



APA Division 47

SOCIETY FOR SPORT, EXERCISE
& PERFORMANCE PSYCHOLOGY

2017 MEMBER SURVEY EXECUTIVE SUMMARY

In Fall 2017, The Society for Sport, Exercise & Performance Psychology, APA Division 47, conducted a membership survey to better understand the needs and preferences of the current membership.

806 active members of the Society were invited to participate in the membership survey, an initiative of the Society's Cornerstone Committee. 307 members responded, including 269 completed surveys and 38 partially completed survey responses, resulting in a 38% response rate. Below are the key survey findings and initiatives in development by the Society related to sport, exercise, and performance psychology practice, research, continuing education, and involvement in the organization.

PRACTICE

- ❖ 62% of respondents are licensed mental health providers. Of those licensed:
 - 79% work as a sport, exercise, and performance psychology practitioner
 - 74% identify clinical practice as the primary nature of their work and 41% indicate that consulting/advising services also comprise the primary nature of their work
 - 50% provide performance consultation with non-athletic populations (e.g., performing arts, business, military)
 - 36% are Certified Mental Performance Consultants with the Association for Applied Sport Psychology
- ❖ 40% of all respondents are "highly satisfied" or "generally satisfied" with the Society's promotion of professional practice; 54% hold a "neutral" opinion; 6% are "highly dissatisfied" or "generally dissatisfied"

CONTINUING EDUCATION

- ❖ The top three continuing education topics of interest to respondents are:
 - Performance enhancement strategies
 - Research in sport, exercise, and performance psychology
 - Information pertaining to different sport populations (e.g., youth, collegiate, elite, master, etc.)
- ❖ Many respondents expressed interest in collaborating with the Society to develop and deliver educational content, and provided his/her contact information.

RESEARCH

- ❖ 39% of respondents conduct research on sport, exercise, and performance psychology topics.
 - 65% have published their research
 - 38% conduct grant-funded research

SOCIETY INVOLVEMENT AND COMMUNICATION

- ❖ 19% of respondents are currently engaged with the Society as an active participant or volunteer. Of these respondents:
 - 74% are satisfied with their level of engagement; 26% would like to increase their level of participation
- ❖ The majority of respondents are interested in communication from the Society. The following are the top three topics of interest:
 - Performance psychology
 - National or regional conferences in sport, exercise, and performance psychology
 - Society publications

KEY SOCIETY INITIATIVES RELATED TO MEMBERSHIP SURVEY RESULTS

- ❖ The Society will be a leading organization in advancing the practice of sport psychology.
 - The Society recently submitted a petition to renew the APA Proficiency in Sport Psychology.
 - The Society is currently developing Professional Practice Guidelines in Sport Psychology.
 - The Society is currently exploring options to become an APA-approved CE provider to offer continuing education opportunities for psychologists wishing to become proficient in the practice of sport psychology.
- ❖ Section II of the Society, Performance Psychology, will be conducting elections in June 2018 for section President, President-Elect, and Secretary/Treasurer. Look for a call for nominations in the coming weeks and for future opportunities to engage with the section.
- ❖ Cornerstone Committee Chair, Dr. Kimberlee Bethany Bonura, will reach out to Society members who provided their contact information and indicated they want to share information about their research agendas.
- ❖ Membership Chair, Dr. Hillary Cauthen, will reach out to Society members who provided their contact information and indicated they want to become more involved in the Society.
- ❖ As opportunities arise to contribute to future webinars and/or social media, Student Representatives, Ryan Sappington and Marina Galante, will reach out to members who provided their areas of expertise and interest in offering educational content.

For additional information about the survey or APA Division 47, please contact Dr. Kimberlee Bethany Bonura at info@drkimberleebonura.com or Dr. Hillary Cauthen at drcauthen@txopps.com.