II. Governance functions

Our board meets every other month on the Monday evening of the first full week of the month. The program committee, currently co-chaired by the past president, meets on the first Thursday evening of the alternating months. This will be changing the coming year when the past president will step away from SPS. The new board member at large will be the liaison between the program committee and the board. The board and program committee communicate frequently between meetings via email and phone calls. The board has a three year cycle of president elect, president, and past president. The triad of president, past president, and president elect have met as needed for strategic planning. Membership responsibilities are handled by the Membership Coordinator and coordination with the website designer has been handled by the CEU Coordinator. The president and members of the board and program committee coordinate with the administrative assistant as needed for board and program functions, as well as for communications with our members. The president communicates general messages to our members, primarily through email announcements.

III. Publications and communications

We primarily use electronic means of communication with members, and paper

announcements for conferences and membership renewal information. We also publish an annual membership directory in print format. Our website, www.spsmn.org, is updated regularly with events. We now have all of our program evaluations done through Survey Monkey. Once the survey is completed, participants are directed to a page on our website for a printable electronic CEU certificate. We have a separate email announcement system, "SPS Buzz", for sharing information about other community events being hosted by other mental health societies, announcements about consultation groups, etc. We do not send out a newsletter. We receive frequent feedback from members through surveys and responses to emails.

IV. Chapter-Division relationships

Last year the SPS board decided to combine the role of president elect and Division 39 Representative. This year the board decided to also combine the role of CEU Coordinator with the role of president elect. The president elect receives a travel stipend in order to attend the Division 39 annual spring meeting. Our members are educated about the relationship between SPS and Division 39. Our conferences and seminars receive continuing education credit through APA, which reminds them of this relationship. We have our website linked with the Division 39 website.

V. Programming

A. Daylong events:

We host an annual conference. This year our presenter was Ricardo Ainslie, PhD who presented "Psychoanalysis beyond the consulting room: Three case studies". It took place on April 15 from 9:00 a.m. to 4:00 p.m.

B. Seminars: Monthly Fireside Series on Thursday evenings

a.) How Psychoanalytic Principles can Inspire the Use of POT* (Plain old therapy) " by Gary Perrin, Ph. D., et. al. on September 15, 2016.

b.) "Dreams and Dissociation in a Traumatized Patient" by Kathleen Fargione, LICSW on October 13, 2016.

c.) "We are all on the Same Team: Family Therapy Using Narrative Principles" by John Stillman, LICSW on November 17, 2016.

d.) "Navigating Boundaries in Our Evolving Culture" by Gary R. Schoener, M.Eq., L.P., Psy.D., Hon. on January 19, 2017.

e.) "Integrating Somatic Experiencing into Psychodynamic Psychotherapy and Psychoanalysis" by Nancy A. Miller, MSW, LICSW on February 16, 2017

f.) "Introduction to Sensorimotor Psychotherapy" by Lisa Johnson Taylor, M.A., L.P. and Birgit Kelly, LICSW, Ph. D. on March 16, 2017

g.) "Narrative Exposure Therapy for Psychodynamic Clinicians by Patricia Shannon, Ph. D., LP, LICSW on May 18, 2017.

C. Informal events:

- 1) SPS hosted our Film Series in the home of a program committee member who facilitated lively discussions after the films:
 - a. Viewing & discussion of "45 year" on November 11, 2016
- 2) The board considered hosting a spring social event but did not put one on this year.

VI. Education and training

N/A

VII. Key initiatives or innovations

- We are considering renovating our website as it needs updating. This may include creating a logo with some sense of branding. We will also consider changing our email template to fit the new look.
- We have continued to include programming that is the edge of analysis. We have attempted to widen the tent to include 'depth oriented' approaches rather than purely dynamic or analytic approaches.
- We have been using electronic communications to complete program evaluations through Survey Monkey; once the survey is completed, participants are directed to a page on our website for a printable electronic CEU certificate.
- We plan to run a study group next year with Jeffrey Rubin via skype. He presented last year on our spring conference on Psychoanalysis and meditation. The group will with have a fee associated to cover costs and be held at a board members home.
- We recruited two new board members this year who are new professionals. One will be staying on for another several years.
- We had a good turn out for our spring social in 2016. This year it has not been possible to host a second social but it is something we would like to plan for the coming year in an effort to create community among members.

VIII. Current challenges

We are concerned about our current low student membership and participation. We would like to draw in more trainees as well as other clinicians to become members of SPS. We offered several scholarships for the spring conference this year for new professionals. We would like to continue to further develop the role and identity of SPS, as well as continue to expand our collaboration with other mental health organizations in the Twin Cities.

IX. What I want to learn from other chapters

- Charging the appropriate fees for events.
- How to broaden the appeal of membership as well as involvement in leadership roles
- Ideas for expanding networking opportunities for members
- Improve our website

X. Recommended seminars

We had adequate turn out but enthusiastic response for our spring conference with Ricardo Ainslie, Ph. D., "Psychoanalysis beyond the consulting room: Three case studies".