As I thought about what to write in my last newsletter article as our Division’s President, my thoughts continued to drift toward the budget cuts at work, my friends and neighbors experiencing budget stress, and, in general, how the global budget crisis is affecting all of us. Of course APA is experiencing numerous budget challenges, and Divisions have also seen reductions in their budgets. In his depiction of crisis, John Fitzgerald Kennedy stated, “When written in Chinese, the word ‘crisis’ is composed of two characters—one represents danger, and the other represents opportunity”. Our division leadership has been accepting the challenges and taking advantage of the opportunities presented to us. Our division is fortunate to have had past leaders who have managed our division budget extremely efficiently. Our electronic newsletter and other strategies to limit annual expenditures have served to place us in a great position to withstand the financial turmoil.

In the spirit of seeking opportunities as we navigate through this crisis, our division leadership has also spent time considering our position in the field of exercise and sport psychology with a focus on identifying the quality contribution(s) we can make as a division of APA. If you participated in the survey of our division membership last Fall, then you know we have been considering developing a journal. This would parallel APA’s stated mission to “advance the creation, communication and application of psychological knowledge”. Survey responders were in favor of a division-sponsored journal in sport and exercise psychology. Furthermore, responders reported that a journal published through APA would provide credibility and exposure for sport and exercise psychology, in particular, to the 150,000 APA members. Most importantly, following a review of the results of our membership survey and the contributions made by the other scientific journals in the field, APA Publications has expressed interest in working with our division to initiate the development of a new journal. Of course, the financial struggles at this time impact the decision to move forward, however, preparatory work over the next two years could lead to the realization of a new journal managed by our division and published by APA Publications.

Our division leadership has also been assertive in addressing the challenges at hand and seeking opportunities. First, in addressing financial concerns, the leadership has scoured our yearly budget to reduce our costs as much as possible. In addition, Diane Finely, our Convention Program Chair, and her committee have produced another excellent convention program. This year’s convention program will include our inaugural American College of Sports Medicine Exchange Lecture, presented by Dr. Steven Blair. I hope that you will be attending this year’s convention in Toronto, and if you have the time, please consider participating in our annual Sport Psychology Giveaway-athon.

I know that each of us is attending to the professional and personnel challenges and opportunities inherent in the financial crisis of our time. Additionally, with good fortune and time we will see more prosperous days. As a division, I know that we are aware of seeking opportunities to become more efficient, seeking opportunities to participate at various levels of impact, and seeking opportunities to assertively lead our profession. I look forward to sharing ideas and participating with you at the APA Convention in Toronto.

Ed Acevedo, Ph.D. – President

**CONGRADULATIONS**

**EDWARD F. ETZEL, ED.D.**

**WINNER OF THE AWARD FOR DISTINGUISHED CONTRIBUTION TO EDUCATION AND TRAINING IN EXERCISE AND SPORT PSYCHOLOGY**

**His award will be presented at the APA National Convention in Toronto**
Greetings from sunny, warm (always 70 degrees and sunny) Philadelphia, as we dig out from our wonderful March snowstorm. Rumor has it spring is in the air, which is always good exercise (springing in the air, etc. :-)). Hopefully spring will come soon.

Things have been busy/productive this year already. I had the pleasure of attending the Division Leadership Conference (DLC) in January, an event for Division Presidents-Elect (51 of the 54 were there) to find out what APA is all about/what it can do for divisions, to network with other Presidents-Elect and APA staff, and ask questions. It was an informative/enlightening three days and a good springboard for the next few years. The DLC was followed immediately (quick trip across town) by the Division 47 Executive Committee meeting, expertly run by Ed Acevedo and very productive as well. Then it was back to the real world in Philadelphia. :-)

The Education Committee, ably chaired by Ed Etzel, is hard at work on a number of initiatives previously mentioned - supervision, multicultural issues, revision of our brochures. As work is completed on these various projects we’ll certainly let you know.

We are reinvigorating the Membership Committee, under the superb direction of Christine Selby, in the Psychology Department at Husson University in Bangor, ME. Committee membership is being finalized as I write this. If you have any membership questions or ideas please let me know or contact Chris directly at selbyc@husson.edu

I am also very excited to announce the appointment of an Ad-Hoc Committee on Employment Opportunities. The purpose of this committee is to produce a position paper on employment opportunities for graduates of exercise and sport psychology graduate programs. The committee will identify potential employment opportunities, job descriptions for these opportunities, approximate numbers for each opportunity, and strategies for expanding these (and other) employment opportunities. These opportunities would be for graduates of both master’s and doctoral programs, in both psychology and kinesiology. Some of this information is already available, but scattered in different locations and not in as helpful a form as one would desire. The position paper will pull it all together in a format that will help us in advising current and potential students interested in exercise and sport psychology. The committee has a diverse group of members, from both psychology and kinesiology, and already has many great ideas. We hope to have a preliminary report by August (for APA in Toronto) and then a final paper by December, 2009. The chairperson of the committee is Jessica Lutkenhouse, who is finishing her doctoral program in clinical psychology at LaSalle University. If you have any questions/comments please contact me or Jess directly at jlutkenhouse@loyola.edu

As always, if you have any feedback or recommendations, please e-mail me at msachs@temple.edu or phone at (215) 204-8718. Have a great spring and hope to see you in Toronto in August! Carpe diem!

DIVISION 47 2009 - 2010
ADVERTISING AND INSERTION SCHEDULE

DIV47News is the official newsletter Division 47 (Exercise and Sport Psychology) of the American Psychological Association. DIV47News is published three times a year – Spring, Summer and Fall – and has a circulation of about 1000 professional and student-affiliate members. The membership of Division 47 is diverse, representing academics and practitioners from both psychology and exercise science.

For each issue of the newsletter, Division 47 will accept advertising from individuals, professional organizations, and businesses. For further inquiries about advertising or to place an advertisement with the division, please contact:

Randall Coeshott, Ph.D.
Editor, DIV47news
San Francisco Veteran Affairs’ Medical Center
4150 Clement Street, 127p San Francisco, CA 94121
(415) 221-4810 x 2544

Rates for placement of an advertisement in one issue of the newsletter are:

Full Page (8 1/2 X 11 inches) $600
Half-Page (8 1/2 X 5 1/2 inches) $350
Quarter-Page (4 1/4 X 5 1/2 inches) $200

Payment for an advertisement is due at the time of ad submissions. Deadlines for advertisements are the same date as other newsletter submissions, which can be found on the back page of each previous newsletter.
It’s hard these days to read various articles in newsletters across the APA divisions without coming across various connections to two big topics of late in the national news, namely either the Presidential election or the economy. I would have liked to break from this, but facing my own deadline to get this article out, and lacking ideas for the editor’s column, it looks like I will continue the trend. So here is the first connection to the national election. Typically, the newsletter editor serves a three year term. It should be noted that those that have come before me often have served longer, often staying on for an extra year. I am no different, in that I have agreed to extend my term as newsletter editor for one more year. Frankly, this is an easy decision for me, as I’m sure those that have come before would agree that it takes some time to get a handle on some of the inner workings of the division, and the details of publishing the newsletter.

Here comes the second connection, the connection of this article to the national economy. In the past, the newsletter has been one of the largest expenses the division incurs. Organizations national wide are examining and re-examining their expenses, our division is no different. I am happy to report that with our conversion to an online format over a year ago, we have already cut one of our major expenses down so that we are better prepared to deal with any effects the economy may have on our ability to produce the newsletter.

As always the newsletter features articles from the President and President-Elect. The Spring issue contains the candidate statements for individuals running for office in Division 47. This spring individuals are running for President-Elect, Member at-large, Council Representative. We are happy to feature an article on the intricacies of conducting ADHD assessments with athletes, and a review of the book entitled Black Belt for Life by Dr. Rob Smith, Ph.D. Take note also of the upcoming programming being planned for the APA convention in Toronto mentioned later in the newsletter by Program Chair, Diane Finley.

Until next time...

**Books & Videos**


**News & Announcements**

**M.A. Psychology–Sports and Exercise Specialization**
The Chicago School of Professional Psychology announces a M.A. Psychology degree specializing in Sports Exercise. Available through the school’s Online Campus, the degree is for individuals and professionals looking to achieve a career in sports psychology working with professional athletes, coaching, training, and other disciplines within the sports psychology field. For more information contact admissions@thechicagoschool.edu or 1.312.329.6666.

**Apply Now for an APA Advanced Training Institute**
Applications are still being accepted for two of this summer’s APA Advanced Training Institutes (ATI). These intensive training programs expose new and established faculty, post-doctoral fellows, advanced graduate students, and other researchers to state-of-the-art research methods. Programs include Non-Linear Methods for Psychological Science (June 9-13, 2009) and Exploratory Data Mining in Behavioral Research (July 20-24, 2009). More information can be found at: [www.apa.org/science/atti.html](http://www.apa.org/science/atti.html)
CANDIDATE

Jim Bauman, Ph.D.

BIOGRAPHY

I received a Ph.D. in Counseling Psychology from Washington State University in 1995. I am a licensed psychologist in Washington and California. I am a long standing member of the American Psychological Association.

I recently accepted a full-time sport psychologist position at the University of Washington. Before Washington, I was a full-time Sport Psychologist for the US Olympic Committee (USOC) for nine years. There, I worked directly with hundreds of athletes at two Winter Olympic Games, three Summer Games, and multiple National Championships, World Cups, and World Championships. Before the USOC, I was a full-time sport psychologist at Washington State University.

My primary expertise is in sport and human performance with athletes, coaches, entertainers, performing arts, and businesses. To date, I have worked with more than 60 different sports from the youth to the highest national and international competitive levels.

My professional work includes sport psychology publications; television; radio; presenting sport psychology workshops at local, national, & international conferences; instructing at coaching academies and coaching certification courses; and teaching graduate coursework in sport psychology. For the past five years, I have developed a working relationship with the Navy Special Warfare School (SEALs) and recently with the Navel Health Research Center.

I have a unique blend of academic training (Bachelor of Arts in pre-physical therapy, Masters in education, Doctorate in psychology) and more than 19 years of providing applied sport and human performance services, on a daily basis, over the widest possible range of athletes, sports, and competitions.

CANDIDATE STATEMENT

This is certainly not my first “run at professional organization positions.” Like Abraham Lincoln, my first “campaigns” were not successful, but persistence and a common sense message seem to be qualities that are respected by nearly all constituents casting votes. So, in that spirit, I am requesting that you consider my message and cast your vote accordingly.

My purpose for returning to doctoral studies primarily came from a realization that my master’s degree had an “expiration date” on the diploma and I was hungry for more education. During my first semester, I discovered that my theories professor was actually the sport psychologist in the athletic department, but who was also an adjunct professor in the psychology department. We discussed her primary role in athletics, how she became involved in the field of sport psychology, and the opportunity to shadow her work with athletes. I was hooked!

Early in my career, I learned that the academic opportunities, practicum, fellowships, and mentoring in sport psychology was roughly somewhere between non-existent and difficult to obtain. Therefore, the learning curve was steep and rather isolated.

My message: After nearly 20 years in the field of sport and exercise psychology, I have developed a keen sense for the needs of athletes, coaches, and administrators from youth sports, thru collegiate athletics, and to the highest level of sport competition. However, my early years in the field were characterized by trying to be everything to everyone without much direction or mentoring from others in the field. Much of my learning process was by trial and error and driven purely by ethics, theory, clinical judgment, consulting where I could get it, and past experience. I was also becoming more attuned to the needs associated with developing expertise in sport psychology.

The field has evolved over the years where we now have a multitude of exceptional applied sport psychologists in the field and where the demand for these services continues to grow. However, the opportunity for psychology housed programs and quality supervised experience continues to lag behind what we need to assist new practitioners in their professional development. We simply lack academic and mentoring programs to meet the increasing interest/demand. Within Division 47 and other sport and exercise psychology organizations, there is a clear and significant membership representation at nearly every institution of higher learning across our great nation. Yet, with that foothold in the sport world, we have not taken advantage of that presence at the level I think we can. Therefore, my focus, if elected, would be twofold. First, continue to support the much needed initiatives of our past presidents. And second, again take up the torch of challenging, encouraging, and assisting our established members in creating specific academic programming, increasing practicum and fellowship opportunities, and actively mentoring our new professionals in this profession and in this division. It is time for our more senior membership to respond to a problem that we have all faced in our own development. If you agree, thanks for your vote!
BIOGRAPHY

Jennifer E. Carter is a psychologist at the Center for Balanced Living, an outpatient therapy facility in Ohio specializing in the treatment of eating disorders. She also works as a part-time sport psychologist for Kenyon College, her alma mater. At Kenyon, Jen competed in swimming and volleyball, earning the NCAA Division III Swimmer of the Year award in 1993 and the Honda Award for Division III in 1994. She attended graduate school at the University of Notre Dame, completing master’s / doctorate degrees in Counseling Psychology while consulting with athletes and performing sport psychology research under the supervision of Dr. Miguel Franco. She then ventured out west for her pre-doctoral internship to work with Dr. Jim Bauman at Washington State University. The next step in her training was a postdoctoral fellowship in Counseling and Applied Sport Psychology at The Ohio State University, under the supervision of Dr. Chris Carr. Jen was fortunate then to land her “dream job” as the Director of Sport Psychology at Ohio State from 2000-2007. When the job became less “dreamy”, she moved on to her current position as a sport psychologist and eating disorder specialist. Her main clinical and research interest is disordered eating in the athlete population, and she continues to stoke her competitive fires by participating in master’s swimming.

CANDIDATE STATEMENT

What an honor it is to be nominated for President of Division 47! Knowing the impressive professionals who have led our division, I was a bit blown away at first to be asked to run for this position. However, I decided to borrow some strategies from the courageous athletes we work with by trying to take a few deep breaths, dive in head first, and “Fake it till I make it”.

In my stint as Member at Large from 2004-2006, I had the wonderful opportunity to view and understand the inner workings of the Division 47 Executive Committee. It was quite gratifying to work with such an intelligent, passionate, and fun bunch. I also appreciated the chance to benefit from the wise experience of a diversity of professionals, from exercise science professors to clinical psychologists to applied consultants to graduate students. The breadth of our field certainly presents exciting prospects as well as difficult challenges, and the Executive Committee works very hard to represent the interests of its diverse membership. I would love to bring my sense of perseverance and hard work to continue serving the division.

An old adage in sport psychology is to “under-promise and over-deliver”; therefore I am going to promise very little! On a more serious note, I am interested in several ongoing projects for the division. The Executive Committee has already put forth a great deal of legwork for developing a sport psychology proficiency, and I would like to support continued efforts to ensure that practitioners are competent in their work with athletes. As a psychologist developing a new specialty, I am particularly attuned to ethical issues regarding competence in working with a special population. For years I thought I knew what I was doing in counseling individuals with eating disorders, but it wasn’t until I worked in a specialized treatment center that I realized how much I had not known. I believe that a similar process occurs among some psychologists providing services to athletes—thinking that we know exactly what we are doing but perhaps missing some of the subtle nuances of working with athletes. We need to expand upon the current training opportunities in sport science and psychology programs, pre-doctoral internships, and post-doctoral fellowships, as well as provide more accessible continuing education training for licensed practitioners.

I am quite excited that there are increasing numbers of psychologists working in university athletic departments, and I would like to keep this trend growing. I am interested in enhancing collaboration with the NCAA, and in particular, university athletic directors.

It is surprising to me how few APA members belong to any division. For me, APA is Division 47! I am grateful to interact and learn from all of you, and I hope that the division can keep striving to “over-deliver” on reaching our goals.
CANDIDATE
Wendy Borlabi, Ph.D.

BIOGRAPHY
Wendy Borlabi, PsyD is originally from Accra, Ghana; she came to the United States when she was five and was raised in Midwest City, Oklahoma. She received a B.S. in Psychology from Southwestern Oklahoma State University, a M.S. in Kinesiology with a concentration in Sport Psychology from Georgia Southern University, and a doctorate in Clinical Psychology with a concentration in Sport Psychology and Exercise Psychology at Argosy University/Phoenix.

Growing up as an athlete, Wendy has always been exposed to mental preparation. However, her first exposure to sport psychology was not until a co-worker invited her to an AASP conference. A year later the application of sport psychology techniques sparked a career interest. As Wendy began her masters program, it became clear that in order to work with an athlete one must be able to work with the whole athlete. This led to obtaining a clinical psychology doctorate to join her kinesiology masters.

Wendy is entering her fifth year at James Madison University and her fourth year as the liaison between athletics and the Counseling and Student Development Center (CSDC). Currently, Wendy spends half a week in each department. At the CSDC, she provides individual therapy, group therapy, supervision, emergency walk-in services, and on-call services. In athletics, she provides individual therapy and performance enhancement consulting for individuals and teams. In addition, she is a member of the crisis team.

Wendy is the Chair of Div 47’s Public Interest committee. Her areas of interest are multicultural and diversity issues in sport for the past two years. This has been a very exciting time for the committee because we have adapted our mission and goals to fit the growing development in the Division. In doing so, the committee has been eager to educate ourselves and the Division about ADHD protocol for the NCAA, as well as multicultural and diversity issues.

As a student and now a professional in the sport psychology field, I have often wondered why diversity has not played a larger part in my education or practice. This is a question that I have heard other sport psychology professionals ask. In particular, I have burning questions about how to define diversity in this field, how mental training is different for diverse cultures, what are the important aspects of racial and athletic identity for minorities, why there is a dearth of research about minorities if over sixty-five percent of professional athletes are minorities, and how we can educate and/or offer services to all athletes regardless of their socio-economic status. Diversity is such a broad area and at times it might seem overwhelming, often leading to issues surrounding diversity getting set-aside “for another day”.

However, today is that day! As your Member at Large, I wish to participate on various committees while learning about the organization, in order to develop strategies for the Division to have a larger awareness of multicultural and diversity issues. I offer my experience and interest in multicultural issues in order to infuse diversity into the Division’s mission.
CANDIDATE

Amy Stapleton, Ph.D.

BIOGRAPHY

Dr. Amy Stapleton recently relocated to Eugene, Oregon and provides sport psychology services to the University of Oregon Department of Athletics. Amy is a licensed psychologist and has been providing sport psychology services since 2000. She previously worked at Mississippi State University Counseling Service, where she served as a consultant with MSU’s Department of Athletics, MSU’s Professional Golf Management Program and MSU’s Institute of Golf, and also worked in private practice with developing athletes, coaches, and parents. In providing sport psychology services, Amy offers individual counseling and consultation with athletes, team consultations, as well as consultation with coaches and medical staff.

Also serving as an adjunct faculty member, Amy has taught undergraduate and graduate courses in the MSU Departments of Kinesiology and Psychology, respectively. She served on the executive board of APA’s Division 47 as a student representative from 2002-2005 and more recently on APA’s Division 47 Practice Committee. Amy is a Certified Consultant, AASP, listed on the USOC Sport Psychology Registry (2008-2012) and credentialed through the National Register of Health Service Providers in Psychology.

Amy earned a doctorate degree in clinical psychology from Loyola College in Maryland and completed her pre-doctoral internship at Virginia Tech Thomas E. Cook Counseling Center where she provided clinical services and sport psychology consultation under Dr. Gary Bennett. She also received sport psychology training from Dr. John Heil (private practice; Roanoke, Virginia). A former collegiate All-American basketball player and native of Roanoke, Virginia, she received her B.B.A. degree in business administration from Roanoke College.

CANDIDATE STATEMENT

I am excited to be nominated to serve in this position for Division 47. During my graduate training, I was fortunate to serve on Division 47’s Executive Board as a Student Representative. Now, after beginning to shape my career in the field of sport psychology, I welcome the opportunity to become more involved in the division as a professional member. I have found the relationships and resources provided by this group invaluable to my professional development. Similarly, as our profession continues to grow, I embrace the opportunity to give back and support the advancement of our field.

As your Member-At-Large, I would work to the best of my ability to support and further advance the initiatives of Division 47. I welcome the opportunity to serve on various committees and work on projects aimed at moving our field forward. I believe my desire to collaborate, work ethic, and enthusiasm can build on the talent and initiatives our leadership currently provides. My experience in the field also supports my qualifications. Whether teaching exercise and sport psychology, counseling student-athletes, or providing sport psychology consultation with large organizations, I have aimed at providing interventions based on science and embraced collaboration. I have presented at national and international conferences and have research interests in crisis intervention, self-efficacy beliefs, transitional issues in collegiate student-athletes, and female sport participation. My passion and desire to serve underscore all of these endeavors.

Our field is facing the continued challenge of educating the general public and clientele about the unique service we can offer. In order to educate others, however, there must be a sense of consistency within our profession itself. In the field of sport psychology, we must support the professionals who are taking strides to develop and maintain competency. For those beginning in their journey, this may mean further examining the idea of accreditation for training programs in sport psychology. Additionally, the Division’s work in successfully developing Professional Practice Guidelines offers the opportunity to further enhance the credibility and service by its professionals. Exercise psychologists have the opportunity to impact our society on significant public health concerns such as the increased rate of childhood obesity and Type II diabetes. The inclusion of psychology in the field of primary care medicine offers an opportunity for us to come closer and more significantly impact those struggling with these issues.

Lastly, in reaching and advancing within these diverse areas, we must also further cultivate a culture of diversity within our field and division. Collaborating with existing organizations such as APA’s Public Interest Directorate or developing relationships with colleagues in shared-interest organizations, our field will gain depth and strength. As Ed Acevedo noted in his fall newsletter, together we are working to provide exercise and sport psychology for all!

In sum, I appreciate this opportunity to give back to an organization that has provided so much for me in my career. If elected, I offer my best effort and energy toward successfully completing initiatives to move the field of exercise and sport psychology forward.
Karen Cogan, Ph.D.

BIOGRAPHY

Karen Cogan is a licensed psychologist at the University of North Texas Counseling Center and in private practice. She earned her Ph.D. in Counseling Psychology from Ohio State University and an M.S. in Kinesiology from UCLA. Her B.A. is in Psychology also from UCLA where she competed for their nationally ranked gymnastics team. Her practice involves providing psychotherapy to athletes as well as non-athletes from the University and surrounding community. She has been the sport psychology consultant for the US Freestyle Mogul team for the past 10 years and worked with the US Taekwondo team at the 2008 Olympics in Beijing. In addition she contracts with a wellness center in the Dallas Fort Worth Area to offer workshops and mental skills training to area athletes of all levels.

Karen has been a member of APA Divisions 47, 17, and 35. She has been highly active in Division 47, where she currently is the Council Representative. She has also held several other positions in Division 47 including, Secretary-Treasurer, Member-At-Large, and Chair of the Education Committee. In addition, she is a member of Association for Applied Sport Psychology, a Certified Consultant, AASP, and has served on the Development (Chair), Intervention/Performance Enhancement, and Mentoring Committees with that organization. Karen has published in several sport-related journals and books and has presented numerous papers at regional and national conferences. She also co-authored a book entitled “Sport Psychology Library: Gymnastics.”

POSITION STATEMENT

I have thoroughly enjoyed my first term as Division 47 Council Representative. What’s more, I think it takes about that long to get a handle on the workings within APA. I have found that I like this roll and would gladly do it again so feel honored to have another opportunity. With a background in both psychology and kinesiology I am particularly interested in blending these two fields to provide the best knowledge, practice and research available in sport psychology. Because my primary role is as a psychologist, I am committed to the work that is done for sport psychology through APA and Division 47 and hope to contribute once again through the Council Representative position.

I came away from the last Council Representative meeting in February inspired by the many thought provoking discussions and energized by the opportunity to have a part in this process. I am amazed by the many programs and initiatives that such accomplished psychologists in our organization are undertaking. To think in Sport Psychology terms, it is a team building experience to see so many people with differing viewpoints and passions can come together and make things happen.

Following are some of the issues at the forefront both for APA and for Division 47 more specifically.

1. APA now has a vision statement and is in the process of developing a Strategic Plan. There are so many meaningful goals that APA wants to achieve for our profession, and I hope to continue to be a part of that process that was launched during the last Council meeting.

2. It is no surprise that budgetary issues are at the forefront. These tough economic times have affected APA and now difficult choices have to be made regarding budget cuts. Because we are working with fewer dollars now we must find innovative solutions to continue our worthwhile programs. Although APA is still financially strong, our organization must be vigilant about maintaining that strength.

3. Although many of the initiatives discussed in Council would not seem directly relevant to Division 47, APA just passed one resolution entitled “APA Resolution on Promotion of Healthy Active Lifestyles and Prevention of Obesity and Unhealthy Weight Control Behaviors in Children and Youth.” This resolution has more direct relevance to our Division, and although APA has not yet taken any specific actions regarding this resolution, I offered the support of our Division and hope that I can represent our Division in contributing to this effort.

4. During the February Council meeting, the APA Ethics Office Director, Stephen Behnke, expressed an interest in discussing the unique ethical issues that Sport Psychology practitioners face. He recognized that our work, especially when we are on the road, is different than most psychologists who see clients in an office or clinic setting. He and I plan to talk further about how APA can help with any ethics related issues in our field.

It has been an honor to represent Division 47 for the last three years, and if re-elected, I will look forward to the opportunity to make a difference once again within the Division and with APA as a whole.
CANDIDATE

Penny McCullagh, Ph.D.

BIOGRAPHY

Penny McCullagh, Ph.D. began in the field of sport psychology nearly forty years ago while an undergraduate at SUNY Brockport. She had the good fortune to get involved in sport psychology and motor learning research as an undergrad and was urged by her professors to carry on in the field. She completed a Master’s degree at the University of Washington and a Ph.D. at the University of Wisconsin. Upon graduation she first taught sport psychology, motor learning, and research methods at University of California at Davis. From there she went to the University of Colorado where she moved through the ranks to Associate Professor and had an active research program and mentored many graduate students in sport and exercise psychology. Ten years ago she became Professor and Department Chair at California State University East Bay and has also served as Interim Associate Dean of her college.

Over the years she has been involved primarily in research and teaching but also demonstrates a strong interest in practice. She has over 40 refereed publications and has made over 100 presentations in sport and exercise psychology nationally and internationally. Her primary research has been in the area of observational learning. Along with colleagues and students she has examined the influence of watching others on both sport and movement skills as well as psychological behaviors. Her participant pool has ranged from young children to elite athletes. While Bandura has long recognized that modeling is “one of the most powerful means of modifying attitudes, patterns of thought, and behavior” it is always surprising to McCullagh that the sport psychology texts do not typically acknowledge the topic. She was very pleased to have a chapter in the Van Raalte and Brewer text, Exploring Exercise and Sport Psychology on modeling and hopes this will spark more interest in the topic from a research perspective as well as noting how modeling can be used as a viable intervention technique in numerous settings ranging from rehabilitation to exercise to sport. Her interest in practice stems from her work with youth sport organizations, ballet dancers, and elite athletes.

She has been a Fellow of Division 47 for fifteen years, and a Certified Consultant of AAASP for the same. She is also a Fellow of the Research Consortium of AAHPERD, AAASP, and was elected as a Fellow to the prestigious Academy of Kinesiology and Physical Education in 2001. She has served as Program Chair for Division 47 and also served as President.

POSITION STATEMENT

I am honored to be nominated for the position of Council Representative of Division 47, APA. I have been a member of Division 47 for approximately 20 years so it is apparent that I have a long-standing interest in the Division. Over the last few years I have seen vibrant efforts to enhance the visibility of the Division and serving as Council Rep for the Division will continue to support this mission.

In my usual style, I will be short-----because I am. The Council is the “APA's supreme legislative and oversight body. It speaks for APA’s 150,000 members and affiliates on matters advancing psychology as a science, as a profession, and as a means of promoting health, education, and human welfare. Council has full power and authority over the affairs and funds of the Association.” (Council Handbook, 2006). If elected I would serve as one of 175 representatives to the Council.

Most of us are aware of the fact that many individuals have limited understanding of the field of sport and exercise psychology and we may often times be overlooked in the process of making policy decisions that are related to topics well within our expertise. Since the Council is the major body within APA that passes resolutions and adopts guidelines, my role would be to insure that interests from Division 47 members would be represented appropriately. Another primary responsibility would be for me to keep the Division apprised of upcoming issues within the broader context of APA and coordinate with other divisions on various initiatives. I am confident that I can fulfill these roles.

I have held leadership positions in numerous sport and exercise psychology associations over the years. In addition to a number of roles within Division 47, I have also served as President of the three major organizations in North America associated with sport psychology: Division 47 – APA, North American Society for the Psychology of Sport and Physical Activity and Association for Applied Sport Psychology.

For those of you who do not know me personally, I have an outgoing personality that can easily interact with a wide range of individuals. In my usual style, I will work tirelessly to bring visibility to the field of exercise and sport psychology and to represent Division 47 to the entire spectrum of the American Psychological Association.
On January 10, 2009, ESPN released an Associate Press article titled, “ADHD exemptions on rise in MLB”, with the thesis that major leaguers are seeking therapeutic use exemptions (TUEs) as a means to justifiably obtain the otherwise banned stimulant medications that are used to treat Attention Deficit Hyperactivity Disorder. They noted that there were 106 such exemptions given from the end of the 2007 season until the end of the 2008 season.

Dr. Gary Wadler, a world renowned expert on drugs in sports, quipped that there must be an epidemic amongst major leaguers if 8% of those players require such an exemption. This is not so alarming when incidence rates for ADHD are often reported between 3 and 7%. Further the rise from 103 to 106 between the years 2007 and 2008 is not where the cause for alarm is; that increase is not that robust. The real question is how 103 major leaguers were diagnosed as having a disorder that, by definition, impairs attention and focus; exactly the types of skills that should have led to these athletes to fall from the ranks of elite competition far before reaching the pros.

The answer lies in how ADHD is diagnosed most often. Though the name would imply that assessment originates in assessing the subjects’ attention, most often ADHD is diagnosed behaviorally. The Diagnostic and Statistical Manual of Mental Disorders – Fourth Edition (DSM-IV TR) list behaviors that are supposed to be diagnostic such as often having difficulty organizing tasks and activities or being forgetful in daily activities as indicators of inattention and fidgeting, often interrupting or having difficulty waiting their turn as signs of hyperactivity/impulsivity. Further, there are requirements of the number of symptoms present for a diagnosis of Inattentive, Hyperactive/Impulsive, or Combined Types, and the frequency, intensity and severity of symptoms are taken into account, but at the core of any diagnosis, it must impair functioning. There are several questionnaires available that assist with tallying the symptoms from multiple sources (i.e.: the student, the parent, the teachers, the coaches, etc) and the most popular are the Conners 3, developed by Dr. C. Keith Conners and the Brown Attention Deficit Disorder Scales developed by Dr. Thomas E. Brown.

A major shortcoming of this diagnostic method is that it implies that those behaviors are the result of attention problems but the dynamics of the behavior are not often explored for alternative etiologies. For example, someone who has a history of trauma and dissociates could easily look like someone inattentive. Similarly, someone carrying an Oppositional Defiant Disorder (ODD) or Conduct Disorder (CD) who is very aggressive may be seen as impulsive and/or hyperactive. Though there is a high incidence of co-morbidity between ADHD, ODD & CD, it is important to understand that why someone acts a certain way matters. If you want to assess attention, assess attention.

An increasingly popular and effective method of assessing attention is by employing Continuous Performance Tests (CPTs). The most common CPTs available are the Conners Continuous Performance Test (CPT) and the Test of Variables of Attention (TOVA). Basically, they are deliberately boring video games (though some come with options to test auditory, in addition to or instead of, visual cueing) that measure one’s ability to stay focus on a task that lasts approximately 30 minutes. One of two stimulus targets is presented on the screen. The subject is to press the trigger as quickly and accurately as possible when it is the stimulus identified as a “hit” and not when the target is not a “hit”. They measure inattention during a phase where the ratio of hits to targets is low and impulsivity when the ratio is high (many hits of the targets presented). Errors of Omission, where the subject does not press the trigger for a presented “hit” are also signs of inattentiveness while Errors of Commission, pressing the trigger for a “hit” when it was not the cue to do so, are indicative of impulsivity. These tests were designed to measure attention.

These tests are not fool-proof. If so inclined, one can fake bad and look like they have attentional problems when they don’t, but this problem prevails for many psychological tests. Motivation has a huge impact on performance – a point never lost on sport psychologists.

The take-home message is that if sport psychologists are involved with assessment of ADHD in athletes and this may lead to a physician prescribing medications to treat the disorder, it is imperative to give the assessment its due diligence. That includes using standardized measures of attention, such as the CPTs, in conjunction with a good clinical interview and obtaining data from across sources – utilizing established questionnaires is part of the current standard of practice. When doing so, the sport psychologist puts themselves in the best position to identify problems that the athlete may legitimately require treatment for to assist in all-around-performance and sort out those who are looking for a ticket to “speed”.

The Perils of ADHD Assessment for Sport Psychologists

By Mitch Abrams, Ph.D.
As I write this preview of the 2009 Convention in Toronto, I am waiting for predicted snow and looking longingly at reports from Spring Training. August seems so far away but I know, as always, Convention will be upon us sooner than expected. I can confidently say that Division 47 will have an exciting program this year with a few “new wrinkles” to entice you to come to Canada. (As a note, you will need a passport to travel to and from Canada so be sure to order yours early!)

This year’s program focuses on many varied and interesting topics. I think the Division 47 program will help advance the field of sport and exercise psychology, help the Division forge new relationships among other Divisions and provide a place to network. The complete program will be in the summer newsletter and will appear on the D47 website once it is finalized by APA. We will also distribute copies at division sponsored sessions on Thursday and Friday of the convention.

However, to get you started thinking about the convention, here are a few highlights that you can look forward to:

1. Steven R. Heyman Memorial Keynote given by Dr. Steve Danish (Virginia Commonwealth University).
2. Dr. Ed. Etzel (West Virginia University) will receive the Award for Distinguished contribution to Education and Training
3. Dr. Steven Blair will deliver our first ACSM exchange lecture
4. We will co-sponsor a symposium on Human Factors in Sports with Division 21
5. Ray’s Race on Saturday morning

We will also have a number of other excellent member-initiated sessions. A few of them include:

1. a workshop on Performance Psychology chaired by Dr. Kate Hays
2. paper sessions on youth sports and social psychology issues
3. a symposium on effective interventions for promoting exercise
4. a symposium on issues in sport concussion outcomes and
5. a symposium on identifying mental skills using emotional intelligence

The Program Committee (Steve Wininger, Steve Portenga, Anthony Kontos, Mark Aoyagi, Mike Johnson and Amanda Visek,) worked hard to read and evaluate the many excellent submissions. Unfortunately we were not able to include all of them due to space limitations in Toronto. The Program Committee and I invite you to join us for all of the exciting sessions on this year’s program. If you have any questions leading up to the convention, please feel free to contact me at dfinley@pgcc.edu.

I hope to see you in Toronto.
Present: Ed Acevedo; Michael Sachs; Chris Janelle; Glenn Pfenninger; Karen Cogan; Randall Coeshott; Nicki Moore; Chris Carr; Sherry Schweighardt, Lucinda Seares-Monica. (Participated by conference call – Vince Granito, Diane Finley)

President Ed Acevedo called the meeting to order. The minutes from APA Convention Executive Committee meeting in Boston, 8/08 were approved.

STANDING COMMITTEE REPORTS

Education Committee (Ed Etzel) – Mike Sachs reported on the work of the committee, chaired by Ed Etzel. The committee submitted nominations for the award of Distinguished Contribution to Education and Training in Exercise and Sport Psychology.

Practice Committee (Steve Portenga) – Chris Carr reported on the work of the committee, now headed by Steve Portenga. The group is working to define sport and performance psychology, and to develop professional guidelines for practice in sport psychology. Ed nominated Chris C to attend the May 2009 APA Presidential summit on the future of the practice of psychology, to be held in San Antonio. (Chris thanked Ed for his nomination to represent Div. 47.) Chris Janelle commented that he thinks that the practice committee should work with the science committee, to base the definition on the scientific data that is the core of the field.

Public Interest Committee (Wendy Borlabi) Nicki Moore reported on this committee. She wants to broaden the goals and expand the scope of the Give-Away-athon. She wants to publicize it more. Nicki asked how we should work with the media. Michael said that we should work with APA’s media office. APA gets frequent requests for psychologists who are experts on various topics. Ed said we should make sure that we at Division 47 work closely with the APA media office.

Science Committee (Jack Raglin) – Chris Janelle discussed the science committee. There is a need for new science committee members to review the dissertations for the awards. Either the student or his/her dissertation chair must be a Division 47 member.

Membership (Diane Finley) – Ed discussed Diane’s report. For 2008, the Division brought in $16,282 in membership dues, with 785 members. APA memberships have dropped slightly, but division memberships have stayed stable to date.

ONGOING ACTIVITIES

Convention Program – Diane Finley said the program is shaping up pretty well. We have 14 hours including a 1-hour program that we are co-sponsoring in conjunction with Division 21. We have 6 symposia/workshops and numerous posters, including an ACSM Exchange Lecture.

Newsletter – We are saving money on the newsletter by publishing it online. Randall’s term as editor will be up this year.

Treasurer’s Report – Vince Granito discussed the 2009 projected budget. Projected expenses of $19,000 are $1000 over projected income of $18,000. We discussed ways to reduce expenses, and it was agreed that the expenses for the Div. 47 social will be cut from $2000 to $1500 and the student social from $1000 to $750.

Running Psychologists – Cindy Seares-Monica reported we had a really good race last year in Boston, although it was quite costly. The good news is for 2009 our expenses will be significantly less. We will use Active.com for online registrations. We discussed having a session at APA sponsored by the Running Psychologists, in memory of Art Aaronson.

Students/New Professionals – Glenn Pfenninger discussed the activities of the student representatives.

Division Leadership Conference – Mike Sachs discussed his activities at the DLC.

Council of Representatives – Karen Cogan gave out her Council report. APA is developing a strategic plan which will be the first the history of APA. There is much concern about finances. The APA ethics committee is looking at conflicts between our ethical guidelines and the law, and they are looking for input from members on this issue.

Professional Practice Guidelines – Chris Carr spoke about the need for ethical standards in applied practice.

APA Journal Survey Results – Ed Acevedo. APA publishing has urged us to publish a journal. We discussed results of a recent survey of Division 47 members on publishing a journal. The EB met with Rob Bennett and Will Schweitzer from APA Publications. There was good support for a journal on sport psychology. APA would cover losses during the first years. APA recommends a quarterly journal. Projected publication would begin in 2011. We would need to raise our dues by $15 to cover the cost for publishing. The journal would be provided with membership in Division 47.

Meeting adjourned at 11:55 a.m. on 1/26/09 Recorded by Lucinda Seares-Monica

Complete minutes can be obtained from the Secretary. Contact information is listed on the back of the newsletter.
CONGRATULATIONS TO
DR. MERCEDES CARSWELL, PH.D.

who has been selected as the 2009 Dissertation Award Winner for Division 47.
Dr. Carswell’s dissertation entitled, “Predictors of Retirement Distress among Male Former Intercollegiate Athletes”, was chosen from an excellent pool of dissertations. Dr. Carswell will receive an honorarium and will present her dissertation at the Annual 2009 APA Convention as part of the Division 47 program.

OPEN CALL FOR DIVISION 47 STUDENT REPRESENTATIVE NOMINATIONS

Each year, a student co-representative who is a student-affiliate of Division 47, is selected to serve the division and be a liaison to the Executive Committee. For this position, the student-affiliate shall:

1. Attend the executive and business meetings of the division during the annual APA Convention, and if feasible, attend the mid-year meeting. He/she will provide a student-affiliate report regardless of whether he/she can attend the meetings.

2. Write a column in the spring and fall issues of the division’s newsletter.

3. Assist the President in the selection of the new student-affiliate.

4. Work with the program chair to plan a student meeting and/or student-affiliate sponsored presentation at the annual convention.

5. Act as a liaison between student members and the Executive Committee on ideas, problems, concerns and suggestions.

6. Sit on committees of the division and/or assist the committee chairperson in the selection of a student for the committee.

7. Perform any other job agreed upon by the division President and/or Executive Committee.

For those student-affiliates who are interested in applying, please send

(a) 1-2 page statement of interest in the position and
(b) a current vita to Dr. Michael Sachs, Division 47 President-Elect (see back of newsletter for mailing address). Dr. Sachs, in consultation with the current co-student representatives, will select the new student co-representative.

Announcement of the new student representative will be made at the APA Convention.

SAVE THIS DATE

1ST ANNUAL APA DIVISION 47 STUDENT SOCIAL AT THE APA CONVENTION
FOLLOWING THE BUSINESS MEETING AND DIVISION 47 SOCIAL
AUGUST 6TH, APPROXIMATELY 7PM
PLACE: A LOCAL TORONTO ESTABLISHMENT TBD (UPDATES ON THE DIV 47 AND SPORTPSY LISTSERVS)
The Public Interest (PI) Committee has taken on a new face and mission. As Chair of this committee, I would like to take this opportunity to share our vision for the future. The purpose of the PI Committee is to identify and help to resolve issues of strong contemporary interest to the public and of social significance (e.g., youth, gender, and ethnicity/diversity, psychological effects of performance enhancement drugs, fitness, and health), by serving/educating athletes, coaches, and sport administrators, and generating position statements that contribute to the education and welfare of society.

As we begin to identify some of these issues, our initial focus will be collegiate athletes and issues of performance enhancement drugs and ADD/ADHD testing. The PI Committee will begin to investigate the NCAA's upcoming regulations around ADD/ADHD medication for collegiate athletes. In doing so, we hope to educate the public and Div 47 how these regulations might influence our work within colleges and universities.

**Wendy Borlabi, PI Committee Chair**
Dr. Borlabi is currently at James Madison University as a senior counselor and athletic liaison in the Counseling and Student Development Center. She spends three days a week in athletics providing clinical sport psychology and performance enhancement consultation to student-athletes and coaches. In addition, Dr. Borlabi has a consulting business that services elite and professional athletes.

**Kate Hays**
Dr. Hays has a private practice in Toronto, The Performing Edge, which focuses on (a) the mental skills important for optimal performance among athletes, performing artists, and business leaders and (b) the mental benefits of physical activity. In addition, Dr. Hays offers workshops and consultations on these issues, for both general audiences and professionals. Dr. Hays brings a long history of involvement in governance within APA (most relevant: having represented Division 47 on the Council of Representatives* and having chaired the Board for the Advancement of Psychology in the Public Interest).

**Mark Aoyagi**
Dr. Aoyagi is the Director of Sport & Performance Psychology and Assistant Professor at University of Denver. He earned a Ph.D. in Counseling Psychology with an emphasis in Sport Psychology from the University of Missouri in 2006.

**Adam Shunk**
Dr. Shunk is a licensed neuropsychologist and sport psychologist at St. Vincent Hospital in Indianapolis, IN. Dr. Shunk specializes in the neuropsychological assessment of athletes in the areas of concussion management, ADHD, and learning disability. Dr. Shunk is also the consulting sport psychologist for Purdue University.

**Elena Estanol**
Dr. Estanol is a senior staff counselor at Colorado State Counseling Center and a Sport Psychology Consultant. Dr. Estanol holds a Doctorate in Counseling Psychology from the University of Utah where she began working with athletes. Dr. Estanol is also involved in research concerning the application and integration of sport psychology into different realms of experience.

**Molly Cowan Hass**
Ms. Cowan completed her predoctoral internship and is currently a post doc at James Madison University. She began working with athletes at Indiana University of Pennsylvania (IUP) where she is completing her dissertation on the effects of hypnosis on reaction time in baseball players.
Dr. Rob Smith stated that he wanted to “write a book that more people could relate with because it came from the experiences of someone who has to sit in shitty seats at concerts and ballgames—just like they do. Hopefully, you recognized a bit of yourselves in my narrative and took something from my story.” Smith achieved his goal. Through a humbly delivered memoir, he described moments of his life that led to his career as a sport psychologist and his eventual accomplishment of a black belt in karate from a demanding program. Diving into experiences that are common to many of us (especially in the field of sport psychology), Smith illuminated personal aspects of his journey by citing well-known books and by weaving in real-life examples of sport psychology principles applied to day to day life. In a subtle non-textbook manner, Smith addressed concepts such as dedication, goal-setting, self-talk, motor-learning, trusting mindsets, imagery, acceptance, mindfulness, and career/identity transitions. His memoir was not limited to performance.

Illustrating a journey that is hectic, full of tough decisions, bumpy, and ultimately wonderful, Dr. Smith opened himself. For someone early in their career, it was reassuring to read about somebody else’s similar struggles. While the psychology internship process has changed somewhat since Smith’s day, it seems that selection is just as nerve-wracking as ever, and some graduate schools continue with a tradition of unpredictability and characters that can arbitrarily choose to create problems. I imagine that everyone early in their career may also relate to the anxieties and exhilaration associated with developing one’s own private practice. With the juggling act of family and a career, Smith again illustrated what peak performance means to many of us, trying to perform and care for others, in the “real-world.” Smith does a brilliant job of demonstrating how respect for our clients can allow us to also learn and feel inspired, as we do what we can to assist them along their own journey.

And Dr. Smith balanced humility with a sense of wanting to share some wisdom, as he ended the book with a chapter entitled, “Life Lessons so Far.” While many of these lessons could be read between the lines of the prior chapters, three of his “Top Ten Lessons,” really stood out for me as a reader. Smith addressed the value of discipline, not as a necessary evil, but as a process in and of itself that is worthy of appreciation. He also spoke to the importance of good mentorship. For a reader who has perhaps worked too hard to be independent, his depictions of good mentors (in life, sport, profession, and martial arts) illustrated the goodness that can come from taking a back seat and trusting that goodness will come from mentoring relationships. Smith wrote, “If your mentor isn’t perfect but has something valuable to say, try to eat around the bad parts—but don’t let anyone, not even a mentor, put you down.” And Smith ends by discussing the human need for connection and connectedness. Just as our clients are not defined by the trophies on their shelf, our work in this field is not defined by the “things” or techniques we can give our clients. As Smith illustrated throughout Black Belt for Life, there is real goodness in any athletic, sport psychology, or life endeavor that comes from the connection that occurs as people are genuine with themselves and each other.
APA Division 47: Exercise and Sport Psychology

PRESENTS

REMEMBERING ART AARONSON

Coronation Park
Toronto, Ontario
Saturday, August 8, 2009 at 7:00 AM

**Sponsors:** American Psychological Association; APA Insurance Trust; Blackwell Publishing, Pearson Assessments; Worth Books; Psi Chi; Divisions 47, 19, 20, & 50; Running Free

(Please check all that apply)

- APA Member ____  
- Student ____  
- Guest ____  
- Exhibitor ____  
- Psi Chi ____  
- Division 47 Member ____

NAME: __________________________________________________________________________

(Please Print)

ADDRESS: __________________________________________________________________________

CITY: ___________________________  STATE: ___________________________  ZIP: __________

EMAIL: ________________________________  TELEPHONE: ________________________________

(Please Print)

5k Run ____ 3k Walk ____  Age on Race Day: ______  Date of Birth: ___________  M ____ F ____

Please check age group: Under 20 ___  20-29 ____  30-39 ___  40-49 ___  50-59 ____  60-69 ____  70+ ___

Shirt Size:  S   M   L   XL  

Check here if first-time participant ____  if address has changed _____

Registration fee includes race entry, bus to and from race; t-shirt, refreshments, awards & raffle entry.

**Pre-Registration:**  
- Regular entry: $25;  
- Students or Division 47 members, $20.  
- Convention site registration: $30.

If you are an APA member and wish to apply for Division 47 membership with this entry, check below. Include $15 for membership fee for Division 47. If you join Division 47, your registration fee will be reduced.  

- I wish to apply for Division 47 membership. ____

APA Status:  
- Member ____  
- Fellow ____  
- Assoc ______  
- Student Affiliate ____  
- APA Membership # ______

**WAIVER:** I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Running Psychologists, Division 47 and the American Psychological Association, the City of Toronto, and Marathon Dynamics, Inc., subcontractors, sponsors, and volunteers, and their respective representatives and successors, from any and all claims or liabilities of any kind arising out of my participation in the APA 5k Ray’s Race and Walk event on Saturday, August 8, 2009 at Coronation Park, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures and recording or any other record of this event for any legitimate purpose.  

I HAVE READ THE ABOVE RELEASE AND UNDERSTAND THAT I AM ENTERING THIS EVENT AT MY OWN RISK.

Signature: ___________________________  Date: ___________________________

(Guardian must sign if applicant is under age 18)

• Pre-registration is strongly recommended. T-shirts guaranteed only to pre-registrants.

Check, payable to Running Psychologists, must be received by August 1st, 2009.  
Circle amounts enclosed:

Mail Registration received by 8/1/09  $25.00  
Division 47 Members or Student $20.00

Division 47 Membership Fee (Add’t) For APA members $24.00  
Division 47 Fee Student members (Add’t) $10.00

Convention Site Registration $30.00

Total Amount enclosed ______

Send to: Janet Cain, Ph. D., Treasurer, Running Psychologists; 935 Trancas St., 1-B, Napa, CA, 95476

Questions? Email: Lucinda Seares-Monica, Psy. D., psydmd@optonline.net, or Janet Cain, Ph. D. at drjcain@earthlink.net.

Note: Participants will be able to make a donation to the American Cancer Society or the United States Holocaust Museum in memory of Art Aaronson.  Please use a separate check for donations.
Division 47 Executive Committee

President
Ed Acevedo, Ph.D.
Health and Human Performance
Oliver Hall
Virginia Commonwealth University
Richmond VA 23284
e-mail: eoacevedo@vcu.edu

Secretary/Treasurer
Vincent Granito, Ph.D.
Lorain Co. Community College
1005 Abbe Road North
Elyria, Ohio 44035
Ph: 440-366-4707
e-mail: vgranito@lorainccc.edu

Council Representative
Karen Cogan, Ph.D.
Counseling & Testing Service
1155 Union Circle #310968
Denton TX 76203
Ph: 940-565-4798
e-mail: Karen.cogan@unt.edu

Division 47 Program Chair
Diane Finley, Ph.D.
Department of Psychology
Prince George’s Community College
301 Largo Road Largo MD 20774
Ph: 301-322-0869
e-mail: dfinley@pgcc.edu

Past-President
Chris Carr, Ph.D., HSPPP
St. Vincent Sports Performance Center
8227 Northwest Blvd., Suite 160
Indianapolis, IN 46278
Ph: 317-415-5747
Fax: 317-415-5723
e-mail: cmcarr@stvincent.org

Members at Large
Chris Janelle, Ph.D.
Department of Applied Physiology and Kinesiology
University of Florida
PO Box 118206
Gainesville, FL 32611
Ph: 352-392-0584 ext. 1270
Fax: 352-392-0316
e-mail: cjanelle@hhp.ufl.edu

Student Representatives
Glenn Pfenninger, M.S.
Ignite Performance Group
2505 Craig Ln
Denton, TX 76209
Ph: 817-454-4329/mobile
Ph: 940-369-7767/office
e-mail: glennpfenninger@gmail.com

President, Running Psychologists
Lucinda Seares-Monica, Psy. D.
90 West Main St.
Freehold, NJ 07728
Ph: 732-431-1869
Fax: 732-308-9847
e-mail: psydmd@optonline.net

President-Elect
Michael L. Sachs, Ph.D.
Dept. of Kinesiology,
048-00 Temple University
Philadelphia, PA 19122
Ph: 215-204-8718
Fax: 215-204-4414
e-mail: msachs@temple.edu

Members at Large
Chris Janelle, Ph.D.
Department of Applied Physiology and Kinesiology
University of Florida
PO Box 118206
Gainesville, FL 32611
Ph: 352-392-0584 ext. 1270
Fax: 352-392-0316
e-mail: cjanelle@hhp.ufl.edu

Student Representatives
Glenn Pfenninger, M.S.
Ignite Performance Group
2505 Craig Ln
Denton, TX 76209
Ph: 817-454-4329/mobile
Ph: 940-369-7767/office
e-mail: glennpfenninger@gmail.com

President, Running Psychologists
Lucinda Seares-Monica, Psy. D.
90 West Main St.
Freehold, NJ 07728
Ph: 732-431-1869
Fax: 732-308-9847
e-mail: psydmd@optonline.net

Newsletter Editor
Randall W. Coeshott
SFVA Medical Center
4150 Clement Street, 127p
San Francisco, CA 94121
Ph: 415-221-4810
Fax: 415-750-6662
e-mail: sportpsychology@msn.com

Deadline for submission of materials for the Fall 2009 issue is Oct. 1, 2009.
Please send all items to: Randall W. Coeshott, Ph.D.
San Francisco Veteran’s Affairs Medical Center, 4150 Clement Street, Mail Stop 127p,
San Francisco, CA 94121. You can also e-mail Dr. Coeshott at sportpsychology@msn.com