

Peer Consultation/Supervision of EFT Couples Therapy

Therapist: _____ Consultant: _____
Session # _____ Date: _____

Key themes of the session: _____

Directions: Rate the therapists overall effectiveness in using the following techniques.

Use?		Needs improve -ment	Marginally Effective	Effective	Very Effective	Exceptionally Effective
	Empathic reflection					
	Validation of client realities and emotional responses					
	Evocative responding					
	Heightening					
	Individual sessions					
	Track and reflect process of interaction					
	Make cycles explicit					
	Reframe experiences in terms of attachment context & cycle					
	Restructuring and shaping interactions through enactments					
	Diagnostic pictures explicate					
	Empathic interpretation & inferences					
	Disinquisition					

Bread (praise): _____

Meat (constructive feedback): _____

Bread (praise): _____

