

American Psychological Association Division 47
Exercise & Sport Psychology

Policies & Procedures

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Division 47: Exercise & Sport Psychology

Policies & Procedures

The following document describes the make-up of the Executive Committee, the powers and mandates of each position, the level of participation (voting vs. non-voting), the historical precedents for activities and actions, and the manner by which the committee reports to the membership at large. All members of the Executive Committee must be Members or Fellows of the Division. New elected or appointed members of the Executive Committee should find details within this document that will orient them to the expected activities of their position as well as other positions of the Executive Committee. Answers to routine questions are provided. This document serves as a companion to the Bylaws of the Division, and is dynamic, implementing changes in practice as they occur. The date of the current revision is listed in the page footer.

I. Roles and Responsibilities of Members of the Executive Committee

A. Officers (Voting Members):

There are four officers in the executive structure of Division 47: President, President-Elect, Past-President, and Secretary/Treasurer. Terms begin at the annual APA Convention. All officers are expected to attend both the mid-winter meeting of the Executive Committee as well as the Executive Committee and business meetings scheduled at the annual APA Convention. In addition to their specific duties within the Division as outlined in the By-Laws, officers also serve as liaisons to the Division’s committees, and are expected to report on the activities of their respective committees to the Executive Committee at the mid-winter and annual meetings. Officers may also serve as liaisons to other Divisions, or to unaffiliated organizations or entities. Expenses incurred incidental to performing the official duties of a Division officer may be submitted to the Secretary/Treasurer for reimbursement. Any significant or extraordinary expense (such as travel to a meeting of an unaffiliated group) should be approved by the Executive Committee prior to the undertaking.

1. President

The term of the President is one year, although the total commitment is for three years (President-Elect, President, and Past-President). The President serves as the default representative

and spokesperson of the Division to the membership and to the public. The President sets the date, time and place as well as the agenda for the mid-winter Executive Committee meeting, and sets the agenda for the summer Executive Committee meeting, as well as the annual business meeting of the Division at the APA Convention. The President chairs the mid-winter and summer meetings of the Executive Committee as well as the annual business meeting. The President appoints committee chairs and establishes ad-hoc committees as needed. The President completes the annual report for APA. The President also is the Division representative to the Sport Psychology Council (SPC) which includes representatives from the several other organizations with interests in exercise and sport psychology. An annual meeting of the SPC is generally held at the AASP conference. The President or the President's designee should attend.

The President will distribute copies of the Policies and Procedures and the By-Laws to new members of the Executive Committee and to the committee chairs. The President will assign new board members with the responsibility of updating the Policies and Procedures in order to orient them to the division.

2. President-Elect

The term of the President-Elect is one year, although the total commitment is for three years (President-Elect, President, and Past-President). The term begins at the APA Convention immediately following one's election. The President-Elect will preside at meetings and otherwise stand in for the President in the event that the President is unable to participate or serve. The President-Elect also will assist the President as needed and will "learn the ropes" in preparation to assume the presidency. The President-Elect will establish a set of goals and priorities for his/her Presidential year, and review these with the Executive Committee at the mid-winter meeting. The President-Elect should be prepared to attend the Division Leadership Conference sponsored by the Committee on Division/APA Relations (CODAPAR), usually scheduled in January or February. The President-Elect is also responsible for reviewing the division Bylaws annually. The President-Elect will establish and maintain a collaborative relationship with the President-Elect of AASP in an effort to create shared initiatives that promote the field of exercise and sport psychology. The President completes the annual report for APA. The President-Elect is a Division representative to the Sport Psychology Council (SPC) which includes representatives from the several other organizations with interests in exercise and sport psychology. An annual meeting of the SPC is generally held at the AASP conference. The President or the President's designee should attend.

3. Past-President

The term of the Past-President is for the one year immediately following the Presidential year. The Past-President will chair the Committee on Nominations and also the Fellows Committee. The Past-President will report the results of the nominations process for new officers and Fellows to the Executive Committee at the mid-winter meeting. In practice, the Past-President must be proactive in securing nominations for officers and Fellows, and should begin this process at the previous annual convention. The Past-President will either order awards or request that the Secretary-Treasurer order awards for presentation at the annual APA Convention.

4. Secretary-Treasurer

The term of the Secretary-Treasurer is three years. Through the Newsletter and the website the Secretary-Treasurer will compile and disseminate minutes of all official Executive Committee functions and Division meetings, will approve all payments and deposits for the Division through

APA's Office of Division Services, will plan each fiscal year's budget (Jan. 1 through Dec. 31) and present a proposed budget to the Executive Committee at each midyear meeting for approval.

The Secretary-Treasurer will allocate money for capital projects as well as general operations as prescribed by the approved budget, present each past fiscal year's budget to the Executive Committee at the mid-winter meeting, and monitor Executive Committee/Division expenditures and report on a semiannual basis to the Executive Committee and on an annual basis to the membership.

In conjunction with APA, the Secretary-Treasurer will file annual tax forms on behalf of the Division. It is the duty of the Secretary/Treasurer to insure that reimbursements to officers and other Division representatives are accomplished in a timely manner. The Secretary/Treasurer will be responsible for securing stipend checks for keynote speakers and awardees in advance of the annual APA Convention. The Secretary Treasurer will be responsible for ordering all honorary plaques, awards, etc. for the annual convention. In addition, the Secretary/Treasurer shall ensure that the APA Division 47 web domain is registered and purchased.

The Secretary/Treasurer will keep the Bylaws for the division, as well as the e-mail addresses of the Executive Committee and other Division 47 members.

B. Other Voting Members:

1. Member-at-Large (two, elected in alternate years)

The Members-at-Large serve for a period of two years. The duties of the Members-at-Large will be assigned by the President on behalf of the Executive Committee and the Division. Historically, members-at-large have served as chairs of ad hoc committees, as well as participating on the membership committee, reviewing policies and procedures, reviewing the Division web site, and serving as photographer at Division events at the annual convention. The junior Member-at-Large will be responsible for updating the Policy and Procedures manual, and the senior Member-at-Large will review the Division 47 website bi-annually (prior to each meeting of the Executive Committee).

2. Council Representative (one, elected every three years)

The Council Representative serves for the period of time specified in the APA Bylaws, currently three years. The Council Representative will attend meetings of the Council of Representatives of the American Psychological Association on behalf of the Division. The Council Representative will alert the Executive Committee and the membership to issues that impact the Division and its interests, and will vote in Council on issues in a manner consistent with the consensus position of the Executive Committee on behalf of the membership. If Council meetings require extra days of attendance, reasonable expenses can be submitted to the Secretary/Treasurer for reimbursement. The Council Representative will submit a report of Council activities for the Divisional Newsletter.

C. Non-Voting (Appointed) Members:

1. Program Chair

The President appoints the Program Chair for a two-year term. The Program Chair will solicit proposals for presentation at the annual convention and organize a review committee to evaluate the acceptability of the proposals. The Program Chair will attend the pre-convention meeting(s) of program chairs and clusters. The Program Chair will also provide one-page convention schedule flyers for distribution at the convention. The Program Chair will consult with the Executive Committee concerning thematic or programmatic objectives. Reasonable expenses for attendance at the annual Program Chair's meeting may be submitted for reimbursement to the Secretary/Treasurer. The Program Chair will attend Executive Committee meetings and work closely with the committee in order to set goals and objectives for Divisional programming at the annual convention. The Program Chair will monitor presenter attendance at the convention and will follow the division's policy regarding attendance at the convention.

2. Newsletter Editor

The Newsletter Editor is appointed by the President for a three-year term. The Newsletter Editor attends all meetings of the Executive Committee in order to track and accurately report Division efforts in Div47 News. The Newsletter Editor will be responsible for implementing Executive Committee directions for the substance of the newsletter. The Editor is responsible for publishing three newsletters each year: Fall, Spring, and Summer (special conference edition) editions. Day-to-day publication and artistic decisions will be made by the Newsletter Editor as needed. The Editor is expected to publish the number of newsletters directed by the Executive Committee and determined by the budget (all expenditures require pre-approval by division president and treasurer).

Specific responsibilities and suggestions regarding establishment of the local area support services for publishing the newsletter are as follows:

- a. Select an associate editor(s) to coordinate book reviews, professional news and accomplishments, etc.
- b. Find a technical editor or graphic designer to assist with the layout.
- c. Actively seek submissions, as there will be few content articles sent unsolicited. Try to have at least one "professional" article. For example, appropriate professional articles include having a researcher informally discuss his/her research and its application to exercise and sport, or having a practitioner describe his/her work with an Olympic team. Try to have at least one graduate student article, and use the student reps to gather submissions. The Heyman Address and other keynote addresses at APA have been good sources of content too. Interesting posters at the convention have been used as well.
- d. Read and edit the articles.
- e. Coordinate with the nominations chair (Past-President) the election biographical statements, position statements and photographs. Elections are held during the spring.
- f. Recruit and/or solicit advertisements for the newsletter. Potential advertisers include sport psychology journal publishers and relevant graduate programs.
- g. Write a brief editor's column.
- h. Respond promptly to membership and missing newsletter inquiries. Membership inquiries ultimately must be resolved with Division Services.
- i. At this time, there are no official archives for the Division. This duty seems to have become an unofficial responsibility of the Newsletter Editor.

- j. Respond to requests for newsletters from Division Services. The Newsletter Editor should send an electronic copy of each newsletter to Division Services.
- k. Post an announcement to both the Division 47 and Sportpsy listservs.
- l. Include the Division 47 convention program schedule in the summer newsletter.
- m. In order to emphasize collaboration with APA, send an electronic copy of the newsletter to the APA President, Past-President, and President-Elect; to the heads of each APA Directorate; and to the Presidents of the following APA Divisions: 2, 10, 12, 13, 17, 29, 38, 42, 46.
- n. Communicate with the President of the Running Psychologists. Division 47 typically runs an application for the race in the spring issue, and publishes the Ray's Race results in the fall issue.
- o. Previous editors have used their personal credit card through the Division 47 Secretary/Treasurer. Alternatively, the Editor may establish an invoice system between the designer and other contractors with the Secretary/Treasurer of the Division, in order to avoid personal expenditures of funds.
- p. Collect and publish Division 47 Committee Reports (Fall Newsletter: Education and Practice Committees, Spring Newsletter: Public Interest and Science Committees).

3. Student Representative (two, each appointed in alternate years to a two-year term)

The Student Representatives, who are student affiliates of APA and of Division 47 and members of APAGS, are appointed by the President to serve the Division and be liaisons with the Executive Committee. The Student Representatives shall:

- a. Attend the Executive and Business meetings of the Division during the Annual Convention.
- b. The senior Representative will attend the mid-year meeting. When financially feasible, the junior student representative will attend the mid-year meeting.
- c. Provide a Student Representative report regardless of whether they can attend meetings.
- d. Write a column in the spring and fall issues of the Division's newsletter.
- e. Assist the President in the selection of new Student Representatives.
- f. Work with the Program Chair to plan a student meeting and/or student affiliate-sponsored presentation at the Annual Convention.
- g. Act as liaison between student members and the Executive Committee on ideas, problems, concerns and suggestions.
- h. Send e-mails to student members, following current APA policies governing email communication.
- i. Sit on the committees of the Division and/or assist the committee chairperson in the selection of students for the committee.
- j. Perform any other job agreed upon by the President and/or Executive Committee.
- k. Senior student representative will create, update and maintain an internship list in conjunction with the AASP student representatives and have this list updated yearly on each website.

This is a two-year position. During the first year, the junior Student Representative shall become acquainted with the activities of the Student Representative position and assist the senior Student Representative. In the second year, the now senior Student Representative shall have

primary responsibility for student actions and liaison. Students who are interested in applying should send a 1-2 page statement of interest in the position and a current vita to the current Division 47 President, who will select the new Student Representative. Letters of interest and vitas should be received by July 1st.

4. Section Chair–Running Psychologists (one, elected by the section members every two years)

The President of Running Psychologists will serve as Section Chair and representative to the Executive Committee. The section chair will report details of the next annual race at APA, and other activities of the section that impact on or are of interest to the Executive Committee and/or the Division. The Section Chair will submit a report of the most recent annual race for the Fall Divisional Newsletter, and also will submit a race application form for the Spring Newsletter.

II. Committees

As outlined in Article VIII of the Bylaws, the President can appoint committees on issues of concern to the Division membership. The membership of each committee includes at least one current member of the Executive Committee, who serves as liaison between the Executive Committee and the standing committee. Standing committees will also include one student member.

The following are the regular standing committees. These committees are charged with specific responsibilities each year; thus, they are expected to hold regular meetings, either in person or via telephone or electronic formats, and to delegate and accomplish tasks throughout the year. Current members of all standing committees are listed in Appendix A.

A. Education Committee

The purpose of the APA Division 47 Education Committee is to educate students, professionals and the public in a variety of sport psychology issues including how to become active in the Division, how to become trained in sport psychology, the basic elements that should be included in curricula for graduate training in sport psychology, and appropriate post-doctoral training in the field.

The Committee's goals are:

- To function as the contact for students and professionals who wish to obtain further information on education and training opportunities in sport psychology.
- To establish continuing education courses, clinics, and workshops at the APA Convention as well as in other professional settings.
- To review sport psychology-related graduate program curricula and recommend ideal guidelines for such programs.
- To coordinate with APA Division 2 (Teaching) on guidelines for teaching sport psychology and using sport psychology examples in psychology classes.

- Generate nominations for the “Distinguished Contribution to Education and Training Award” (first given in 2001 and given every 4 years).
- Be cognizant of the initiatives of the APA Education Directorate and liaison with directorate. Attend annual Education Leadership Conference (or send representative) held in September in Washington, DC (paid for by APA). In addition, attend (or send representative) the Education Directorate meeting held during the annual APA convention.
- Review all APA Division 47 published materials to suggest revisions and updates.
- Submit a report on the committee’s activities to the Newsletter Editor for publication in the Fall Newsletter.
- Liaison with the Certification Committee.
- Offer programming and information to regional psychological organizations and APAGS.

B. Science Committee

The purpose of the Science Committee is to determine creative ways to increase the identification of sport psychology as a science to APA colleagues, students, and the public in general. Current directives for the Science Committee are:

- Evaluate nominees for the dissertation award and recommend a recipient to the Executive Committee;
- Collect information on model training sites and/or training and research sites that are engaged in noteworthy activities, report these for mention in the Division newsletter and archiving on the website.
- Generate nominations for the “Distinguished Contributions to Science and Research in Sport and Exercise Psychology Award” (first given in 1999 and given every 4 years).
- Be cognizant of the initiatives of the APA Science Directorate and liaison with the directorate. For example, assist in petitioning NIMH to fund basic social and behavioral research. In addition, attend (or send representative) the Science Directorate meeting held during the annual APA convention.
- Submit a report on the committee’s activities to the Newsletter Editor for publication in the Spring Newsletter.
- Advertise the dissertation award at APAGS and appropriate conferences.

Special Information for the Chair of the Science Committee (Responsibilities and Timeline):

- Choose committee members by advertising through the Div. 47 listserv or the newsletter. Try to have one student on the committee.
 - Edit the Science Corner section of the Div. 47 newsletter. The purpose of this section is to highlight current research in sport psychology by profiling different research labs. The previous labs that have been profiled are listed on the Div. 47 website. Newsletter deadlines are October 1, March 1, and July 1.
 - Oversee the selection of the Division 47 Dissertation Award winner.
1. Provide updates to the Div. 47 webmaster to include your contact information and this year’s deadline dates.

2. Announce the award and deadline on the Div. 47 listserv and the AASP list serve, as well as the Fall and Spring newsletters. Additionally, distribute informational materials at APAGS conference table at APA conference.
3. A deadline of January 8th is set. The committee needs enough time to receive the applications, send them out to your committee for review, and get them back and collate the ratings. You will have to do this in time for the Spring newsletter deadline (generally March 1) so the winner can be announced in this newsletter and the awardee will have enough time to arrange travel plans to the APA conference.
4. After the committee has selected a winner, the Executive Board will need to approve the choice. The division president will notify the committee chair of final approval and will then inform the award recipient.
5. The winner will receive a small honorarium (\$100 + yearly dues) and will give a presentation of their dissertation at the APA convention. Coordinate this with the secretary/treasurer and program committee chair. Introduce the winner at their APA Convention presentation (if possible to attend).
6. A summary of the dissertation is published in the Newsletter.

C. Practice Committee

The purpose of the Practice Committee is to explore appropriate opportunities to provide services to organizations and individuals (e.g., with the NCAA).

The Committee's Goals are:

- To explore the practice roles of exercise and sport psychology, including individual and group consultation guidelines, ethical and competency issues, certification issues, practice specialty guidelines and business/practice considerations.
- Network with the Practice Directorate of APA so that further Practice Committee programs can be facilitated at the APA Conventions.
- To suggest guidelines for the practice of sport psychology.
- To coordinate sport psychology consultant certification with AASP.
- Generate nominations for the "Bruce Ogilvie Award for Professional Practice Award" (first given in 2004 and given every 4 years).
- Be cognizant of the initiatives of the APA Practice Directorate and liaison with the directorate. In addition, attend (or send representative) the Science Directorate meeting held during the annual APA convention.
- Submit a report on the committee's activities to the Newsletter Editor for publication in the Fall Newsletter.
- Take responsibility for renewal of Proficiency in Sport Psychology.

D. Public Interest Committee

The purpose of the Public Interest Committee is to identify and help to resolve issues of strong contemporary interest to the public and of social significance (e.g., sport violence, problems in youth sport, sport role models, the psychological quality of life through exercise, fitness, and health), to generate position statements, and to contribute to the education and welfare of society.

The Committee's Goals are:

- To prepare guidelines for psychologists making public statements about athletes.
- To address youth sport issues - how Division 47 can help youth sport coaches and parents.
- Maintain and improve communication to the membership and the public through the Division's web site.
- Review and recommend materials that explain the Division's goals and present clearly the manifest content of Exercise and Sport Psychology.
- Coordinate Giveaway-athon at APA Convention.
- Generate nominations for the "Distinguished Contributions to Sport and Exercise Psychology in Public Interest Award" (first given in 2002 and given every 4 years).
- Be cognizant of the initiatives of the APA Public Interest Directorate and liaison with the directorate.
- Liaison with AASP Public Directorate.
- To address issues related to minority/diversity, gender, and people with disabilities.
- Submit a report on the committee's activities to the Newsletter Editor for publication in the Spring Newsletter.

E. Membership Committee

The Membership Committee was established at the Division 47 Executive Committee meeting at APA, Chicago, August, 2002. The purposes of the membership committee are to:

- To educate students and professionals about opportunities to become affiliated with Division 47.
- Retain present members and recruit new members and students into our Division.
- Insure that the Division is responsive to the needs of its members.
- Monitor membership statistics, composition, and trends.
- Be cognizant of the APA Membership Committee Directorate and liaison with the directorate.
- Seek e-mail addresses of new Division members from membership services (Keith Cook kcooke@apa.org); then, send a welcome e-mail to each new Division 47 member pointing them to the website and other electronic resources, encouraging them to attend Division sessions at the Convention, etc.

1. Membership Committee Guidelines:

- a. The Committee shall consist of a minimum of six members, recommended by the Chair and appointed by the President of the Division for staggered terms of two years.

- b. It is recommended that membership on this committee be used to involve members of the Division who have not otherwise been active in the affairs of the Division.
- c. One member shall be appointed with the specific responsibility of ensuring the maintenance and growth of diversity and inclusiveness in the composition of the Division's membership.
- d. One member shall be early in his or her career development, in order to help recruit this important group of professionals.
- e. One member shall be a student, recommended by the Student Representative members of the Executive Committee. The student member shall be responsible for recruiting and retaining eligible students as student members of Division 47 and in recruiting students into full membership when they complete their studies and become eligible for full membership.

F. Fellows Committee

The Fellows Committee is designed to assess nominees wishing to become initial or continuing Fellows of APA.

1. Committee Membership:

The Fellows Committee shall consist of the immediate Past-President of the Division (if that person is a Fellow of APA) and up to three additional Fellows of the Division, appointed by the immediate Past-President (if that person is a Fellow of APA). If the immediate Past-President is not a Fellow, the current President shall appoint a Fellow of the Division as Fellows Chair for that year.

2. Criteria for selection:

In addition to the APA requirements for Fellow status, in order to be considered for Division 47 Fellow status, Division members must have:

- a. maintained 3 years of continuous membership in Division 47 prior to being considered for Fellow status, and
- b. have made significant contributions to the field of sport and exercise psychology.

3. Procedures for Applicants for Initial Fellow Status:

- a. Through a Call in the Newsletter and email list, the Fellows Chair will solicit nominees to Fellow status in Division 47.
- b. Members of APA seeking to become initial Fellows through Division 47 should obtain all necessary application materials from the Fellows Chair.
- c. The Applicant will be responsible for sending sufficient copies of all materials, including all letters of endorsement, by the deadline (typically December 15).
- d. The Fellows Chair will distribute the relevant materials to the Fellows Committee for their comment and vote, prior to the Division's Mid-Winter meeting.

- e. The Fellows Chair will notify the Executive Committee, at the Mid-Winter meeting, of the successful applicants for Fellow status, with a request for ratification of the decision.
- f. The Fellows Chair will notify the applicants of their status following the Mid-Winter meeting.
- g. The Fellows Chair will submit to the APA Membership Committee a narrative endorsement of that year's nominees prior to the Membership Committee's meeting in March.
- h. The Fellows Chair will be responsible for informing the nominees of the Membership Committee's decisions. [Note that the names of applicants approved by the Membership Committee are subsequently submitted to the Board of Directors for recommendation and then the Council of Representatives for election at the annual Convention. The Membership Committee notifies the applicant of that decision.]

4. Procedures for Applicants for Continuing Fellow Status:

Members of APA who have already attained initial Fellow status in (an) other Division(s) may apply for Fellow status with Division 47. This process occurs *within* the Division. Fellows can apply at any time. The applicant should submit to the Fellows Chair (with sufficient copies for all Fellows Committee members):

- a. A letter indicating significant contributions that the applicant has made to the field of sport and exercise psychology
- b. A complete c.v.
- c. Evidence of election to APA Fellow status

The Fellows Chair will distribute the materials to the Fellows Committee for their comment and vote. Upon favorable decision by the Fellows Committee, the Fellows Chair will notify the Executive Committee with a request for ratification of the decision. The Fellows Chair advances names of approved fellow candidates to APA. APA will notify the Fellows Chair of their (APA's) decision who will in turn notify the applicant.

G. Nominations Committee

A Nominations Committee shall be created each year, consisting of the immediate Past-President and at least two members or Fellows of the Division. The committee is responsible for soliciting and obtaining nominations for the Divisional positions to be elected each spring.

The Past-President is responsible for communicating with APA's Elections Officer and complying with their time line.

The Past-President is responsible for requesting relevant information from each nominee. The material itself should be submitted both to the Past-President and to the Editor of the newsletter in electronic format. Each candidate should submit a short biographical sketch and position statement (750 words total) to the Newsletter Editor, and a head/shoulder photo by March 1. Candidates' should be informed of the importance of also submitting position statements to APA when requested by e-mail from APA.

H. Sunsetting Committees

For historical and archival reasons, it is important to note committees that have existed previously to serve the purposes of the Division. In every case the named committee either served its function or gradually diminished in activity until it became moribund. Naming the committees here is intended to allow new officers and chairs a review of issues that have been important to the Division and that may need to be addressed periodically. Many functions of these sunsetted committees were assumed by existing standing committees.

1. Inter-Divisional Committee.

The purpose of the Inter-Divisional Committee was to explore liaisons and functional relationships between Division 47 and other APA Divisions. The Committee's goals were to develop active liaison relationships with a minimum of five other Divisions or State Associations, develop programming for the convention that was designed specifically to cut across Divisions, act as information disseminators across Divisions (newsletter columns, etc.), and assist Division 47 in appealing to a broader spectrum of membership.

2. The Ethnic Minority Committee.

The Ethnic-Minority Committee was formed to insure targeted programming at the annual APA Convention. The work of this committee was incorporated into the newer Public Interest Committee.

3. The Gender Issues Committee.

The Gender Issues Committee highlighted issues related to women in sport, and also examined issues related to men and masculinity. Sexual orientation and homophobia were addressed within the cultural context of exercise and sport. The activities of this committee were incorporated into the newer Public Interest Committee.

4. The Committee on Athletes with Disabilities.

The Committee on Athletes with Disabilities had important linkage to international groups concerned with similar issues, and programs were presented at the APA Convention to familiarize members with the issues that relate to this area. The activities of this committee were incorporated into the newer Public Interest Committee.

5. Committee on Diversity Issues.

This Committee represented the first attempt to combine the topics formerly focused upon by the Disabled Athletes, Gender Issues, and Ethnic Minority committees. More recently, the activities of this committee were incorporated into the newer Public Interest Committee.

III. APA Convention

A. Steven R. Heyman Memorial Lecture for Division 47

The purpose of the Heyman lecture is to remember and memorialize Steve Heyman, a former President of Division 47 and leading figure in the development of science and practice in exercise and sport psychology. (The Executive Committee, in its mid-winter meeting of 1993/94, established a Steven R. Heyman Memorial fund to memorialize Steve and his contributions to the field through the support of an annual address at the APA Convention). A major goal of this lecture is to insure that topics Steve helped develop (e.g. inclusiveness, diversity, and tolerance) are represented on the program. An honorarium of \$500.00 will be provided to the Heyman Lecturer. See Appendix F for further information.

B. Policy for Presenter Attendance

If a submission is accepted for presentation at the APA conference, there is an expectation that the presenter will be in attendance. If there is an emergency, the presenter should contact the Program Chair. If the presenter fails to attend the session without informing the Program Chair or making arrangements for another speaker, that presenter's subsequent submission will not be accepted for the next year.

C. Giveaway-athon

The Giveaway-athon began in 2003 as an effort to tie into APA President Phil Zimbardo's initiative, "Give Psychology Away," as well as to increase interest in the field. These free workshops are offered by sport psychology professionals, with a student helping to present or shadow at the workshop. The Executive Committee supports the Public Interest Committee Chair in the development of contacts and ideas for the Giveaway-athon. The presenter and on-site contact work together to find a location for the workshops and to drum up attendance for the presentation(s). Past programs have been held at summer sport camps, running clubs, boating clubs, tennis leagues, and university athletics departments. The Public Interest Committee will implement the Giveaway-athon. Guidelines for the Giveaway-athon follow:

1. Write a newsletter column to get volunteers from the broader community. Also, email the Division 47 listserv about giveaway-athon to get more volunteers.

Sample email:

DIVISION 47 NEEDS YOU FOR GIVEAWAY-ATHON

If you are attending the annual APA convention on [date] in [location], we need your help to give back to the local community.

The Sport Psychology Giveaway-athon will be held during convention. Interested participants are needed to present and/or contact local athletes, coaches, sports clubs, camps, senior centers, or other groups who might be interested in free

workshops or presentations.

Contact [Chair of Public Interest Committee] for more information.

2. Confirm the presentations with the presenters and the on-site people. Invite the presenters to the APA Division 47 business meeting.
3. Contact the APA Monitor to get a photographer at the event.
4. Make "thank you" awards for presenters and on-site guests. In the past the Executive Committee gave out metal clipboards with the Division 47 logo on it.
5. Hand out "thank you awards" to the presenters at the business meeting.
6. Write a story about the giveaway-athon for the Division 47 newsletter and website, and confirm that the story was published in the APA Monitor.

IV. Awards

A. Dissertation Award

Division 47 of the American Psychological Association invites submission of applications for the annual Dissertation Award. This award recognizes outstanding student research that has the greatest potential for making a significant contribution to the theoretical and applied knowledge base in exercise and sport psychology.

Application requirements are as follows: 1) a 1500 word abstract which includes (a) Introduction, (b) Review of Literature, (c) Methodology/Statistics, (d) Discussion, and (e) Contribution to science and practice; 2) the student applicant and/or his/her dissertation advisor must be a member of Division 47 at the time of application; 3) the name and contact information of the applicant's advisor; and 4) confirmation of the completion of the dissertation and the degree by December 31 of the previous year. Applications must be received by January 8th. All materials should be mailed to: Mark Aoyagi, Ph.D. 1766 South Gilpin St., Denver, CO 80210, maoyagi@du.edu

Applications will be judged (blind review) by a panel of professionals in exercise and sport psychology who are members of Division 47. The award recipient(s) will be notified of their selection by March 13, 2007, so that plans can be made to attend the Annual APA Convention held in August. At the Convention, the recipient(s) will receive a plaque, monetary gift, and a year-long membership in Division 47; and will present his/her dissertation research to the APA Division 47 membership.

B. Awards for Distinguished Work in Exercise and Sport Psychology

The Division 47 Executive Committee has established four awards, one administered each year, on a rotating basis, to recognize distinguished contributions in the field of sport and exercise psychology:

- Distinguished Contributions to Science and Research in Exercise and Sport Psychology (first given in the year 1999).
- Bruce Ogilvie Award for Professional Practice (formerly the Distinguished Contributions to Applied Exercise and Sport Psychology as a Professional Practice), (first given in the year 2000).
- Distinguished Contributions to Education and Training Exercise and Sport Psychology (first given in the year 2001).
- Distinguished Contributions to Exercise and Sport Psychology in Public Interest (first given in the year 2002).

Nominees for the award must be members of Division 47 prior to their nomination.

Beginning with the 2002 Convention, a monetary award of \$500.00 will be given to that year's recipient of the Distinguished Contribution Award.

The standing committee that corresponds to the nature of the award serves as the conduit through which the award nominations are generated. Specific descriptions of each award follows:

Distinguished Scientific and Research Contributions to Exercise and Sport Psychology

The Distinguished Scientific and Research Contribution Award is presented to candidates who have made distinguished theoretical or empirical contributions to basic research in sport and exercise psychology. Nominations can come from APA Division 47 members prior to the midwinter meeting or from members of the Executive Committee at the midwinter meeting. Nominations made by Division 47 members prior to the midwinter meeting should include a statement addressing the following questions: 1) What are the general themes of the nominee's major line(s) of research?; 2) What are the important research findings usually attributed to the nominee?; 3) To what extent have the nominee's theoretical contributions generated research in the field?; 4) What has been the significant and enduring influence of the nominee's research? (i.e., what historical contribution has the nominee's research made to the field?); 5) Compare the nominee with others in his/her field; and 6) What influence has the nominee had on students and others in the same field of study? Where possible, please identify the nominee's students by name.

To be considered for this award, the individual must be a current member of Division 47.

Nominations from APA Division 47 members should include a letter of nomination outlining specific contributions, a current vita, and the names, addresses, e-mails, and phone numbers of three professionals in the field of sport psychology familiar with the nominee's work should be sent to the Past-President who chairs the Awards Committee. All nominations must be received prior to the midwinter meeting (or the second weekend in January, whichever is first).

Bruce Ogilvie Award for Professional Practice

This award recognizes outstanding service delivery in either of two areas. The award recognizes the sport psychologist who has: (1) provided leadership in changing the profession, its public image, and its public acceptance, or (2) conducted applied work, including assessment, consultation, instruction, and direct or indirect intervention that contributes to the development of the profession. Significant contributions of work done in professional or public arenas as a sport psychologist at the national, state, and local level may be recognized.

To be considered for the award, the individual must be a current member of Division 47. Nominations for this award can come from APA Division 47 members prior to the midwinter meeting or from members of the Executive Committee at the midwinter meeting. Nominations made by Division 47 members prior to the midwinter meeting should include a letter of nomination outlining specific contributions, a current vita, and the names, addresses, emails, and phone numbers of three sport psychologists familiar with the nominee's work must be sent to the Past-President who chairs the Awards Committee. All nominations must be received prior to the midwinter meeting (or the second weekend in January, whichever is first).

Distinguished Contributions to Education and Training in Exercise and Sport Psychology

This award recognizes a sport psychologist or training program that over time has consistently provided significant contributions to education and training in sport and exercise psychology. Alternatively, the award may recognize a sport psychologist or training program that has made a single major contribution to the field. The Awards Committee will consider a wide range of individuals/programs with differing accomplishments including those who make traditional contributions, provide innovations or who are involved in developmental phases of programs that influence education and training. Criteria for the award include: 1) influence on educating and training students; 2) important research on education or training; 3) development of effective materials for instruction; 4) establishment of workshops, conferences, or networks of communication for education and training; 5) achievement and leadership in administration that facilitate education and training; and 6) activity in professional organizations that promote excellence.

To be considered for the award, the individual must be a current member of Division 47. Nominations for this award can come from APA Division 47 members prior to the midwinter meeting or from members of the Executive Committee at the midwinter meeting. Nominations made by Division 47 members prior to the midwinter meeting should include a letter of nomination outlining specific and consistently excellent contributions, a current vita, and the names, addresses, emails and phone numbers of three sport psychologists familiar with the nominee's work must be sent to Past-President who chairs the Awards Committee. All nominations must be received prior to the midwinter meeting (or the second weekend in January, whichever is first).

Distinguished Contributions to Exercise and Sport Psychology in the Public Interest

This award recognizes individuals who have made distinguished contributions to the Public Interest which advance exercise and sport psychology as a science and/or profession. Award criteria include the identification of and/or solution for significant social problems, unusual initiatives, or dedication in activities which meet client or community needs in exercise and sport psychology.

To be considered for the award, the individual must be a current member of Division 47. Nominations for this award can come from APA Division 47 members prior to the midwinter meeting or from members of the Executive Committee at the midwinter meeting. Nominations made by Division 47 members prior to the midwinter meeting should include a letter of nomination outlining specific contributions, a current vita, and the names, addresses, e-mails, and phone numbers of three sport psychologists familiar with the nominee's work must be sent to the Past-President who chairs the Awards Committee. All nominations must be received prior to the midwinter meeting (or the second weekend in January, whichever is first).

C. The Awards Committee

The Awards Committee shall consist of the officers of the Division, with the Past-President serving as Chair. Information concerning the awards is available annually through the Division Newsletter.

D. Mechanics of Obtaining Awards

As awards chairperson, the Past-President will be responsible for notifying the Secretary-Treasurer of the identity of award recipients and requesting stipend checks for all awards.

V. Publications and Communications

A. Website

Division 47 contracts with a consultant for website development and maintenance. At the 2004 mid-winter meeting, an annual maintenance fee was approved. The Website Administrator (senior Member-at-Large) is responsible for sending a monthly email about website activity to the President-Elect, who should contact the Website Administrator if he or she does not receive email updates. The domain name of <http://www.apa47.org/> is registered to Judy Van Raalte. Issues related to this domain should be directed to Judy Van Raalte (jvanraal@spfldcol.edu). Dr. Van Raalte has agreed to re-register the domain on the behalf of Division 47 and alert the EC when renewal is required.

B. Electronic List

The Division 47 electronic list is an open list, designed to serve the purposes of Division 47. The list focuses on research and professional practice issues. APA handles the technical components of the listserv and a Division officer or designee, appointed by the President, moderates the list. To subscribe to the Division 47 list, send an e-mail to listserv@lists.apa.org. The e-mail should have a blank subject line and this command in the body of the message: subscribe div47 FIRSTNAME LASTNAME Appendix G contains guidelines for posting to the listserv.

C. Newsletter

Div47 NEWS, formerly ESPNews, is the official newsletter of Division 47 of the American Psychological Association. Div47 NEWS is published three times per year – Spring, Summer (special Convention edition), and Fall. In addition to the approximately 1,000 members of the Division, the newsletter is electronically distributed to APA Division Services in order to serve requests by non-members for information about the Division.

Division 47 accepts advertising from individuals and professional organizations. The Newsletter Editor is the contact for all advertising inquiries or contracting.

Regular newsletter columns include ones from the Editor, President, President-Elect, Council Representative, Student Representatives, and Committee Chairs. Issues typically include book reviews, professionally oriented articles, stories about science labs, Running Psychologists' race announcement or results, and a calendar of upcoming conferences or events.

Newsletter costs/budget etc. will be established annually by the Executive Committee at the time of budget approval.

VI. Student Membership

The Division of Exercise and Sport Psychology welcomes all students interested in research, study, application and service in exercise and sport psychology. All students (i.e., young professionals) are invited to join, including graduate and undergraduate students. If a student is not now a Student Affiliate of APA, his or her application for APA student membership must be approved and confirmed before applying for Division 47 student membership. This will require endorsement by a faculty member at the university or college where the student is currently enrolled and payment to APA of an annual membership fee of \$25. This fee covers the cost of a subscription to the APA Monitor and the American Psychologist. A student who is currently a member of APA and is interested in joining Division 47 can join by completing an application form.

VII. Executive Committee Meetings

A. Number of Meetings

The Executive Committee (Officers, Voting Members, and Non-Voting members) shall hold two face-to-face meetings per year:

1. The Annual Convention.

All members are expected to be present, at their own expense. Depending on time and availability, both the Out-Going and In-Coming Members of the Executive Committee shall meet together. The President shall preside until the new business is introduced, at which point the President-Elect shall assume the presidency and preside for the remainder of the meeting.

2. Mid-Winter Meeting

An annual Executive Committee Meeting shall be held during the mid-winter months. All elected members are expected to be present, at the expense of the Division. At the discretion of the President, with the advice of the other Officers, the Program Chair, Newsletter Editor, and Senior Student Representative shall attend the meeting, at the expense of the Division.

During the mid-winter meeting, hotel rooms will be shared, two people per room. If attendees wish to have their own room, Division 47 will pay half the cost and the member will be responsible for the other half.

VIII. Policy Statements

A. Affirmation of Diversity

Division 47 of the American Psychological Association strongly endorses the position of the American Psychological Association respecting the fundamental rights, dignity, and worth of all people. Psychologists should strive to be aware of cultural, individual, and role differences, including those relating to age, gender, race, ethnicity, national origin, religion, sexual orientation, language, and socioeconomic status. The Division opposes participation in discrimination based on any of these factors, or the condoning of such discrimination.

All committees of the Division are charged with providing information, programs, and suggestions to the Division and its members relating to the problematic social issues raised by the needs of special populations, as well as discrimination within exercise and sport psychology.

Where appropriate, the Division, its officers, and its committees will work with relevant APA Divisions, Boards, and Committees on these issues as they relate to exercise and sport psychology.

IX. History

Formation of Division 47

Below is an excerpt of a presidential address given by William P. Morgan, Emeritus Professor at the University of Wisconsin. Dr. Morgan was the first President and a catalyst for the inception of Division 47 of the American Psychological Association. His message provides an historical perspective on the development of the division.

"August 24, 1986 can be viewed as a key date in the history of North American Sport Psychology. On this date at the APA Council of Representatives Meeting in Washington, D.C., the Council voted to support "Item 25"--the proposal to form a "Division of Exercise and Sport Psychology" without a single statement of opposition. Thus, came Division 47 to APA! What started as an interest group of 25 or 30 individuals has become a division with over 1000 members and student affiliates.

The Exercise and Sport Psychology Interest Group was formed during the Annual Meeting of the American Psychological Association held in Washington, D.C., in 1983. During the subsequent three year period a steering committee was formed; bylaws were developed; several hundred members of APA became affiliated with the interest group; over 500 members and fellows of APA signed a petition supporting the formation of a Division of Exercise and Sport Psychology; a newsletter was published; and symposia dealing with sport psychology topics were offered at the APA Convention through cooperation with Divisions 1, 13, and 38. The focus of professionals and students in this field of specialization is quite diverse, and scientific inquiry, as well as clinical applications, has historically cut across the interest of many existing divisions. Individuals working in this area come from sub-specialties within psychology such as developmental, educational, clinical, counseling, industrial, comparative, physiological, social, personality, hypnosis, motivation, human factors, ergonomics, and health psychology. Although professionals and students in this area represent numerous specialties within psychology, they are bonded together by a common interest in sport and exercise. In other words, sport and exercise were the unifying forces in the development of this division. Some individuals are concerned with research issues and applications involving competitive athletics, and some even restrict their attention to elite athletes who perform at the national and international levels. However, an equal number focus on the study and application of exercise and sport in noncompetitive settings. These individuals, for example, study exercise and sport from the perspective of motor development and motor learning; compliance recidivism; the aging process; prevention of various psychic and somatic disorders; personality structure and high-risk occupations (e.g., firefighters) and recreational pursuits (e.g., scuba and sky diving); and cellular adaptations at both the peripheral and central levels."

As years have passed, Division 47 has continued to provide leadership through APA in clarifying the role of exercise and sport psychology professionals, supporting the development of professionals by linking scientific advances to professional practice, and supporting student participation and development. Our two-decades-old division now maintains a website and listserv that facilitate the achievement of the Division's goals and enhance communication among the Division's constituents. In addition, the Division publishes a tri-annual newsletter for professionals and students interested in exercise and sport psychology.

Furthermore, the Division has continued to provide excellent programming, often in cooperation with other divisions, at national APA conventions, and the Division has joined with APA's Running Psychologists "to promote well-being and physical fitness among psychologists and in the

community at large.” The Division’s conference program now includes the Steven R. Heyman Memorial Lecture. Steven was a former President of Division 47 and leading figure in the development of science and practice in exercise and sport psychology. Finally, the Division promotes an annual sport psychology Giveaway-athon, the brainchild of Judy VanRaalte, a former Division 47 president. This program matches up willing sport psychology service providers who give away sport and exercise psychology services to local recipients in conjunction with the annual APA conference.

To enhance the professional practice of exercise and sport psychology, Division 47 has produced four brochures, now available online at www.apa47.org:

- *Graduate Training & Career Possibilities in Exercise and Sport Psychology*
- *How Can a Psychologist Become a Sport Psychologist?*
- *Sport Psychology: A Guide to Choosing a Sport Psychology Professional*
- *Consultation and Supervision in Sport Psychology*

These brochures have provided direction for students, professionals, and potential clients. Most importantly, the professional practice has been enhanced by the development and APA approval of a *Proficiency in Sport Psychology*. This document assists “the general public in recognizing the appropriate services and skills of psychologists who describe themselves as ‘sport psychologists’ and assists psychologists in recognizing and understanding the knowledge and skills considered appropriate for psychologists practicing in this particular area of expertise.” The designation as an APA Proficiency recognizes the specialization in exercise and sport psychology as a post-graduate specialization.

A final development in the history of Division 47 has been the promotion of our membership through the Division’s awards program; the APA Division 47 Dissertation Award, the Distinguished Contributions to Exercise and Sport Psychology in the Public Interest, the Distinguished Contributions to Education and Training in Exercise and Sport Psychology, the Bruce Ogilvie Award for Professional Practice, and the Distinguished Contributions of Science and Research in Exercise and Sport Psychology. Finally, the Division has supported outstanding contributions to exercise and sport psychology through the honor of being nominated and awarded fellow status in the APA (To date, 31 Division members have been awarded APA fellow status).

As a Division we have made tremendous progress. Clearly, we have established a communication and support network for the future of scientific evidence based professional practice in exercise and sport psychology.

Appendix A: Members of Executive Committee**Jennifer Carter, Ph.D., President-Elect (2010-2012)**

The Center for Balanced Living
 445 E. Granville Road, Building O
 Worthington, OH 43085
 Phone: (614) 366-7592
 e-mail: Jennifer.Carter2@osumc.edu

Michael L. Sachs, Ph.D., Past-President (2009-2011)

Dept. of Kinesiology,
 048-00 Temple University
 Philadelphia, PA 19122
 Phone: 215-204-8718
 e-mail: msachs@temple.edu

Gloria Balague, Ph.D., President Elect (2011-2013)

UIC Psychology (MC285)
 1007 W Harrison St
 Chicago, IL 60607
 Phone: 312:996-8681
 e-mail: Gloriab@uic.edu

Doug Hanks, Ph.D., Secretary/Treasurer (2011-2013)

Student Counseling Services
 Auburn University
 400 Lem Morrison Drive, Suite 2086
 Auburn, AL 36849
 Phone: 334-844-5123
 e-mail: hankedm@auburn.edu

Karen Cogan, Ph.D., APA Council Representative (2009-2011)

US Olympic Committee
 Sport Performance
 1 Olympic Plaza Colorado Springs CO 80909
 Phone 719-866-4722
 E-mail karen.cogan@usoc.org

Amy Athey, Ph.D., Member-at-Large (2010-2011)

University of Oregon
 Department of Athletics
 2727 Leo Harris Parkway
 Eugene, Oregon 97401
 Phone: 541.346.4851
 e-mail: athey@uoregon.edu

Jack C. Watson II, Ph.D. Member-at-Large (2011-2012)

West Virginia University
 College of Physical Activity and Sport Sciences
 P.O. Box 6116
 Morgantown, WV 26506-6116
 Phone: 304-293-0873
 E-mail: jack.watson@mail.wvu.edu

Heather Ciesielski, Ph.D., President, Running Psychologists Section (2011-2013)

Medical College of Wisconsin
 Department of Pediatrics, Child Development Center
 13800 W. North Avenue, Suite 120 and 130
 Brookfield, WI 53005
 Phone: (262) 432-6636
 Emails: hciesielski@mcw.edu

Anthony Kontos, Ph.D., Program Chair (2011-2012)

UPMC Center for Sports Medicine
 Department of Orthopaedic Surgery
 University of Pittsburgh School of Medicine
 Phone: 412-432-3725
 e-mail: akontos@pitt.edu

Steven Portenga, Ph.D., Newsletter Editor (2011-2013)

University of Denver
 2201 E. Asbury Ave., Rm 1312
 Denver, CO 80208
 Phone: (303) 960-5711
 e-mail: steve.portenga@du.edu

Laura DiPasquale, Student Representative (2009-2011)

University of North Texas
 Center for Sport Psychology and Performance Excellence
 P.O. Box 311280
 Denton, TX 76203-4682

Cassandra Pasquariello, EdM Student Representative (2010-2012)

Virginia Commonwealth University
 Department of Psychology
 P.O. Box 8242018
 Richmond, VA 23284-2018
 Phone: (707) 227-8511
 Email: pasquariello@vcu.edu

Appendix B: Members of Standing Committees

A. Education Committee

Ed Etzel, Ed.D., Chair

College of Physical Activity and Sport Sciences
West Virginia University
P.O. Box 6116
Morgantown, WV 26506-6116
Phone 304-293-7062
E-mail edward.etzel@mail.wvu.edu

Members:

Jennifer Carter (Liaison)
Bruce Klonsky
Vince Granito
MJ Loughran
Patrick Ruefener
Sarah Kohlstedt (Student)

B. Science Committee

Mark Aoyagi, Ph.D., Chair

1766 South Gilpin St.
Denver, CO 80210
Phone: 303-871-3882
e-mail: maoyagi@du.edu

Anthony Kontos (EC Liaison)

Members:

Jon Metzler
Jon Hammermeister
Judy Van Raalte
Shawn Zeplin (student)
Kristin Frevert (student)

C. Practice Committee

Steven Portenga, Ph.D.

University of Denver
2201 E. Asbury Ave., Rm 1312
Denver, CO 80208
Phone: (303) 960-5711
e-mail: steve.portenga@du.edu

Jack Watson (Liaison)

Members:

Mark Aoyagi
Gloria Balague
Alex Cohen
Bob Harmison
Carmen Tebbe
Lauren Loberg

D. Public Interest Committee

Scott Goldman, Ph.D., Chair

Scott Goldman
1 National Championship Dr. N108
McKale Memorial Center
Tucson, AZ 85721-0096
Phone : (520) 820-1992
e-mail: Goldman@health.arizona.edu

Gloria Balague (Liaison)

Members:

Wendy Borlabi
Mark Ayogi
Adam Shunk
Kate Hays
Molly Haas

E. Membership Committee

Christine Selby, Ph.D., Chair

Phone 207-941-7144
E-mail selbyc@husson.edu

Cassandra Pasquariello (Liaison)

Members:

Bruce Hammond (student)
Danielle Downs
Glenn Pfenninger
Heather Warchoscki
Jennifer Markey
Laura DiPasquale
Melissa Soo Hoo
Stacie Bigelow
Tonya Nascimento

F. Fellows Committee

Past-President, Chair

G. Nominations Committee

Past President, Chair

H. Program Committee

Anthony Kontos, Ph.D., Program Chair (2011-2012)

UPMC Center for Sports Medicine

Department of Orthopaedic Surgery

University of Pittsburgh School of Medicine

Phone: 412-432-3725

e-mail: akontos@pitt.edu

Mark Aoyagi

Amy Athey

Kimberlee Bonura

LauraDiPasquale (Student)

Tami Eggleston

Scott Goldman

Renee Newcomer Appaneal

Cassandra Pasquariello (Student)

Steve Portenga

Troy Rieck

Sherry Schweighardt (Student)

Christine Selby

Steven Wininger

Elizabeth Loughren

Appendix C: Contact List

Division 47 Listserv Moderator:

Doug Hirschorn, Ph.D.

E-mail drdoug@drdoug.com

Website Administrator:

Senior Member-at-Large: Amy Athey, athey@uoregon.edu

APA Division Services Manager:

Keith Cooke

E-mail kcooke@apa.org

Appendix D: Former Award Winners

Dissertation Award

Year of Award	Name of Recipient	Title of Dissertation
1988	John Raglin	Stress Responses and Performance in Competitive Swimmers
1989	Debbie Crews & Diane Weise	The Influence of Attentive States on Golf Putting as Indicated by Cardiac and Electrocardiac Activity
1990	Karla Kubitz	Changes in the Stress Response Following Aerobic Training: An Examination of Underlying Mechanisms
1991	Cathy Lirgg	Effects of Same-Sex and Coeducational Physical Education on Perceptions of Self-Confidence and Class Environment
1992	Anthony Piparo	Chronic Effects of Fitness on the Golf Putt
1993	Richard Albrecht	The Effects of Positive and Negative Cognitive Social Priming on Self-Schemata, Self-Efficacy, Mood States and Motor Performance
1994	Patricia Smith	Integration of the Theories of Reasoned Action, Planned Behaviour, and Self-Efficacy in the Prediction of Exercise Behaviour
1995	Gabrielle Reed	Measuring Stage of Change for Exercise (Behavior Change, Urica E2)
1996	Kathleen Martin	Self-handicapping in Sport and Physical Activity: Conceptualizing and Measuring an Elusive Concept
1997	Alan Smith	Peer Relationship and Physical Activity Participation in Early Adolescence
1998	Gregory Norman	A Cluster Analytic Test of the Transtheoretical Model Applied to Exercise and Behavior
1999	Claudio Nigg, Ph.D.	Predicting, Explaining, and

		Understanding Adolescent Exercise Behavior Using Longitudinal and Cross-Sectional Approaches
2000	S. Nicole Culos-Reed, Ph.D.	Use of Social-Cognitive Theories in the Study of Physical Activity and Fibromyalgia: Self-Efficacy Theory and the Theory of Planned Behavior
2000	Renee Newcomer, Ed.D	Cognitive-Affective, Behavioral, and Physiological Response to Injury among Competitive Athletes
2001	Roland Carlstedt, Ph.D.	Line Bisecting Test Reveals Relative Left Brain Hemispheric Predominance in Highly Skilled Athletes: Relationships Among Cerebral Laterality, Personality and Sport Performance
2002	Shawn Arent, Ph.D.	Dose-Response and Mechanistic Issues in the Strength Training and Affect Relationship
2003	Tracie Rogers, Ph.D.	The Mediating Effects of Peripheral Vision in the Life Stress-Athletic Injury Relationship
2004	Amy Latimer, Ph.D.	Bridging the Gap: Promoting Physical Activity Among Individuals with Spinal Cord Injury Within the Context of the Theory of Planned Behavior
2005	Jennifer Woodgate, Ph.D.	Self-efficacy Theory and the Self-regulation of Exercise Behavior
2007	Kimberlee Bethany Bonura, Ph.D.	The Impact of Yoga on Psychological Health in Older Adults
2009	Mercedes Carswell, Ph.D.	Predictors of Retirement Distress Among Male Former

		Intercollegiate Athletes
2010	Carly Raab Anderson, Ph.D.	Test of an Etiological Model: Development of Disordered Eating in Female Collegiate Gymnasts and Swimmers/Divers

Steven R. Heyman Memorial Address

- 1994 Bill Morgan
- 1995 Steven J. Danish
- 1996 Richard M. Suinn
- 1997 Ray Fowler
- 1998 Charles S. Carver
- 1999 Barbara Anderson and Charles Emery
- 2000 Michael Mahoney
- 2001 Tara Scanlon
- 2002 Norman Anderson
- 2003 Gordon Flett
- 2004 Dan Gould
- 2005 Diane Gill
- 2006 Vikki Krane
- 2007 Richard Hilderbrand
- 2008 Bill Rodgers
- 2009 Steven J. Danish
- 2010 Gloria Balague-Dahlberg

Distinguished Professional Award

- | | | |
|------|-----------------|-------------------|
| 1999 | Science | Robert Singer |
| 2000 | Practice | Al Petitpas |
| 2001 | Education | Dan Gould |
| 2002 | Public Interest | Carole Oglesby |
| 2003 | Science | Dan Landers |
| 2004 | Practice | Kate Hays |
| 2005 | Education | Michael Sachs |
| 2006 | Public Interest | Judy Van Raalte |
| 2007 | Science | Britt Brewer |
| 2008 | Practice | Shane M. Murphy |
| 2009 | Education | Edward Etzel |
| 2010 | Public Interest | Raymond D. Fowler |

Appendix E: Former Members of the Executive Committee

See Appendix I.

Appendix F: Steven Heyman Memorial

Steven R. Heyman (1946-1993), Professor of Psychology at the University of Wyoming and past President of APA Division 47 Exercise and Sport Psychology, died at the age of 46 during the night of October 31, 1993 in Denver, Colorado. His death was tragic and unexpected.

Steve grew up in New York City and received his B.A. in Psychology from City College of the City University of New York in 1968. He received his M.A. in Psychology from California State University in 1970, and his Ph.D. in Clinical and Community Psychology from Louisiana State University in 1976. He did his Clinical Internship at the University of Florida from 1974-1975. It was at Florida that I met Steve. If you knew Steve, you know that he was never one to suffer fools gladly. Thus, we did not get along from the start. On one slow day in the clinic, we were forced to talk with one another and joyfully discovered our love for the beat writers, particularly Jack Kerouac. I had known him only six months when he completed his internship and returned to LSU. He began his first academic position at Southwestern Oklahoma State University, Weatherford, Oklahoma in 1975. He left for one academic year to teach at the University of Kansas. He called me in June, 1976 to tell me that he had taken the Kansas job, and that SWOSU was desperate and would probably even take me. Since I was unhappily working at a state mental hospital, I jumped at the chance, was interviewed, and taught at SWOSU the year Steve was in Kansas. I learned in that short year, what a helpful and loyal friend Steve was, and how difficult he was to replace at SWOSU. He returned to SWOSU and taught there for four more years before joining the Psychology Faculty at the University of Wyoming in 1981. He was promoted to full professor in 1990 and received the John P. Ellbogen Outstanding Teaching Award in 1991.

Steve's academic interests were prodigious. Like many New York psychologists, he started with an interest in Freud and Jung, and published one of his earliest papers on Freud and his concept of racial memories. He was also the Chair of the Rural Task Force for Division 27 Community Psychology from 1979-1984, was a member of Division 12 Clinical Psychology, Division 29 Psychotherapy, Division 30 Psychological Hypnosis, and Division 47 Exercise and Sport Psychology. He was President of Division 47 from 1991-1993. He consulted frequently with the Olympic Training Center in Colorado Springs. He was editor, co-editor, or on the editorial board of seven journals. He had numerous journal articles, book chapters, and paper presentations covering his interests in sport psychology, counseling and psychotherapy, hypnosis, and community psychology.

Steve was also passionately involved in the eradication of AIDS. He worked behind the scenes counseling HIV positive and AIDS patients. He lobbied for an increased awareness of AIDS and for safer sexual practices. He used his community psychology expertise to battle AIDS on all fronts while promoting personal respect for human diversity. He was an NIMH certified AIDS Mental Health Trainer, and taught a class at the University of Wyoming on "AIDS: Psychosocial Issues."

Steve was like a diamond with his many facets. Yet few of his friends and colleagues were fully aware of the vast scope of his interests and contributions to making the world a better place. He liked to laugh, and his friends cherished his incisive wit. He played tennis and poker, although his colleague and friend, Steve Bieber said that Steve's face always lit up when he had a good hand. At SWOSU, Steve became a certified SCUBA diver, and it remained a passionate interest for him. He played pool and loved to dance. He was a devoted, loyal, supportive, and confidential friend. He

will be terribly missed by his family, friends, colleagues, students, and patients. Kerouac wrote, "A hummingbird can come into a house and a hawk will not: so rest and be assured. While looking for the light, you may be devoured by the darkness and find true light." I hope that Steve finds true light. --*Frederick L. Coolidge*

Appendix G: APA Division 47 Listserv Guidelines

Guidelines for posting to the Division 47 listserv were developed by Frank Webbe and Doug Hirschorn in 2005. The basic rules as formulated by APA for use of its listservs are as follows:

Rule 1: Do not use the forum for illegal purposes, including but not limited to defamation, violation of intellectual property laws, violation of antitrust or unfair competition laws or violation of criminal laws.

Rule 2: Do not intentionally interfere with or disrupt other forum members, network services, or network equipment. This includes distribution of unsolicited advertisement or chain letters, propagation of computer worms and viruses, and use of the network to make unauthorized entry to any other machine accessible via the Forum.

Rule 3: Do not use the Forum for commercial purposes. "Commercial" as used for purposes of evaluating listserv messages means communications whose primary purpose is to advance the business or financial interests of any person or entity, or otherwise to promote a financial transaction for the benefit of the author directly or indirectly. Examples of prohibited communications include advertisements for products or services, notices regarding rental of office space, or direct solicitations of listserv members to purchase products or services.

Examples of messages that may be of financial benefit to listserv members but are not prohibited because they do not inure to the financial benefit of the author include news of job listings or position openings, or discussion of professionally-related products or services where the listserv member conveying the information is not in the business of selling the products or services. Announcements that provide useful professional information to List members but may also have some incidental commercial benefit to the sender (e.g. an author who is a list member merely advising the List of publication of a professional book) typically would not be "commercial" for purposes of this restriction.

Rule 4: Do not use this forum for any communication that could be construed in any way as support for or opposition to any candidate for a federal, state or local public office. The Federal law providing for the American Psychological Association's tax exempt status absolutely forbids the use of APA resources or facilities, including this forum, in any way that would even appear to support or oppose such a political candidate.

It is Rule 3 on commercialism that has caused the primary difficulty. Specifically, how should we determine whether or not a poster of a message stands to profit significantly versus incidentally from an announcement? Previously, we felt that the only way to adhere to Rule 3 was to limit announcements to third-party notices, as described in the first part of paragraph 2 above. However, we really saw no difference in Proprietor A asking Friend B to announce an event or service C, as

opposed to the Proprietor making the announcement. That was really just hair-splitting of an obvious kind. The example given in the rules above regarding an author “*merely advising the List of the publication of a professional book*” is somewhat fuzzy in its difference from the previous example (yet still being acceptable), but also gives us an opening for the type of announcements that our List members have told us that they really want to see. By a margin of 11 to 1, our users spoke clearly that they want to see announcements of workshops and similar professional/educational activities and opportunities. It appears that as long as the poster simply announces the workshop (with a very brief description sufficient to inform of the nature of the event, as well as contact information), then it would conform to the letter and spirit of Rule 3. What would *not* be appropriate is rhetoric that advertises (in the marketing sense) the workshop in attempts to recruit participants. In the same vein, announcement of the publication of a new book that would be of interest to the List is acceptable, but added descriptions of how and why the book is the best one written since the passing of Coleman Griffith is inappropriate. Rather, any appropriate announcements should end with an off-list address where the poster may be contacted for further information.

Just to be sure that we are all on the same page, we have prepared a few examples below.

A) No proprietary interest; no controversy.

Listmembers,

I saw a post on the sportpsy listserv about a new journal: Journal of Quantitative Analysis in Sports.

I thought some of you may be interested in it.

Information about the journal can be found
at: <http://www.bepress.com/jqas/aimsandscope.html>

thanks to Al Kornspan for initially posting this info.

Doug

B) Third party posting

Listmembers:

I am posting this for informational purposes.

Fyi, Below is information re: the International Journal of Sport and Exercise Psychology (IJSEP). Rates and contributor guidelines are attached. For more details, please contact the publisher and/or editors directly.

Thanks,

Doug Hirschhorn

Div47 List monitor

Fitness Information Technology (FIT), a division of the International Center for Performance Excellence at West Virginia University, is pleased to announce that it has assumed the role of publisher of the International Journal of Sport and Exercise Psychology

(IJSEP), the official publication of the International Society for Sport Psychology (ISSP), effective with the March, 2005 issue. The journal is published on a quarterly basis and includes empirical and theoretical contributions by an international community of scholars in the science of physical activity, human movement, exercise, and sport. The editors of the journal are Gershon Tenenbaum and Dieter Hackfort. The IJSEP is unique in that it focuses on an international perspective in sport and exercise psychology. Innovative applications and cross-cultural research are especially encouraged. This is the only global academic journal in sport and exercise psychology sponsored by the ISSP

C) No commercial benefit

A sport psychology giveaway-athon is being planned during the annual convention of the American Psychological Association in Washington, DC on August 18-21, 2005.

Needed:

1. Contacts with people (teams, coaches, sports camps, exercisers) who would be interested in attending a free sport psychology workshop.
2. Presenters who would be interested in going out into the community to present a free workshop.

Contact:

Please contact Judy VanRaalte at jvanraal@spfldcol.edu if you have any contacts in the area and/or are interested in presenting.

The Giveaway-athon was a smashing success in Toronto in 2003 and Hawaii in 2004. I could really use your help to continue this event in 2005.

Please contact me ASAP with any ideas that you have.

Thanks!!

Judy

D. Informative announcement by proprietor

Appropriate - no advertising or marketing rhetoric

On Wednesday, May 12, 2004, the Institute for World Sport Psychology will be hosting a workshop titled: How to Overcome the Fear of Re-injury. The workshop will take place in New York City. For more information, please contact: info@fixmyknee.abc

Inappropriate – too much rhetoric

On Wednesday, May 12, 2004, the highly acclaimed and internationally recognized Institute for World Sport Psychology will be hosting a workshop titled: How to Overcome the Fear of Re-injury. This workshop is a must attend event for any practitioner or student who works with athletes dealing with injuries and injury rehabilitation. The lineup of

presenters includes some of the biggest names in sports and sport psychology. Sign up today as space is limited and this could be your best opportunity to network your way into the field of sport psychology. This one of a kind workshop will be held in New York City at the ABC Fitness Club in Midtown. Cost is \$525 per person for the full day event but early registrants can receive a 10% discount. This is the one workshop in 2004 you will not want to miss. For more information, please contact: info@fixmyknee.abc

E) Announcement of new book by the author

Appropriate

I am pleased to announce that my new book “Sport Psychology Listserv Policies” has been published. For detailed information on contents and purchasing please contact me offline at webbe@fit.edu.

Inappropriate

My new book, “Sport Psychology Listserv Policies” has just been published. This is the best book of its kind available, and any sport psychologist who wants to be considered competent needs to have a copy. You can buy it from Amazing publishers at Coolbooks.com. Although I don’t like to blow my own horn, you will find my chapters in this book to be incredibly good. The other chapter writers did an OK job but are obviously inferior communicators. I have attached an excerpt (all of chapter one) below so that you can get a feel for the book.

We believe that our members are sharp enough to differentiate between announcements versus advertisement. The list moderator has been asked to remind participants when they violate these standards and/or communicate in an inappropriate or uncivil manner, and to remove participants who repeatedly violate the policies of use (an event we would all hate to have happen). Importantly, the moderator is only an email click away for consultation before a questionable announcement is posted. We encourage members to seek his or her advice in a proactive manner so as to avoid a public contretemps.

Our listserv is a valuable communication and discussion adjunct that we all enjoy. We simply need to remember the policies and adhere to them.

Appendix I: Division 47: History of Officers and Executive Board Members

-----	Meeting Site	President	President-Elect	Past-President	Sec/Treasurer	Member at Large	Member at Large
2011	Washington	Jennifer Carter	Gloria Balague	Michael Sachs	Doug Hanks	Amy Athey	Jack Watson
2010	San Diego	Michael Sachs	Jennifer Carter	Ed Acevedo	Vince Granito	Amy Stapleton	Nicki Moore
2009	Toronto	Ed Acevedo	Michael Sachs	Chris Carr	Vince Granito	Chris Janelle	Nicki Moore
2008	Boston	Chris Carr	Ed Acevedo	Kirsten Peterson	Vince Granito	Chris Janelle	Frank Perna
2007	San Francisco	Kirsten Peterson	Chris Carr	Penny McCullagh	Diane Finley	Ed Acevedo	Frank Perna
2006	New Orleans	Penny McCullagh	Kirsten Peterson	Frank Webbe	Diane Finley	Ed Acevedo	Jennifer Carter
2005	Washington	Frank Webbe	Penny McCullagh	Judy Van Raalte	Diane Finley	Kirsten Peterson	Jennifer Carter
2004	Hawaii	Judy Van Raalte	Frank Webbe	Kate Hays	Bradley Hack	Kirsten Peterson	Heather Hausenblas
2003	Toronto	Kate Hays	Judy Van Raalte	Diane Gill	Bradley Hack	Greg Dale	Heather Hausenblas
2002	Chicago	Kate Hays	Judy Van Raalte	Diane Gill	David Feighley	Mary Ann Kane	Jack Lesyk
2001	San Francisco	Diane Gill	Kate Hays	Shane Murphy	Trent Petrie	Mark Anshel	Jack Lesyk
2000	Washington	Diane Gill	Kate Hays	Shane Murphy	Trent Petrie	Mark Anshel	Deb Feltz
1999	Boston	Shane Murphy	Diane Gill	Bob Singer	Karen Cogan	Judy Van Raalte	Deb Feltz
1998	San Francisco	Shane Murphy	Diane Gill	Bob Singer	Karen Cogan	Judy Van Raalte	Bill Parham
1997	Chicago	Bob Singer	Shane Murphy	Dan Kirschenbaum	Chris Carr	Karen Cogan	Bill Parham
1996	Toronto	Bob Singer	Shane Murphy	Dan Kirschenbaum	Chris Carr	Karen Cogan	Sean McCann
1995	New York	Dan Kirschenbaum	Bob Singer	None	Edward McAuley	Joan Duda	Sean McCann
1994	Los Angeles	Dan Kirschenbaum	Bob Singer	None	Edward McAuley	Joan Duda	Debra Crews
1993	Toronto	Steven Heyman	Dan Kirschenbaum	Dan Landers	Deb Kendzierski	Diane Gill	Debra Crews
1992	Washington	Steven Heyman	Dan Kirschenbaum	Dan Landers	Deb Kendzierski	Diane Gill	Kathleen Elickson
1991	San Francisco	Dan Landers	Steven Heyman	William P. Morgan	John Raglin	Kate Hays	Kathleen Elickson
1990	Boston	Dan Landers	Steven Heyman	William P. Morgan	John Raglin	Kate Hays	Deb Kendzierski
1989	New Orleans	William P. Morgan	Dan Landers		Steven Heyman	Rod Dishman	Deb Kendzierski
1988		William P. Morgan					
1987		William P. Morgan					

Appendix J: Division 47 Fellows

- Edmund O. Acevedo, Ph.D.
- Mark H. Anshel, Ph.D.
- Robert J. Vallerand, Ph.D.
- Dr Michael J Asken
- Dr Britton W Brewer
- Steven J Danish PhD
- Dr Irene M Deitch
- Dr Deborah L Feltz
- Raymond D Fowler PhD
- Dr Diane L Gill
- Dr Ruth L Hall
- Lenore W Harmon PhD
- Dr Kate F Hays
- Dr John Heil
- Daniel S Kirschenbaum
- Dr Daniel M Landers
- Frank J Landy PhD
- Penny McCullagh PhD
- Dr Shane M Murphy
- William D Parham PhD
- Albert J Petitpas
- John S Raglin
- Dr Arthur Resnikoff
- Dr Michael L Sachs
- Ronald E Smith PhD
- Frank L Smoll PhD

- Dr Charles D Spielberger
- Richard M Suinn PhD
- Dr Judy L Van Raalte
- Frank M Webbe PhD
- Robert S Weinberg PhD