Greetings Members of Division 47. First of all, thanks to all of you who submitted abstracts to be reviewed by David Conroy, Program Chair and his committee for the Annual Convention to be held in New Orleans in August. We actually had more submissions than last year so that is a good sign for the convention. As you are probably aware, APA visited New Orleans in the Fall and made a determination that the site would be ready to host us by August (see APA.org for full report). We are in a helping profession, and it is my view that one way to help the folks in Louisiana, is to pay them a visit and spend some money. I encourage you all to attend. Look in the newsletter for further details regarding the program.

The Executive Committee has also been busy at work along with Committee Chairs. Typically the Executive Committee holds a mid-winter meeting to conduct the business of the division at a location convenient to all members. This year we decided to hold our mid-winter meeting therein Washington DC. Two Board members were in DC on other APA business. Since APA paid their travel costs, the Division saved money. That turned out to be an excellent move. We had free meeting space at APA headquarters and we got a chance to meet directly with some of the APA staff. All thought it was a worthwhile move for the Division.

The condensed minutes of the meeting (which I am sure you will all read as well as the complete version on the website) are included elsewhere in the newsletter, but here are some highlights of things to look forward to:

- Running Psychologists are planning a Run for Resilience in New Orleans. Plan to participate! Walkers welcome!
- Discussion occurred about changing the newsletter to an electronic version. At this point it was decided that only the Summer newsletter would go on line for greater access and timing efficiency before the convention. Also if you ever wanted to be a Newsletter Editor, please contact me. Bob Harmison has done a wonderful job but will be stepping down.
- As President, I had spent a considerable amount of time discussing some journal options with the APA journal division. It was my opinion that the field was in need of an outlet for practical professional practice issues that is not being served by the current academic sport and exercise journals in the field. Because I had not had a chance to discuss possible options with the Executive Committee, I invited the APA Journal Staff to meet with us in DC. We had a lively discussion about some possibilities and as a result APA will survey a sample of Division 47 members to provide input. If you are tapped I ask that you please respond. If you are not tapped you can contact me directly with your thoughts.
- Giveaway-athon — Started by Judy Van Raalte, this is the opportunity for our members to give services away (provide sport psychology services on a one time basis to a targeted group) before the Convention. This activity come under the realm of the Public Interest Committee. If you are interested in helping out please contact Sam Maniar at Sam.Maniar@osumc.edu.
- There was further discussion of the on-line course offerings for psychologists in the kinesiology/sport science area. I had prepared a proposal for consideration and the head of Continuing Education was able to come to our meeting and provide input — I will be continuing to pursue options and along with the Education Committee to determine the best way to accomplish these goals.
- SUPERVISION BROCHURE COMPLETE! Many thanks to Judy Van Raalte and colleagues for their persistence in seeing this project to fruition. It provides an important contribution to the field and exercise and sport psychology.

Our standing committees are busy at work. I have asked all the committees to try and connect with the corresponding Directorates at APA to provide additional visibility for our Division. If you have any ideas on any of the following projects, please contact the Committee Chair:

- Education — Continuing Education, High School Lesson Plan, Outreach at Regional Conferences — Contact Ed Etzel at eetzel@wvu.edu.
- Practice — Best practices in sport psychology — Contact Jack Watson at Jack.Watson@mail.wvu.edu.
- Public Interest — Depression and athletics brochure, Media referrals for sport psychology, Giveaway-athon — Contact Sam Maniar at Sam.Maniar@osumc.edu.
- Science — Dissertation Award, Aligning with Psychological Science Agenda — Contact Chris Janelle at cjanelle@hhp.ufl.edu.
- Membership — Frank Webbe continues to serve in the role at Membership Chair — he could use some help — If you are interested please contact him at webbe@fit.edu.

Laissez les bons temps roullez and see you in New Orleans.
Olympic Reflections

Kirsten Peterson, Ph.D. • President-Elect

I recently returned from Italy and the winter Olympics in Torino. Actually, I spent most of my time in a small Italian alpine town about 90 minutes from Torino called Sestriere, home to men’s alpine skiing and close to many of the other skiing, snowboarding, and sliding sports. The varied terrain demands of winter sports often create a “spread out” Olympics which in Italy included three separate Olympic Villages. I like to think that my view of the experience from high in the Alps gave me a broad perspective of the Olympic experience as a whole, and I’d like to share some of my observations. Sport psychology continues its ascent as an integral part of elite sport preparation. My friends in the States were quick to tell me about the many positive news reports athletes provided about their work with sport psychologists before and at the Games, and Sean McCann even got face time on the venerable Today Show.

I also saw that real life, trials, tribulations, and even trauma did not suspend operations for athletes at these Games. Through or despite it all, athletes generally found ways to bring their best performances to the table. It is a life highlight to see athletes persevere and succeed when it counts. Not that all of our athletes’ best performances translated to the desired outcomes, however, but that is part of the thrill and agony of sport. All we can do as sport psychologists is help our athletes bring out the best they have on any particular day. Not that we remain unaffected when an athlete’s best just isn’t good enough when a slight miscue takes an athlete off the podium—and it can happen in a blink of an eye—the ice that doesn’t hold up under a skater’s blade, the slight skid of a bobsled, the hesitation on an element after watching someone going before take a fall. Anyone who is part of the team around the athlete knows the feeling of pride mixed with frustration and sadness when things just don’t work out. But it remains our job to find ways to support the athlete during these difficult times, even while the winners are feted a short distance away.

The complexity of our roles as sport psychologists was another reinforced insight of my Games experience. For me, living outside the Village away from my teams meant a daily challenge of determining where my presence would make the most sense, and then procuring places to meet in either the crowded Village or our crowded hotel…somewhere else. The particular sports I worked with during the Games suffered from many trials, from late-in-the-game coaching changes, new executive staff, last-minute athlete substitutions, to within-team strife, to name a few. None of which would be on any sport psychologist’s top ten list of ways to go into the Olympics, but such is reality (our wry motto became “It is what it is.”) I was thankful that I had options for daily consultation, as I would brainstorm issues about who today’s clients were, how to handle multiple overlapping relationships and competing demands, the ethicality of consulting with a coach who’d been fired from his team, and my own self-care issues. At the same time, my colleagues each had their own set of particular issues to deal with.

Our cumulative complications as sport psychologists led me to yet another realization, that the field of sport psychology needs to equip practitioners with the awareness and skills to deal effectively and ethically with these kinds of situations. Many of the realities I described are unique to the world of sport psychology but are not dealt programatically in most psychology, sport psychology, or sport science training programs. As part of this effort, we need to take a hard look at our models of supervision, where this kind of practical knowledge base is typically taught. Our current supervision model mirrors the traditional psychology model, but what about the unique in-the-field realities of sport psychology? What qualifications and experience should we expect from our sport psychology supervisors? What additional skill sets should our best practitioners have, and what will they need to know for ethical practice on the road? I hope to examine and move on these supervision issues for both new and more seasoned professionals in conjunction with Penny McCullegh’s development of online coursework to help psychology and sport science trained professionals to gain ethics and sport science knowledge.

Ciao for now, but I welcome your thoughts and feedback on these and any other ideas you have to help Division 47 move the field of sport psychology forward.

Division 47 has its own listserv for members and those interested in the field of exercise and sport psychology. The list is specifically for postings on issues, questions, information, and findings concerning research and professional practice issues in exercise and sport psychology.

To join the list and receive email posting from list members, send an email message to: listserv@lists.apa.org. Leave the subject line blank. In the body of the message type: “subscribe div47” and send the message. If you use a signature file with your message, please remember to remove it for this message. You will receive acknowledgement from Majordomo when your subscription has been approved. Subsequently, to send a message to the list, simply address your message to: div47@lists.apa.org. Please use care and consideration in your messages.

Currently, the Division 47 list administrator is Doug Hirschhorn, M.S. To reach Doug, send an email to: dhirschhorn@bam-us.com.
Greetings ... and well ... sort of ... goodbyes. This will be my last opportunity to address the membership via the editor’s past, as I have decided to end my term as editor following the summer issue of the newsletter. I’m stoked to have been (i.e., I really enjoyed being) a contributor to the newsletter over the past five years, including two years as the associate editor and three years as the editor. I’m stoked (i.e., It’s much been a worthwhile experience) to have been involved with so many of the behind-the-scenes efforts that take place within a professional organization such as Division 47 with an executive board that is truly passionate about the field and future of sport psychology. If you get the chance, be sure to stoke (i.e., thank) your Executive Committee members for all of their tireless work on our behalf in shaping the field that we love.

I want to personally stoke (i.e., thank) the following Executive Committee members who have helped me make my experience as the editor both fun and memorable: Judy Van Raalte, Kate Hays, Frank Webbe, Penny McCullagh, Kirsten Peterson, Bradley Hack, Diane Finley, Bill Parham, Heather Hausenblas, Jennifer Carter, Ed Acevedo, Chris Janelle, David Conroy, Keith McConnell, Suanne Shocket, Amy Stapleton, Jessica Mohler, Adam Wright, and Trent Devore. I would be remiss if I failed to stoke (i.e., acknowledge) those folks that contributed to each newsletter getting from my computer to your hands, mainly Libby Albers, Tom Mein, my dad, Bob Sr., my wife, Jennifer, and my kiddos (my apologies to those who may have received your newsletters with the mailing label upside down as a result of their “creativity”).

On a final note, I am stoked (i.e., excited) to announce that plans are in the works for the newsletter to eventually be delivered to Division members in an online format only. The Executive Committee is deciding on how to best transition to this format, including an online only version of the summer issue of the newsletter to be delivered via email in late June. You are encouraged to update your membership information with the APA Membership Department (www.apa.org/membership) to ensure the timely receipt of this and future newsletters.

Well... it’s time for me to kick back... prop up my feet... and dream of when I can get back on a snowboard this winter. Learning this sport that is capturing the interests of so many people far and wide certainly has been a challenge for me. We here in the desert need to hold on to these dreams, however, as the word is that it will soon be very, very hot. Not too many people around here are stoked about that...
I am honored and appreciative of the opportunity to run for President-elect of Division 47. I have been an active member since 1988, including two stints on the Executive Committee as both the Student Representative and Secretary-Treasurer. I believe that Division 47 is aligned to make a significant impact in the field of sport psychology during the next 5-10 years. I have worked as a psychologist in the realm of collegiate, professional, elite amateur (Olympic), and youth sport for the past 14 years. Through these experiences I believe I have gained knowledge and skills that will empower me to be a worthy leader in the growth of sport and exercise psychology. If elected as President-Elect of Division 47, I will work with the Executive Committee and the membership to facilitate the following agendas:

(Continued on Page 6)
Dear members of Division 47, I would like to represent you on the APA Council of Representatives for a second term. Your confidence in me comes with a promise to make Division 47 even more visible within the Association. My relationships with the Executive Management Group (EMG) of the Association (e.g., President, President-Elect, CEO, members of the Board of Trustees) and with the representatives of the 54 other divisions are strong and are already resulting in discussions regarding projects on which we can collaborate. APA is on the move relative to advancing initiatives that have relevance to the public as well as to the Association and Division 47’s is counted among those who are contributing to this forward movement.

I enjoy representing you and feel quite comfortable advancing Division 47 interests within the Association. My comfort in this role, my working knowledge of the structure and function of the organization and the credibility I have been told I bring to discussions of important issues stems from my long standing involvement within APA governance. I was a 2-time Chair of the Committee on Ethnic Minority Affairs (CEMA), a member of the 6-person delegation representing APA at the World Conference Against Racism (WCAR) in Durban, South Africa, a 2-time Coordinator of the National Multicultural Conference & Summit, former Member-at-Large for Division 47, former Program Co-Chair for Division 17, President-Elect of Division 17, Site Visitor for the APA Office of Accreditation and a Fellow of Divisions 17, 45 and 47.

Representing you on the APA Council of Representatives is a role I take seriously and I am committed to finding additional ways to strengthen an already solid relationship that we have with the Association. I am humbled by your consideration of me to represent you for a second term. If elected again I hereby promise to keep Division 47 in the loop of information and to work smartly to make our visibility and viability within APA even more salient.

Open Call for Division 47 Student Representative Nominations

Each year, a student co-representative who is a student-affiliate of Division 47, is selected to serve the division and be a liaison to the Executive Committee. For this position, the student-affiliate shall:

1) Attend the executive and business meetings of the division during the annual APA Convention, and if feasible, attend the mid-year meeting. He/she will provide a student-affiliate report regardless of whether he/she can attend the meetings.
2) Write a column in the spring and fall issues of the division’s newsletter.
3) Assist the President in the selection of the new student-affiliate.
4) Work with the program chair to plan a student meeting and/or student-affiliate sponsored presentation at the annual convention.
5) Act as a liaison between student members and the Executive Committee on ideas, problems, concerns and suggestions.
6) Sit on committees of the division and/or assist the committee chairperson in the selection of a student for the committee.
7) Perform any other job agreed upon by the division President and/or Executive Committee.

For those student-affiliates who are interested in applying, please send
(a) 1-2 page statement of interest in the position and (b) a current vita to Dr. Kirsten Peterson, Division 47 President-Elect (see back of newsletter for mailing address). Dr. Peterson, in consultation with the current co-student representatives, will select the new student co-representative. Announcement of the new student representative will be made at the APA Convention.
It is an honor to be nominated for the Member-at-Large position. Luis is an avid runner and is currently training for his second marathon. Recently, Luis has volunteered as member of the Toronto and ING New York City Marathon Psyching the Advancement of Applied Sport Psychology. Additionally, Luis has presented on numerous occasions at APA and the Association for focused on the proficiency in sport psychology and served on the 2006 convention program committee. Luis has been an active member of Division 47, serving in the education committee which has focused on the proficiency in sport psychology and served on the 2006 convention program committee. Additionally, Luis has presented on numerous occasions at APA and the Association for the Advancement of Applied Sport Psychology.

In 2001 he received a USA Swimming Sport Sciences Grant which resulted in the creation and evaluation of a workbook for youth swimmers entitled "The Optimistic Swimmer." In 2003, Luis was awarded a Developing Leadership in Reducing Substance Abuse Fellowship from the Robert Wood Johnson Foundation.

Luis has been an active member of Division 47, serving in the education committee which has focused on the proficiency in sport psychology and served on the 2006 convention program committee. Additionally, Luis has presented on numerous occasions at APA and the Association for the Advancement of Applied Sport Psychology.

Recently, Luis has volunteered as member of the Toronto and ING New York City Marathon Psyching Teams. Luis is an avid runner and is currently training for his second marathon.

Position Statement: It is an honor to be nominated for the Member-at-Large position and the opportunity to serve my colleagues in Division 47. A highlight of my experience within APA has been my interactions with Division 47 members and I am excited about the chance to give back to the field that has given me so much. My interest in the Member-at-Large position is driven by my passion for the field and desire to increase our influence within APA.

To enhance the influence of the professional practice of applied sport and exercise psychology we must continue our efforts to disseminate the vast knowledge base of Division 47 members, increase interactions with complementary divisions, expand the opportunities of training and professional experiences for new professionals, and establishing guidelines for the practice of sport psychology.

It is my belief that identifying the way in which sport psychology and other specialties can have a synergistic impact and can complement one another’s work, is the key to Division 47 expanding its influence and role within APA.

Continuing education workshops and developing formal liaisons with other divisions and organizations are some of the ways of sharing with others our expertise. Additionally, by promoting cross fertilization of ideas through integrative presentations with other divisions, members of Division 47 will have the opportunity to demonstrate how their expertise in exercise and sport psychology as well as diversity of perspectives can enhance the work psychologists throughout APA. Furthermore, as we collaborate with other divisions and exchange our knowledge and ideas more APA members will become interested in the work of Division 47 and thus increase our membership base.

As a division we have done an excellent job of helping students and new professionals feel welcome during social hours and other conference events. This can be enhanced by providing mentoring, supervision, and training opportunities to those interested in learning more about the activities of Division 47 members. Furthermore, continuing to support guidelines in the practice of applied sport and exercise psychology such as the proficiency in sport psychology and AAASP certification will provide psychologists with a “road map” for becoming a competent professional.

I am excited about the opportunity to serve Division 47 in this capacity and look forward to many years of involvement with you all. Thanks for you consideration. I the Division committees and your potential involvement in the Division.

(Candidates from Chris Carr, Ph.D. Page 4)

A.) Enhancing the “Professionalism” of Sport Psychology as a unique discipline within APA and the greater public. By actively addressing proficiency standards, ethical issues, and professional development standards (e.g. continuing education for psychologists needing exercise science/sport psychology training) we can continue to advance our profession beyond the “gimmicks” that disrupt professionalism of the field. I will support active methods (e.g. proactive committees within D47) of strengthening our professional standards and qualities.

B.) Increased interaction and visibility of Division 47 within APA, including collaborative relationships with relevant divisions such as Division 17 (Counseling), 12 (Clinical), and 38 (Health), to name a few. Our members can make great contributions to the “mission” of the APA and Division 47 should be seen as a “leader” in issues of performance excellence, resilience, and mental toughness research and applications.

C.) Increased collaboration and dialogue with sports and exercise-related organizations such as the American College of Sports Medicine (ACSM), the National Athletic Trainers Association (NATA), and sports organizations such as the NCAA. I am a member of the NCAA Research Review Board and consult with the NCAA Education Committee (an advantage of being based in Indianapolis); it is now time for D47 to be a proactive leader in educating the venues of sport culture as to the various roles that sport psychologists can provide (e.g. education, research, and psychological interventions).

D.) Create positive visibility of our field as a unique discipline. I would like to facilitate the exploration of a D47 Journal (APA Publications) that would incorporate our various disciplines (e.g. sport science, counseling/clinical psychology) into published research and professional development articles. Our field has so much room for growth and collaboration between disciplines; a proactive approach and direction will allow us to maximize each discipline’s contributions to the ongoing growth of the field.

Other initiatives will clearly arise through working together with the Executive Committee, and specifically the current and past-Presidents. I will always support the continued development of programs for students (e.g. online “mentorship” models) and will actively seek student representation as part of the executive committee. I am excited about our future in Division 47 and would appreciate your support!
Psychologist, Run Thyself
by Ethan Gologor, Ph.D.

The following is an excerpt from a forthcoming book by Dr. Ethan Gologor, psychology professor at The City University of New York.

At exactly 10 A.M. on November 6th, after I’d made a few rounds among the 37,000 runners, lounging or pacing about on Staten Island, I stripped off the medical badge that I’ve worn the last three years while running (operating, being in charge of) the “Psyching” team, replaced it with No. 46,645, and headed for the starting line. And sometime that afternoon, or more likely evening, I was hoping to find my way to the finish line, having run (put one foot rapidly in front of the other) a marathon.

This was the last leg, or the last 138,435 legs of a journey I’d begun some two-and-a-half years earlier (without quite understanding why) and some twenty weeks earlier (with a creeping awareness of what I was really letting myself in for). The Marathon Madness Journey. My kids, no longer five and eight, having learned all I could teach them about negotiating New York streets amongst the errant garbage trucks, taxis and bicyclists (detailed in my only New York Times Op-Ed appearance, over two decades ago), who have run six marathons between them, had passed me their baton. They’d been teaching me about pacing. And electrolytes. And fartleks.

To be sure, in this day and age where triathlons and Iron Man competitions regularly occupy the athletic landscape and wedge neologisms into our vocabulary almost daily, where runners are not only used to advertise sneakers and sports drinks but show up in stockbroker ads, on bus stop kiosks and on the cover of Introductory Psychology textbooks, where everything from the arduous baseball season playoffs to sixteen hours of Comedy Central’s Blue-Collar Stand-Up Routines to Live 8 Concerts are referred to as “marathons,” running one appears not to be the singular accomplishment that it was a generation ago. But for me, it was.

Just over two years ago, despite having demonstrated some facility on the tennis court most of my life, the very thought of running caused me great pain. I simply couldn’t do it. I had no interest in trying. A few yards to catch a bus or a traffic light and I was panting. Maybe I had done a mile in college gym class, but surely nothing like it since. Until my kids took it up to balance those six or eight hours they were spending behind desks in their first post-college jobs, I looked with scorn at all those trendy joggers circling the reservoir in Central Park. This is not a sport. This is masochism. And I only joined and later became captain of the “Psyching team” so I could have a chance of catching my offsprings at the finish line without spending $180 bucks for a grandstand seat and a Bloody Mary.

But in the deeper recesses of my consciousness, I was becoming aware of something else. That month and year stuck into the top corner of my annual pension statements the last 35 years was beginning to loom large. In fact, it was to arrive in seven weeks. Was I going to slip quietly into the retirement night? Was that armchair on which I tuned in to my patients’ dramas going to transform itself unnoticeably and unceremoniously into a rocking chair? Had I no longer the inclination to spring into something radically new?

Come on now, doctor, Medicare or Marathon?

I learned that sneakers aren’t “running shoes.” I was taught on which end of a treadmill to stand. I became expert on cool max (clothing) and gu (food) and in a few months, I tripled my life-time output. I could actually run three miles. Not without cost, mind you. I’d run through (endured) a gamut of injuries, literally, from head (dizzy) to toe (blackened). Parts of the body I didn’t know existed entered my vocabulary as they got strained (iliotibial band) or inflamed (plantar fasciitis). More familiar parts started secreting fluids of different hues than they used to (yes, aged male runners, even the prostate tries somehow to get into the act.)

I have listened, awe-struck, to runners’ euphoric tales, how their creative juices flow, how they reach a “runner’s high,” how they become one with nature. And while they’re all trekking the Colorado trails, it seems, basking in the sunlight shimmering off the tall grass wherein osprey follow their young and egrets build their nests, I would begin training by leap-frogging through my apartment courtyard, tripping over the dog leashes, the super’s hoses, the delivery men’s hand trucks, veer into the gutter to avoid crashing into the double strollers, the oblivious cell-phoners, the obstructionist couples, lucky to make it to the intersection to dodge the unyielding traffic. Suppressing this new budding form of Urban Road Rage, how I long for an egret.

Despite everything, including weather which reached 70 degrees and 97% humidity I made it across the finish line. A little visualization and goal-setting and other Sport Psychology wisdom helped. But I learned more about me than about running. Despite my tendencies not to advertise my intentions, I deliberately told others of my plan, knowing there’d be too much cognitive dissonance had I not gone through with it. Despite my oft-expressed desire to go it alone, I was certainly “socially facilitated” by two million spectators, yelling “Let’s go Ethan, let’s see what you’ve got” (Okay, maybe not all of them, but I did have my name on my shirt). Despite all my training tendencies to “dissociate,” I paid close attention, throughout the race, to the external markings, everything from the huge clocks recording split-times, to the location of bathrooms to slaloming through the water stations without slipping. Despite my tendencies to take short-cuts in life, I cut no corners here (as many did when making turns, actually shortening--unfairly, I thought--the course). I learned that runners are often obsessive, hysterical, phobic, manic, narcissistic and borderline schizophrenics and maybe you have to be to do something extraordinary.

It could hardly be incidental that there are as many definitions for “run” as for any word in the language. As the therapeutic room can be considered a metaphor for life, so is keeping always on track the promise and burden of the Running Psychologist. For in the long run, while I feared getting too run down or running this idea into the ground, I didn’t want just to run through the experience, and perhaps in due course, and on this and other courses, I might run into a concept or two that I could run by others.
It’s hard to believe but the 2006 APA Convention is just around the corner. In the wake of Hurricane Katrina, there was some question about whether APA should proceed with plans to host the 2006 meeting in New Orleans. After extensive consultation and careful deliberation, the APA Board of Directors unanimously concluded that it was appropriate to continue with plans to host the meeting in New Orleans. The APA has established a website to explain their decision-making process and answer common questions and concerns about attending the meeting (www.apa.org/convention06决策.html). Many special events are being planned based on the profound and lasting impact that this disaster continues to have on the people of the Gulf Coast. I hope that you will consider attending the meeting. Our presence can contribute to the revitalization of this amazing region.

As in years past, we also have a fantastic program ready to stimulate the minds and imaginations of scientists and practitioners interested in exercise and sport psychology. Similar to last year’s Convention, the meeting will take place over four days (Thursday – Sunday) which means that the days are full! To help you find sessions that may interest you, we’ll be distributing copies of the Division 47 program at division-sponsored sessions on Thursday and Friday. Here are a few highlights that you can look forward to:

1. Dr. Andy Elliot (University of Rochester) will be giving an invited address entitled “The Influence of Color on Motivation and Performance.” Following his address, a complementary workshop on “Applying Achievement Goal Theory in Sport” will be conducted by Dr. Lori Gano-Overway (Bridgewater College), Dr. Michelle Magyar (Cal State Long Beach), and Dr. Chris Spray (University of Loughborough).
2. Dr. Vikki Krane (Bowling Green State University) will present the Steven Heyman Lecture on “The Omnipresent Elephant in the Lockerroom: Sexual Identity and Sport Psychology.”
3. Dr. Judy Van Raalte (Springfield College) will receive this year’s award for Distinguished Contributions to Exercise & Sport Psychology in the Public Interest. Her address is titled “Giving Exercise and Sport Psychology Away.”
4. We have a number of excellent member-initiated sessions as well. Highly-rated symposia include “Olympic Sport Psychology Service Provision: Perspectives on Preparation for the 2006 Games” (chair: Dr. Kirsten Peterson, United States Olympic Committee) and “Sport Psychology Supervision: How Do We Balance Need and Risk?” (Chair: Dr. Karen Cogan, University of North Texas). Dr. Mark Anshel (Middle Tennessee State University) is presenting a novel workshop on “Applied Exercise Psychology Techniques for Use in Private Practice.” There will also be many other excellent workshops and paper sessions on important topics in exercise and sport psychology.

These are only a few of the many fantastic Division 47 sessions that are lined up for the 2006 APA Convention. The Program Committee (Renee Newcomer Appaneal, Amy Latimer, Luis Manzo, and Steve Portenga) and I invite you to join us for all of the Division’s exciting sessions. If you have any questions leading up to the convention, please feel free to contact me (david-conroy@psu.edu).

P.S. Start planning your submissions for San Francisco in 2007 — it promises to be a meeting to remember!
The annual race and walk at the 2006 New Orleans Convention of APA will be held on Saturday morning, August 12, in Audubon Park at 7AM. The Park is approximately 4 miles from most of the major hotels. Buses will transport participants to and from the race. Maps to the race site and details regarding bus pick up will be available at the Division Services Booth at the convention. Awards with a special New Orleans theme will be given to the overall men’s and women’s winners and to the top three in each 5 year age group, from under 25 to over 75. The top three male and female finishers who hold membership in Division 47 will receive awards. The top three finishers who are current or past Psi Chi or National Psi Chi Council members also will receive awards. To honor the exhibitors at our meeting who provide excellent raffle prizes for us, a special award also will be given to the highest finishing male and female exhibitor. Pre-registration will run until July 31st - which means that the entry form and fee must be received by that date. Please give us all the requested information including age and gender so that the race numbers can be labeled and results tabulated accurately. THE ENTRY FEE FOR PRE-REGISTERED RUNNERS (who are not Div. 47 members) IS $20.00, which includes a commemorative shirt, raffle chance, and post-race refreshments. PAST July 31st, CONVENTION AND DAY-OF-RACE REGISTRATION FEE IS $25.00. Pre-registration for students is $15.00 and convention student registration is $25.00. PLEASE pre-register to help us avoid too many convention and day-of-race registrations and to assure that you receive a t-shirt. Shirts only guaranteed to those who pre-register. Make your check payable to: Running Psychologists.

Division 47 members receive a discounted pre-registration entry of $15 as a value-added benefit of division membership. If you are an APA member and wish to apply for division membership with this entry form, check the block on the form below and remit the discounted entry fee ($15) plus the Division dues ($24 for members, $14 for associates, $10 for student affiliates). We will forward your application to APA for processing.

You may pick up your race number and shirt at the business meeting of Running Psychologists on Friday morning at 8AM (see the program for room number) or at the APA Division Services booth in the main Convention Area, beginning Thursday morning. The Annual Pre-Race Pasta Dinner will be held on Friday evening, August 11th. Please visit Division Services Booth at the convention for details regarding exact time and location. Mark your entry form to reserve a place at the dinner or sign up at the convention.

Awards and t-shirts will be created by local artists and $1 of each participant’s race fee will be donated to a local charity.

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NAME: 
ADDRESS:  
CITY: ______________________________ STATE: ________ ZIP: __________ 
EMAIL: ______________________________ TELEPHONE: ______________________________ 
PASTA DINNER? Y / N HOW MANY? SHIRT SIZE: S M L XL XXL 
AGE ON August 12th BIRTHDATE: _______________ GENDER: M F Walker? __________ 
CURRENT DIVISION 47 MEMBER? Y / N SPONSOR OR EXHIBITOR ORG. NAME: ________________________________ 
PSI CHI MEMBER? Y / N PAST OR CURRENT PSI CHI NATIONAL COUNCIL MEMBER? Y / N 
I WANT TO JOIN DIVISION 47 Y/ N APA Status: Member___ Fellow___ Assoc___ Stud. Affiliate___ APA Member # ______ 

I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of you accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Running Psychologists, Division 47 and the American Psychological Association, the City of New Orleans, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, and recording, or any other record of this event for any legitimate purpose. I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

Signature/Date

Make Check payable to: Running Psychologists. Receipt before July 31st: $20; Students and Div.47: $15. 
On-site/Convention race registration: $25 for all participants.

Please return to: Ethan Gologor, 353 E. 78th St. Apt. 15A, NY, NY, 10021. Email: puereternis@hotmail.com
The most recent winter meeting of the APA Council of Representatives (COR) was convened by APA President Gerry Koocher, Ph.D., ABPP who opened the 2.5 days proceedings with Memorial Minutes ceremony wherein he recognized and honored deceased COR/APA members. Dr. Koocher then talked briefly about his presidential initiatives (e.g., Psychology: Building Stronger Families; Diversity in Psychology; Early Career Psychologists) and encouraged everyone to become involved. Details of Dr. Koocher’s PI can be accessed using: www.apa.org/about/president/initiatives.html . Past-President Ron Levant updated us on the successful completion of his initiatives that included: Making Psychology a Household Word; Healthcare for the Whole Person and Evidence-Based Practice. We then heard from APA CEO Norman Anderson, Ph.D. who informed us that APA is in great fiscal shape and is experiencing its best years ever. To date, APA has earned a 5.5 million dollar surplus and a 600,000.00 surplus is expected for 2006. Dr. Anderson also introduced new members of his executive management group. They are Dr. Gwen Keita, Executive Director of the Public Interest Directorate and Dr. Dan Horsey, Chief Information Officer (CIO) who will be responsible for IT activities.

New Orleans, LA will be ready to host us for our August 9-13 convention so plans are moving forward with anticipation that the convention will be successful. There are a number of activities planned, including opportunities to work with the city of New Orleans as they heal from the Katrina tragedy. Famed comedian Bill Cosby will deliver a performance and the proceeds will go directly to the New Orleans public schools. Also slated to speak is psychologist turned celebrity Dr. Phil McGraw. The March 2006 issue of the Monitor will have complete convention information so stay tuned. The opening ceremony of our 114th convention will be highlighted by a powerhouse performance by television and theatre star Anna Deavere Smith.

Several agenda items (e.g., 36 total) were presented, discussed and acted upon and I can provide a complete list of those items if there is interest. Just let me know. Of particular note, however, was the approval of the Report of the Board of Directors Work Group on the Recommendation of the Commission on Education and Training Leading to Licensure in Psychology. Essentially, the COR approved the recommendation that state that APA recommends that for admission to licensure applicants must demonstrate that they have completed a sequential, organized, supervised professional experience equivalent to two years of full-time training that can be completed prior or subsequent to the granting of the doctoral degree. COR also discussed steps for follow through on actions regarding the report of the presidential Task Force on Psychological Ethics and National Security (PENS). COR allocated 18,000.00 from its 2006 discretionary funds to support one meeting of the joint Board of Educational Affairs (BEA)/CAPP Task Force to review the APA Psychopharmacology Curricula and Related Policies provided that 2 psychologists with expertise in child and adolescent psychopharmacology are added to the membership of the task force. COR approved the APA Presidential Working Group on Prejudice and Discrimination in All of its Forms. COR approved funding (from discretionary sources) for several Task Forces including: Task Force on the Sexulization of Girls; Task Force on Socioeconomic Status; Task Force on the Guidelines for Assessment and Treatment of Persons with Disabilities; Task Force on Training Issues for Graduate Students with Disabilities in Testing & Assessment; Task Force on Gender Identity, Gender Variance & Intersex Conditions; Multicultural Leadership Workshop; National Conference on Training in Geropsychology; and the Task Force on Mental Health & Abortion. Finally the Proposal for the establishment of a New Division of Trauma Psychology was approved and the Proposal for the establishment of a New Division — The Society of Human-Animal Studies was defeated.

The COR meetings were engaging, welcoming and all were encouraged to collaborate and work together. In this spirit I urge all of Division 47 to access the APA website (www.apa.org) and become familiar with the various programs and initiatives of other divisions some of which are extending invitations to us to partner with them in making APA work for all.

Distinguished Scientific and Research Contributions to Exercise and Sport Psychology

The Distinguished Scientific and Research Contribution Award is presented to candidates who have made distinguished theoretical or empirical contributions to basic research in sport and exercise psychology. For this award, nominators should include in the letter of nomination a statement addressing the following questions: 1) What are the general themes of the nominee’s major line(s) of research?; 2) What are the important research findings usually attributed to the nominee?; 3) To what extent have the nominee’s theoretical contributions generated research in the field?; 4) What has been the significant and enduring influence of the nominee’s research? (i.e., what historical contribution has the nominee’s research made to the field?); 5) Compare the nominee with others in his/her field; and 6) What influence has the nominee had on students and others in the same field of study? Where possible, please identify the nominee’s students by name.

To be considered for the award, the individual must be a current member of Division 47. A letter of nomination outlining specific contributions, a current vita, and the names, addresses, e-mails, and phone numbers of three sport psychologists familiar with the nominee’s work must be sent to the Past-President who chairs the Awards Committee. All nominations must be received by December 31st.
I'd like to begin this column by introducing myself. My name is Trent DeVore and I have the distinguished honor of serving as the student representative to the division and being a part of the executive team for the next two years. As I begin the process of settling in, I want to let all the student members know that I am serving as your voice to the executive committee and the division. As of last count there are over 150 of you and with that many voices behind me I should be able to be heard clear across the country! I have already been busy serving on the committee as I was privileged to meet my fellow executive board members at our mid-winter meeting at APA headquarters in Washington, DC in January. We really have a great team of people all working hard for the division and the field of exercise and sport psychology. As we begin this new year I have set forth a few goals to achieve during 2006 that I cannot accomplish without your help. For starters I would love to have more student input and participation in the division. There are opportunities for student members to get involved and help spread the word about what we do here in exercise and sport psychology. One such platform to accomplish this is through the APA sponsored regional meetings. The great thing about these meetings is their close proximity to each of your schools or institutions, and the ability to get out and meet fellow students and professionals in the field. I know money is often very tight for graduate students and these regional opportunities are ideal for those on a tight budget. I am currently looking for volunteers to serve as regional representatives and attend these regional conferences on behalf of Division 47. Please contact me if you are interested in serving in this role.

In addition to the regional conferences, is of course the annual APA conference, which will be held in New Orleans this August. There is no better opportunity than the annual conference to meet fellow Division 47 professional and student members, as well as having the opportunity to advance your knowledge about exercise and sport psychology. While at the conference you will be exposed to research, presentations, workshops, and of course all the other wonderful and eclectic divisions that are a part of APA. Additionally, Division 47 will be sponsoring a keynote speaker which the executive committee is in the works of securing that will serve as an ideal opportunity to expand your knowledge about current happenings in both the field and research. During the conference I hope to have the opportunity to meet a lot of you and get your feedback concerning your role as a student in our division. I hope you will take the opportunity to become more involved and share your experiences so that we can make our student presence as strong as it can be. I want to thank you for taking the time to learn a little bit more about our role as student members and I challenge you to get out there and let your voice be heard. As always please feel free to contact me with any questions, comments, or concerns that may arise concerning our division, as well as any ideas that you may have for me, so that I can serve you better. Again, I am honored to serve you, the students, and look forward to meeting you all in New Orleans!

Members of the Education Committee (EC) have been in communication with APA TOPSS - Teachers of Psychology in Secondary Schools. APA TOPSS staff member Emily Leary has indicated that high school students are likely quite interested in sport and exercise psychology, information about which teachers may be included in psychology classrooms. TOPSS is communicating with a sample of high school teachers on how information from D47 might be infused into high school psych curricula.

Also, there are two additional options for outreach by D47 that appear viable. One, TOPSS would welcome any article submission on sports psychology to the Psychology Teacher Network (PTN) newsletter (see www.apa.org/ed/topss/PTN_winter06.pdf). The PTN is read by all APA High School and Community College Teacher Affiliates. An article on those topics D47 thinks are most relevant to classroom teachers would be welcomed. Articles are typically 1000-1500 words, and can be submitted to TOPPS through Ed Etzel at eetzel@wvu.edu.

Another D47 TOPSS option would be to develop a Powerpoint on sport and exercise psychology, covering these topics (from D47): (a) Core concepts, (b) Career options, (c) Public interest issues, and (d) Both practical and classroom applications.

Such Powerpoint(s) would be posted such on the APA website so that teachers can access them and use them in their classrooms. Members who may have an interest in contributing to such presentations should contact Ed Etzel.

Furthermore, the EC is beginning to work on developing continuing education programs and will increase visibility with programs at state and regional psychology conferences. Members are encouraged to submit proposals to such conferences on sport and exercise psychology. The committee is interested in tracking of those that are made by D47 members. That information can be sent to the chair of the EC.

Finally, Ed Acevedo was appointed EBoard liaison for the EC in a recent EBoard meeting. The EBoard is interested having the EC work on continuing education initiatives. In that same meeting the issue of a column for the newsletter was discussed. It was decided that the Education Committee contribute a column to the newsletter in the Fall.
Public Interest Committee Report
by Sam Maniar, Ph.D. • Chair; Matthew Marten, Ph.D., Sam Zizzi, Ph.D. • Members

The Public Interest Committee has added one new member (Sam Zizzi), and we are excited to continue our work in 2006. We have outlined three main areas of focus for this year: (a) education of the public regarding the benefits of sport psychology; (b) developing athletics department guidelines, in conjunction with the NCAA, for addressing the mental health needs of student-athletes; and (c) continuing the Giveaway-athon at the annual convention.

Education of the Public Regarding the Benefits of Sport Psychology
Although our division has done well educating the public at the grass roots level by working with young athletes, we must do a better job of communicating information to coaches (all levels) and professional organizations. Additionally, we must do a better job of addressing the "exercise" part of Division 47's sport and exercise psychology. Thus, communicating to the public about the role of psychology in exercise and health will be important. It is our intent to have a more national presence by using the APA as our backing. Along these lines, we have developed several goals:

1. Work with relevant major news networks (e.g., ESPN, CNN, Sports Illustrated, etc.) to (a) promote sport psychology and (b) choose qualified individuals for interviews and appearances.
2. Develop a short document for release to the media that may address what sport psychology is (and isn't) and how it can help (or hurt).
3. Develop some suggestions/guidelines for members to follow when speaking to the media.
4. Work with APA's Public Interest Directorate for suggestions on the above and/or assistance in developing information to be disseminated to the public in the form of brochures, posters, etc.

Developing Mental Health Guidelines for University Athletics Departments
We have been working with the NCAA to draft depression guidelines that will be included in the NCAA Sports Medicine Handbook. These guidelines will be disseminated to all NCAA-member institutions.

Areas to be addressed are as follows:
- Assessment (what to look for, what to ask, screening, pre-participation physicals)
- Treatment options
- Referrals (how to make them, to whom to refer)
- At-risk populations (GLBT, etc.)
- Suicide
- If and when to refer for medication
- Contributing and co-morbidity risks (i.e., one leading to the other) (alcohol abuse, eating disorders, etc.)
- The similarities and differences between depression and overtraining syndrome (burnout)
- The impact of injury/surgery on mood

Giveaway-athon
Thanks to the work done by Judy Van Raalte, the Giveaway-athon has been a success during the past few conventions. We are in the process of planning this year’s Giveaway-athon for New Orleans. So, if anyone would like to be involved by either offering a free workshop to New Orleans coaches or athletes or helping find target groups that may benefit from our services, please contact Sam Maniar at maniar.3@osu.edu.

Finally, we welcome suggestions from Division 47 members for any other areas to address in 2006.

Professional Practice Committee Report
By Jack Watson, Ph.D. • Chair

Spring is finally upon us, which also means March Madness (my personal favorite time of year) is kicking into high gear and many of us are also experiencing the crunch of the academic semester. This time of year always seems to make my mood so much brighter, but also brings more work onto my plate.

This winter, we modified the membership on the Professional Practice Committee to include Marshall Mintz, Traci Stater and John Lubker. Under the direction of our President, Penny McCullagh, the Practice Committee has decided upon four primary objectives for this coming year. These objectives are outlined below.

1) We will make contact with Divisions 13 (Society of Consulting Psychology) and 42 (Psychologists in Independent Practice) in order to draw upon their specialized resources to determine what information they may be able to provide our membership to help enhance the practice of exercise and sport psychology. We are anticipating that we will be able provide our members with information about the skills and techniques necessary for developing a practice, marketing a practice, developing a client base, as well as presenting information to organizations and groups.

2) For over a year, we have been collecting information that could help us identify a best practices approach for developmental programs that involve working with students/athletes in the community using exercise and sport psychology as the mechanism for delivery. This project was begun and continues in collaboration with Mike Sachs. We will continue collecting this information and hope to extend our knowledgebase in this area as much as possible, and to write an APA interdisciplinary grant to help fund this project. One major problem that we are currently facing is finding community based programs that use exercise and sport psychology principles to provide services to young people. For this reason, I ask you to please provide us with any leads that you may have on local or national programs that we should be looking into. Should you have any ideas, please contact me at Jack.Watson@mail.wvu.edu.

3) We have made contact with the APA Practice Directorate to determine the resources that they have available to them that might benefit our membership. As a result of this contact, we have begun searching through the many resources available on the “Help Center” of the APA.org website and the APApractice.org website. We intend to pick out information from these sources such as the “public education campaign” to help provide helpful hints to our membership about how to improve their practices and connect with their communities.

4) Finally, we will be writing newsletter articles, such as this one, for each newsletter to help keep the membership up to date with the progress of this committee, and to make the information that we gather from these other resources mentioned above, available to you.

Please look forward to receiving tips from this committee about issues that can help you with such things as starting or expanding your exercise and sport psychology practice, making better community contacts, and marketing your skills.

We hope to provide you with this information in future newsletters, e-mails and/or on the web. Please feel free to contact me at jack.watson@mail.wvu.edu if you have any questions about this committee, the information written in this article, or have an interest in joining this committee. Have a great spring.
Dr. Aladar Kogler is an elite fencing coach and sport psychologist whose work is little known within mainstream sport psychology. Dr. Kogler’s training in sport psychology came in Eastern Europe during the Soviet dominated Cold War era. His fencing career began in the Soviet system and continued in the USA with service as a coach for the Czech and American Olympic teams. While the focus of his career has been on coaching, he has produced a steady stream of works that are psychology related. His most recent work, the second edition of One Touch at a Time comes in the latter part of his career. In this work, Kogler combines the anecdotal and empirical to give a personalized account of his life journey through the arena of sport and the field of sport psychology. Not one to shy away from personal example to illustrate an idea, Kogler demonstrates that he is additionally apt in scholarly realms, through his discussion of a number of scientific studies. In this manner, Kogler is able to take a didactic approach common in many other books of this nature, yet at the same time establish and maintain a strong degree of rapport with the reader throughout the book’s entirety.

Kogler gives the reader an early inclination of his vision in the Foreword, in which he discusses goals and goal setting in a way that reaches beyond the sport of fencing to encompass any of life’s endeavors. The broad scope of the Foreword is contrasted in the Preface that follows with a detailed and incisive analysis of the role of mental factors in the fencing competitions in the Sydney and Athens Olympics. The simple contrast between the two sections foreshadows the rest of the book, in which Kogler mixes personal experience and philosophy, with the theory and research based knowledge of the sport sciences.

The main body of the text begins with an examination of the characteristics that distinguish elite and non-elite athlete. The remainder of Part 1 looks in detail at the attributes and abilities linked to success as an athlete. Kogler sorts through a wide range of empirically based assertions and theories of performance, distilling these down to the set of principles that have presumably guided his coaching practices. He periodically presents sets of “Practical Guidelines” which serve as a concise and useful summary of previously noted ideas. This practice continues through the rest of the text. In this way, it deviates from most other applied sport psychology texts where the author’s are more cautious in presenting personal opinion and, preferring to present the scientific evidence more objectively. His willingness to share his thinking and philosophy so directly is the strength of this work and marks its uniqueness among texts on sport psychology. This departure from the mainstream in his treatment of the field is also its shortcoming, though this is simply remedied by reading one of the many other texts in the field.

Part 2 is devoted to the mental training practices that form the backbone of applied sport psychology - such as goal setting, self-talk, imagery, relaxation training and arousal management - which are routinely presented in texts. However, the section begins with a candid discussion of Dr. Kogler’s personal history, revealing his discovery of sport psychology and pathway into coaching. This is compelling in its own right, and brings his focus on personal theory into perspective. In Part 2, the author takes a much more didactic approach, sometimes speaking to the reader outright and setting out various strategies for peak sport performance. A disproportionately large amount of space is devoted to various relaxation strategies. His inclusion of Vedic Science and Yogic Flying, while consistent with the personal approach of the work, may be lost on many of the readers.

In Part 3, Kogler abandons a sport specific tone and reverts to such philosophic notions as the “Right Life Goal. He employs a candid tone in discussing the paradox of the athlete - the desire to succeed and the fear of failure — and generalizes this to any of life’s pursuits. He does well to impart opinions regarding a life of fulfillment and happiness, and subsequently ends the treatment of sport psychology in general.

Kogler concludes the book with a section entitled “Factors in Fencing Success, which is well placed strategically for the fencer-reader. Though athletes involved in another form of martial art may gain some advantages, the general reader will likely be tempted to skip this section. However, there is a reward for looking past the fencing jargon and the specific applications, to the process that underlies the section. It stands as an excellent model for converting sport psychology concepts into an action plan, and offers insight into the psychological thinking of the elite level coach.

In terms of structure, this work would have benefited from better editing. The length of the sections and chapters varies, and the excursions into personal philosophy and esoteric mind-body disciplines are unanticipated. As a result it is difficult to get the rhythm and feel of the book.

These problems not notwithstanding, the editing produced what appears to be an unintended history lesson, something that emerges as a major bonus of this book. The personal story that is told has its beginning in the time before glasnost and the internet, when all things, sport psychology included, were not so widely known and not so readily shared. It reaches back to the Cold War era battle between the Soviet block and the USA for cultural supremacy — with Olympic sport as the high battleground. Those who lived this time will recall the mystique of the Soviet training “secrets,” made all the more intriguing by its coincidence with the launch of sport psychology into an established discipline. Whether you were there or not, this text is worth reading as a window into that time and place.

Ultimately, Kogler’s work is an odyssey through the realms of coaching and personal philosophy and sport psychology. His deviation from a more traditional science practitioner model is welcomed on most occasions, as his diction is straightforward and concise. Kogler’s, One Touch at a Time, goes a long way to escape the feel of traditional textbooks, and in the process remains grounded in the joys and despair of athletic competition.
In attendance: Ed Acevedo, Jennifer Carter, Trent Devore, Diane Finley, Bob Harmison, Penny McCullagh, Kirsten Peterson, Suanne Shocket, Frank Webbe; Absent: Bill Parham

Members introduced themselves and clarified their terms of office. Standing Committee reports were reviewed. President McCullagh gave a charge to each Committee Chair when she appointed them. Each Chair is to connect with the appropriate APA Directorate. EB Liaisons to each committee were appointed and charged with communicating with their respective Committee Chairs monthly.

Committee highlights:

Education – the committee is continuing to work on developing continuing education programs and will increase visibility with programs at the regional conventions.

Practice – the committee is working on a best practices guide as well as consulting with APA on advice for practitioners.

Public Interest – the committee will write a report on depression and athletes. A draft is to be ready at Convention for Board review. The committee is working to increase D47 representation on the Media Referral Service of APA.

Science – the committee is working on strategies to generate interest in the Dissertation Award. The Division will be featured in an upcoming Psychological Science Agenda.

Membership – the committee is examining ways to increase membership, especially in terms of reaching a more diverse membership.

Submissions for the Convention were up from 2005. Plans for the Convention are shaping up and Conroy is working with APA to determine exact locations for each event.

Parham sent a report from the Council of Representatives. APA is in good financial shape. Two new divisions – Trauma and Human/Animal Studies – have requested recognition.

The Council is discussing a recommendation that would allow people to sit for licensure exams immediately following graduation.

McCullagh and Webbe will finalize the slate of nominees for the positions of President Elect, Council of Representatives and Member at Large.

Running Psychologists are working to secure a race management company for New Orleans. Shocket is continuing to work with the DB company to settle the finances from the 2005 race. A motion was made, seconded and passed unanimously to reimburse Shocket for money she paid. The Division will be reimbursed once the funds from DC are returned.

The University of North Texas was retained as the website manager.

There was discussion of moving to an online newsletter. It was decided to continue to publish fall and spring newsletters and put the summer/Convention issue online only.

The 2006 budget was finalized and approved.

Complete minutes are available on the website.

Congratulations to Jennifer Woodgate!

Jennifer Woodgate of the University of Waterloo is the recipient of the 2005 APA Division 47 Dissertation Award. The title of her dissertation is “Self-efficacy Theory and the Self-regulation of Exercise Behavior” and was completed under the supervision of Dr. Larry Brawley. Look for a summary of Jennifer’s dissertation in the Fall issue of the newsletter.

Congratulations to Judy Van Raalte!

Dr. Van Raalte of Springfield College is the recipient of the 2006 Distinguished Contributions to Exercise and Sport Psychology in the Public Interest Award. She is being recognized for identifying and/or solving significant social problems, unusual initiatives, or dedication in activities which meet client or community needs in exercise and sport psychology.
Clinical Sport Psychology will provide readers with an assortment of tools to use in evaluating and working with athletes. The text addresses a range of athletes’ issues in an informed and integrated approach to sport psychology. Rather than focusing on one problem area, one modality of intervention, or one aspect of professional practice, Clinical Sport Psychology blends grounded theory and sound research with effective assessment and intervention practices, presenting empirically informed intervention guidelines specific to various needs of athletes.

Clinical Sport Psychology contains the following features:

- A thorough explanation of the Mindfulness-Acceptance-Commitment (MAC) approach to enhancement of sport performance
- A detailed examination of the empirical support for traditional procedures in sport psychology
- A detailed and practical understanding of the Integrative Model of Athletic Performance (IMAP), which integrates clinical and sport science
- A firm understanding of the Multilevel Classification System for Sport Psychology (MCS-SP), a model to classify the wide range of athletes’ issues
- A clear organizational structure from theory through intervention, including special considerations

With 30 years of ongoing practical experience with professional athletes, the authors present an integrated and holistic approach to clinical sport psychology, guiding readers in understanding, effectively assessing, and appropriately intervening with athletic clientele.
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Deadline for submission of materials for the FALL 2006 issue is October 1, 2006. Please send all items to: Robert J. Harmison, Ph.D., Program Chair, Sport-Exercise Psychology, Argosy University/Phoenix, 2233 W. Dunlap Ave., Suite 150, Phoenix, AZ 85021. You can also e-mail Dr. Harmison at rharmison@argosyu.edu.